

# Academic Resources

- **Center for Academic Resource (CAR)**  
<https://uwosh.edu/car/>
  - Tutoring & note-taking
  - Supplemental instruction
  - Math 103 and above
- **Writing Center**  
<https://uwosh.edu/writingcenter/>
  - Brainstorm ideas
  - Cite your sources correctly
  - Improve your writing process
  - Prepare presentations
- **Reading and Study Skills Center**  
<https://uwosh.edu/readingstudycenter/>
  - Academic skills courses
  - Academic coaching
  - Time management
  - Test taking skills
- **Developmental Math**  
<https://uwosh.edu/mathematics/developmental/>
  - Tutoring for Math 100, 101, & 103
- **Library**  
<https://www.uwosh.edu/library>
  - Reserve a study room
  - Request research assistance

# Program Resources

- **Student Support Services (SSS)**  
<https://uwosh.edu/sss/>
  - Advising & college success skill development for first-gen and/or low-income students.
- **Project Success**  
<https://uwosh.edu/projectsuccess/>
  - Assistance for students with dyslexia and other language-based disabilities
- **Student Achievement Services**  
<https://uwosh.edu/student-achievement-services/>
  - Supports multicultural student success
- **Men of Color/Latino/a/Hispanic Initiatives (MCLHI)**  
<https://uwosh.edu/mclhi/>
  - Provides a support network for both Men of Color and Latino/a/x
- **McNair Scholars Program**  
<https://uwosh.edu/mcnairscholars/>
  - Paid internship and graduate school prep for first-gen, low-income, and/or undergraduates from underrepresented groups

# Financial Resources

- **Scholarships - Academic Works**  
<https://uwosh.academicworks.com/>
  - Review carefully for eligibility and deadlines
- **Free Application for Federal Student Aid (FAFSA)**  
<https://studentaid.gov/h/apply-for-aid/fafsa>
  - To be eligible for maximum funding, always complete ASAP
- **Financial Aid Office**  
<https://uwosh.edu/financialaid/>
  - Resources & financial literacy
  - Types of aid
    - Grants
    - Scholarships
    - Loans
    - Work-study
  - FAFSA help & school code
  - Financial aid process

**Being a first-generation student means that your parents did not complete a 4-year college or university degree.**

## Additional Resources

- **Career and Professional Development**

<https://uwosh.edu/career/>

- Handshake = jobs & internships
- Career & resume assistance
- Career Closet = Free professional attire

- **Computer Labs**

<https://uwosh.edu/it/computer-labs/>

- **Student Technology Help Centers**

<https://uwosh.edu/it/2018/09/technology-centers/>

- **Women's Center**

<https://uwosh.edu/womenscenter/>

- Programming & place to connect
- Free menstrual & safe sex supplies

- **LGBTQ+ Resource Center**

<https://uwosh.edu/lgbtqcenter/>

- Programming & place to connect
- SAFE & TSAFE trainings
- Gender Outfitters

- **Student Association**

<https://uwosh.edu/osa/>

- The Cabinet: Food pantry for students
- Student legal services
- Titan discount program
- UW O GO = Safe ride for students

- **Student Rec & Wellness**

<https://uwosh.edu/recreation/>

- State-of-the-art-gym
- Wellness education & consultation
- Low-cost equipment rental
- Intramural & club sports

- **Dean of Students Office**

<https://uwosh.edu/deanofstudents/>

- Student assistance
  - Accessibility Center
  - Accommodations requests
  - Late withdrawal/late drop
  - Out-of-Class Letter
  - Forms & documents
- Reporting tools
  - Bias incident and/or crime
  - Sexual misconduct
  - Student Care Team - Report concern for student in crisis or displaying unusual behavior

- **Counseling Center**

<https://uwosh.edu/counseling/>

- Individual therapy
- Group therapy
- "Drop In and Breathe"
- Emergency services

- **Student Health Center**

<https://uwosh.edu/studenthealth/>

- Any health-related concerns

- **Office of International Education**

<https://www.uwosh.edu/oie/>

- English language tutoring for non-native speakers of English
- Study & intern abroad

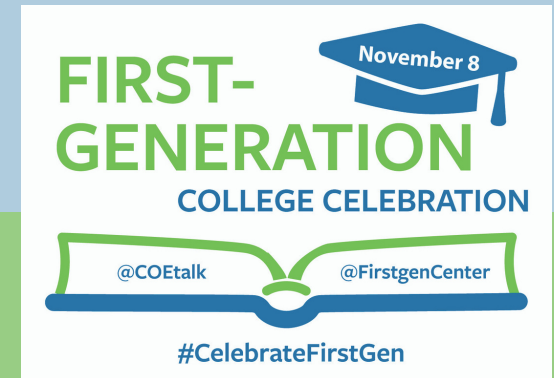
- **Reeve Union Events**

<https://uwosh.edu/reeve/event-calendar/>

**Additional resources can be found on the  
UWO Resource Page**

<https://uwosh.edu/resources/>

# Campus Resources



**Being a first-generation college student has many challenges. Knowing where to get help shouldn't be one of them!**

**For more information, visit  
Center For First-Generation Student  
Success**

<https://firstgen.naspa.org/why-first-gen/students>