





Health Occupations Major Exploration

Interests + Skills + Values = Career Satisfaction

TYPE	 Technical + Science	 Science + People	 People + Community	 Business
MAJORS <i>To see a full list of majors offered at UWO, please visit uwosh.edu/advising</i>	Biology Chemistry Computer Science Engineering Technology Environmental Health Math Medical Imaging Medical Technology Physics	Biology Chemistry Kinesiology Medical Imaging Nursing Physics Psychology	Anthropology Art Communication Studies Criminal Justice Philosophy Psychology Social Work Sociology Women & Gender Studies	All Business Majors Computer Science Math Public Relations Radio/TV/Film
INTERESTS	Practicality, Problem-Solving, Analytical, Hands-On Work, Comprehension, Independence	Helping, Hand-On Work, Socializing, Teamwork, Problem-Solving	Helping, Teaching, Training, Teamwork, Diversity, Socializing, Enlightenment	Promoting, Managing, Persuading, Performing, Data, Budgeting, Reporting, Systems
SKILLS	Math, Science, Building/Fixing, Mechanics, Engineering, Lab Work, Electronics, Technology, Curiosity, Creative	Science, Technology, Communication, Empathy, Flexible, Lab Work, Decision-Making, Cooperative, Structure	Communication, Sociable, Empathy, Cooperative, Intuitive, Creative, Flexible	Enthusiasm, Assertiveness, Adventurous, Sociable, Decision-Making, Leadership, Orderly, Practical, Structure
VALUES	Achievement, Adventure, Education, Environment, Ethics, Independence, Integrity, Intellectual Stimulation, Respect, Safety, Security	Accomplishment, Adventure, Community, Education, Ethics, Financial Comfort, Generosity, Health, Honesty, Integrity, Power, Respect, Safety, Security	Accomplishment, Community, Education, Ethics, Family, Friends, Freedom, Generosity, Health, Honesty, Integrity, Leisure Time, Respect, Safety	Accomplishment, Achievement, Education, Fame, Financial Comfort, Freedom, Integrity, Independence, Loyalty, Power, Recognition, Respect
CAREERS <i>To see a larger list of careers obtained by UWO alumni, please visit uwosh.edu/career</i>	Research Product Development Lab Technician Medical Assistant/Phlebotomist Microbiology Technologist	Cardiac Rehab Health Coach Pharmacy Physical Therapy Occupational Therapy Athletic Training Medical Doctor Personal Trainer Nurse Exercise Physiologist Colon Hydrotherapy	Case Manager Child Life Specialist Corporate Trainer Counselor Direct Caregiver Mental Health Specialist Behavior Technician High Needs Case Manager Line Therapist	Healthcare Administration Insurance Information Technology Human Resources Software Tester Accountant Business Information Specialist Medical Supply Sales

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To Further Explore...

MAJORS	INTERESTS. SKILLS. VALUES	CAREERS
<ul style="list-style-type: none"> • Undergraduate Advising Resource Center (UARC): Student Success Center 202: https://uwosh.edu/advising/ - OR - Student Support Services (SSS): https://uwosh.edu/sss/ Campus Center for Equity and Diversity - Work with your assigned academic advisor to further explore and to determine courses that best fit your interests and goals. • UW Oshkosh Bulletin: http://www.uwosh.edu/registrar/undergradbulletins - Use the bulletin to see courses required for certain majors, and whether they align with your skills and interests. • Talk to Faculty, Students, and Alumni - Connect with individuals in your majors or industries of interest and interview them. They can give you first-hand knowledge and experience! • Department Web Pages: https://uwosh.edu/ Use the “Google” search on the UW Oshkosh homepage to explore your majors of interest. See required courses and other opportunities offered in each program. 	<ul style="list-style-type: none"> • Counseling Center: Student Success Center 240 https://www.uwosh.edu/couns_center/career-exploration Work with a career counselor to actively discuss your skills, values and interests, as well as take assessments to help aid in your research. • Student Organizations: https://uwosh.edu/reeve/involvement/clubs-orgs/ Find and join a student organization to start building experience and your resume. This is also a great way to start networking in different career fields. • Personal Assessments - Take these FREE assessments to better understand the relationships between your interests, skills, and values. <ul style="list-style-type: none"> ▪ Interest Assessment: https://careerwise.minnstate.edu/careers/clu-sterSurvey ▪ Strengths Finder 2.0: Contact UARC advisor for access 	<ul style="list-style-type: none"> • Career and Professional Development: Student Success Center 125: https://uwosh.edu/career/ Meet with a career advisor to see what industries may be a best fit for you. • What Can I Do With A Major In...?: https://uwosh.edu/career/majors-and-careers/what-can-i-do-with-a-major-in/ Use this website to find careers based on the majors you are currently exploring. • Job Shadow, Informational Interviews, Volunteer - Find professionals or organizations in careers of interest to shadow, interview, or volunteer with. This is a great way to get first-hand knowledge and experience in your areas of interest! Career & Professional Development can help you with getting started! https://uwosh.edu/career/student-resources/informational-interviews/ • Websites - Explore these websites that have detailed information about careers and industries: <ul style="list-style-type: none"> ▪ Occupational Outlook Handbook: http://www.bls.gov/oco/ ▪ O*Net; Occupational Information Network: http://online.onetcenter.org/ ▪ Explore Health Careers: https://explorehealthcareers.org/ ▪ Majors & Careers Central: http://bigfuture.collegeboard.org/explore-careers ▪ Career Locker: http://www.wiscareers.wisc.edu/default.asp (UWO Code = osh-c427)