



# Health Occupations Major Exploration

Interests + Skills + Values = Career Satisfaction

| <b>TYPE</b>   | <br><b>Technical + Science</b>  | <br><b>Science + People</b>  | <br><b>People + Community</b>  | <br><b>Business</b>  |
|---|--|--|---|---|
| <b>MAJORS</b><br><i>To see a <b>full</b> list of majors offered at UWO, please visit <a href="http://uwosh.edu/advising">uwosh.edu/advising</a></i>         | Biology<br>Chemistry<br>Computer Sciences<br>Engineering Technology<br>Environmental Health<br>Math<br>Medical Technology<br>Physics<br>Radiological Science | Biology<br>Chemistry<br>Kinesiology<br>Nursing<br>Physics<br>Psychology<br>Radiological Science  | Anthropology<br>Art<br>Communication<br>Criminal Justice<br>Philosophy<br>Psychology<br>Religious Studies<br>Social Work<br>Sociology<br>Women & Gender Studies                             | All Business Majors<br>Computer Science<br>Math<br>Public Relations<br>Radio/TV/Film  |
| <b>INTERESTS</b>  | Practicality, Problem-Solving, Analytical, Hands-On Work, Comprehension, Independence  | Helping, Hand-On Work, Socializing, Teamwork, Problem-Solving  | Helping, Teaching, Training, Teamwork, Diversity, Socializing, Enlightenment  | Promoting, Managing, Persuading, Performing, Data, Budgeting, Reporting, Systems  |
| <b>SKILLS</b>   | Math, Science, Building/Fixing, Mechanics, Engineering, Lab Work, Electronics, Technology, Curiosity, Creative   | Science, Technology, Communication, Empathy, Flexible, Lab Work, Decision-Making, Cooperative, Structure   | Communication, Sociable, Empathy, Cooperative, Intuitive, Creative, Flexible  | Enthusiasm, Assertiveness, Adventurous, Sociable, Decision-Making, Leadership, Orderly, Practical, Structure  |
| <b>VALUES</b>   | Achievement, Adventure, Education, Environment, Ethics, Independence, Integrity, Intellectual Stimulation, Respect, Safety, Security                         | Accomplishment, Adventure, Community, Education, Ethics, Financial Comfort, Generosity, Health, Honesty, Integrity, Power, Respect, Safety, Security   | Accomplishment, Community, Education, Ethics, Family, Friends, Freedom, Generosity, Health, Honesty, Integrity, Leisure Time, Respect, Safety   | Accomplishment, Achievement, Education, Fame, Financial Comfort, Freedom, Integrity, Independence, Loyalty, Power, Recognition, Respect   |
| <b>CAREERS</b><br><i>To see a <b>larger</b> list of careers obtained by UWO alumni, please visit <a href="http://uwosh.edu/career">uwosh.edu/career</a></i> | Research<br>Product Development<br>Lab Technician<br>Medical Assistant/Phlebotomist<br>Microbiology Technologist   | Cardiac Rehab<br>Health Coach<br>Pharmacy<br>Physical Therapy<br>Occupational Therapy<br>Athletic Training<br>Medical Doctor<br>Personal Trainer<br>Nurse<br>Exercise Physiologist<br>Colon Hydrotherapy | Case Manager<br>Child Life Specialist<br>Corporate Trainer<br>Counselor<br>Direct Caregiver<br>Mental Health Specialist<br>Behavior Technician<br>High Needs Case Manager<br>Line Therapist | Healthcare Administration<br>Insurance<br>Information Technology<br>Human Resources<br>Software Tester<br>Accountant<br>Business Information Specialist<br>Medical Supply Sales |

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## To Further Explore...

