Chris Sample

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EDUCATION

University of Wisconsin Oshkosh: Oshkosh, WI

Bachelor of Science in Nursing: Graduation: May 2023

Cumulative GPA: 3.5/4.0 Major GPA: 3.6/4.0

CERTIFICATIONS

*Red Cross Certified Nursing Assistant, June 2024

*Red Cross BLS for Healthcare Providers (CPR and AED) certified, April 2024 (Current)

*Red Cross First Aid certified, April 2024 (Current)

NURSING EXPERIENCE

ThedaClark Regional Medical Center, Neenah, WI

Student Nurse, January 2022 - Present

- *Facilitate chronic pain management group in collaboration with supervising nurse
- *Distribute up to 10 different types of medications at subscribed times; offer patient education on administered medications

RELATED HEALTHCARE EXPERIENCE

Supportive Home Health Care, Oshkosh, WI

Certified Nurses Aid, September 2021 – Present

- *Provide assistance with activities of daily living to help promote resident independence
- *Demonstrate positive interpersonal communication with residents, families and registered nurses
- *Monitor residents' nutrition and fluid balances by offering liquids, setting up and removing food trays

University Hospital, Milwaukee, WI

Student Intern, May 2021 – September 2022

- *Provided direct patient care and maintained nursing logs
- *Monitored lab data, blood work and urinalysis reports
- *Provided preventative care information to patients and families

St. Joseph's Rehabilitation Center, Marshfield, WI

Intern, December 2020 – February 2021

- *Provided patients guidance on how to prevent UTI infections and decubitus ulcers
- *Administered medication and documented reactions
- *Provided patient education regarding bodily function, skin and ADLs

Evergreen Retirement Community, Oshkosh, WI

Certified Nurse Assistant, June 2019 – December 2020

- *Assisted residents with activities of daily living: provided baths, showers and nutrition
- *Ambulated residents and conducted rehabilitation preventative measures
- *Coordinated with registered nurses as needed

PROFESSIONAL DEVELOPMENT

- *National Rehabilitation Therapist Conference, Oshkosh, WI: August 2019
- *Treating Mental Health Disorders Workshop, Milwaukee, WI: July 2019

HONORS

- *Awarded Theda Clark Memorial Scholarship: Spring 2020
- *Sigma Theta Tau, Nursing Honor Society: August 2020 Present
- *Dean's List: Spring 2019, Spring 2020, Spring 2021
- *University Honor Roll: Fall 2019, Fall 2020

ACTIVITIES

- *President, Oshkosh Student Nurses Association (OSA): Spring 2021 Spring 2022
- *Volunteer, Take Back the Night: October 2020
- *Member, OSA, September: 2019 Present
- *Youth Group Leader, Grace United Church: June 2019 Present
- *Mentor, Big Brothers Big Sisters: August 2019 May 2020

WORK EXPERIENCE

Pick 'n Save, Oshkosh, WI

Cashier, June 2017 – August 2019

- *Used communication and organization skills to provide exceptional customer service resulting in recognition as employee of the month three times
- *Utilized computerized cash registers to complete cash and credit card transactions
- *Managed customer service desk schedule for 8 employees