

Physical Education Major: pk-12 Teacher Preparation

Physical Education, Adapted Physical Education, Health Education, and Coaching Licenses

REQUIRED CORE COURSES

	Department	Title	Cr	Pre-requisites /Notes	Offered
	PE 275	Functional Anatomy, Physiology and Kinesiology	5	Biology 105 with a C or better (<i>Replacement for Biology 211 & 212</i>)	Spring
	PE 335 ** See Note**	Human Movement and Exercise Physiology in Physical Education	4	Pre-Req: PE 275 (or BIO 211)u <i>Replacement for Kinesiology 280 AND 350</i> **If already taken one Kinesiology course complete the remaining course instead of PE 335	Likely Fall Only
	PE 395	Resist./Weight Training for PE majors	3	PE 275	Both

REQUIRED CONTENT COURSES

	Department	Title	Crs	Pre-requisites /Notes	Offered
	HE 106	Personal Health & Wellness (XS)	3	Online Format	Both/Summer
	HE 211	Nutrition and Weight Control	3	Online Format	Fall/Summer
	HE 240	Human Sexuality	3	Online Format	Fall/Summer
	HE 308	Instructional Strategies in Health	3	Hybrid Format	Spring
	HE 420	Issues in Mental and Emotional Health	3	Health Ed 106 Hybrid Format	Spring
	PE 290	The Child, Teacher, and PE	3		Fall
	PE 192	Outdoor Recreation	2	Two weekends – See Titan Web for dates.	Spring
	PE 193**	Adventure, Challenge, & Cooperative Activities in PE	2	Two weekends – will accommodate Athletes in season **PE 208 in Quest III may be requested to meet this requirement	Fall
	PE 224	PK -12 Swimming and Adapted Aquatics	3		Fall
	PE 266	Dance I	3		Spring
	PE 324	Dance II	3	PE 266	Fall
	PE 373	Adapted PE	3	Preferred after or concurrent w/ PE 375	Fall
	PE 375	Life Span Motor Development	2	Sophomore standing >30 credits. Prior to or concurrent with PE 373	Fall
	PE 393	Instructional Methods Middle School PE	3	Admission to licensure & PE Major Preferred prior to PE 392	Spring
	PE 394	Instructional Methods High School PE	3	Admission to licensure & PE Major Preferred prior to PE 392	Spring
	PE 392	Instructional Methods Elementary PE	3	Admission to licensure. Prior to or concurrent with Sec Ed 370	Fall

PE 421	Evaluation, Assessment and Technology for PE and APE	3	Online Format Last Fall before student teaching	Fall
PE 422	PE & Sport for Individ. w/Developmental Disabilities	3	PE 373	Fall
PE 424	PE & Sport for Individ. w/chronic or Permanent Disabilities	3	PE 373	Spring
PE 441	Organization & Administration of PE	2	Pre-req: PE 392, 393, 394. Taken with PE 460 and PE 472. Last Spring before student teaching	Spring
PE 460	History & Philosophy of Physical Education	1	Online Format Pre-req: PE 392, 393, 394. Taken with PE 441 and PE 472. Last Spring before student teaching	Spring
PE 472	PreK-12 PE curriculum	2	Pre-req: PE 392, 393, 394. Taken with PE 441 and PE 460. Last Spring before student teaching	Spring
PE 482	Practicum in PE for Special Education	3	Department consent required	Both (Interim)
				PE Major Credits: 76

NOTES

- First Aid and professional CPR/AED are required certifications prior to student teaching.
 - A student may choose between taking the course KIN 104 or PE 221, or receive an equivalent certification from a recognized agency.
- For USP requirements and criterion for Gateways and Admissions, please refer to the COEHS Website and Academic Report (STAR).
- **PRAXIS II Tests IF NEEDED - Physical Education AND Health Education (NOT combined)**

Available Certificate for PE Majors

Adventure and Outdoor Pursuits
Dance (see dept. for more info)

*****This is to be used only as an advising tool in conjunction with your Academic Report (STAR). Please check with your advisor to be sure you are eligible to complete this bulletin year requirements. *****