| <b>MAJORS</b>  | <b>INTERESTS. SKILLS. VALUES</b>   | <b>CAREERS</b>  |
|--|--|---|
| <ul style="list-style-type: none"> <li>• <b>Undergraduate Advising Resource Center (UARC):</b> Student Success Center 202: <a href="https://uwosh.edu/advising/">https://uwosh.edu/advising/</a><br/>- OR -<br/><b>Student Support Services (SSS):</b> <a href="https://uwosh.edu/sss/">https://uwosh.edu/sss/</a> Campus Center for Equity and Diversity - Work with your assigned academic advisor to further explore and to determine courses that best fit your interests and goals.</li> <li>• <b>UW Oshkosh Bulletin:</b> <a href="http://www.uwosh.edu/registrar/undergradbulletins">http://www.uwosh.edu/registrar/undergradbulletins</a> - Use the bulletin to see courses required for certain majors, and whether they align with your skills and interests.</li> <li>• <b>Talk to Faculty, Students, and Alumni</b> - Connect with individuals in your majors or industries of interest and interview them. They can give you first-hand knowledge and experience!</li> <li>• <b>Department Web Pages:</b> <a href="https://uwosh.edu/">https://uwosh.edu/</a> Use the “Google” search on the UW Oshkosh homepage to explore your majors of interest. See required courses and other opportunities offered in each program.</li> </ul> | <ul style="list-style-type: none"> <li>• <b>Counseling Center:</b> Student Success Center 240 <a href="https://www.uwosh.edu/couns_center/career-exploration">https://www.uwosh.edu/couns_center/career-exploration</a><br/>Work with a career counselor to actively discuss your skills, values and interests, as well as take assessments to help aid in your research.</li> <li>• <b>Student Organizations:</b> <a href="https://uwosh.edu/reeve/involvement/clubs-orgs/">https://uwosh.edu/reeve/involvement/clubs-orgs/</a><br/>Find and join a student organization to start building experience and your resume. This is also a great way to start networking in different career fields.</li> <li>• <b>Personal Assessments</b> - Take these FREE assessments to better understand the relationships between your interests, skills, and values.             <ul style="list-style-type: none"> <li>▪ Interest Assessment: <a href="https://careerwise.minnstate.edu/careers/clu-sterSurvey">https://careerwise.minnstate.edu/careers/clu-sterSurvey</a></li> <li>▪ Strengths Finder 2.0:<br/>Contact UARC advisor for access</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• <b>Career and Professional Development:</b> Student Success Center 125: <a href="https://uwosh.edu/career/">https://uwosh.edu/career/</a><br/>Meet with a career advisor to see what industries may be a best fit for you.</li> <li>• <b>What Can I Do With A Major In...?:</b> <a href="https://uwosh.edu/career/majors-and-careers/what-can-i-do-with-a-major-in/">https://uwosh.edu/career/majors-and-careers/what-can-i-do-with-a-major-in/</a><br/>Use this website to find careers based on the majors you are currently exploring.</li> <li>• <b>Job Shadow, Informational Interviews, Volunteer</b> - Find professionals or organizations in careers of interest to shadow, interview, or volunteer with. This is a great way to get first-hand knowledge and experience in your areas of interest! Career &amp; Professional Development can help you with getting started!<br/><a href="https://uwosh.edu/career/student-resources/informational-interviews/">https://uwosh.edu/career/student-resources/informational-interviews/</a></li> <li>• <b>Websites</b> - Explore these websites that have detailed information about careers and industries:             <ul style="list-style-type: none"> <li>▪ Occupational Outlook Handbook: <a href="http://www.bls.gov/oco/">http://www.bls.gov/oco/</a></li> <li>▪ O*Net; Occupational Information Network: <a href="http://online.onetcenter.org/">http://online.onetcenter.org/</a></li> <li>▪ Explore Health Careers: <a href="https://explorehealthcareers.org/">https://explorehealthcareers.org/</a></li> <li>▪ Majors &amp; Careers Central: <a href="http://bigfuture.collegeboard.org/explore-careers">http://bigfuture.collegeboard.org/explore-careers</a></li> <li>▪ Career Locker: <a href="http://www.wiscareers.wisc.edu/default.asp">http://www.wiscareers.wisc.edu/default.asp</a> (UWO Code = osh-c427)</li> </ul> </li> </ul> |