

Chris Sample

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EDUCATION

University of Wisconsin Oshkosh: Oshkosh, WI
Bachelor of Science in Nursing: Graduation: May 2024
Cumulative GPA: 3.5/4.0 Major GPA: 3.6/4.0

CERTIFICATIONS

- *Red Cross Certified Nursing Assistant, June 2024
- *Red Cross BLS for Healthcare Providers (CPR and AED) certified, April 2025 (Current)
- *Red Cross First Aid certified, April 2025 (Current)

NURSING EXPERIENCE

ThedaClark Regional Medical Center, Neenah, WI
Student Nurse, January 2023 - Present

- *Facilitate chronic pain management group in collaboration with supervising nurse
- *Distribute up to 10 different types of medications at subscribed times; offer patient education on administered medications
- *Help patients ambulate; perform vitals observation and documentation

RELATED HEALTHCARE EXPERIENCE

Supportive Home Health Care, Oshkosh, WI
Certified Nurses Aid, September 2021 – Present

- *Provide assistance with activities of daily living to help promote resident independence
- *Demonstrate positive interpersonal communication with residents, families and registered nurses
- *Monitor residents' nutrition and fluid balances by offering liquids, setting up and removing food trays

University Hospital, Milwaukee, WI
Student Intern, May 2021 – September 2022

- *Provided direct patient care and maintained nursing logs
- *Monitored lab data, blood work and urinalysis reports
- *Provided preventative care information to patients and families

St. Joseph's Rehabilitation Center, Marshfield, WI
Intern, December 2020 – February 2021

- *Provided patients guidance on how to prevent UTI infections and decubitus ulcers
- *Administered medication and documented reactions
- *Provided patient education regarding bodily function, skin and ADLs

Evergreen Retirement Community, Oshkosh, WI
Certified Nurse Assistant, June 2019 – December 2020

- *Assisted residents with activities of daily living: provided baths, showers and nutrition
- *Ambulated residents and conducted rehabilitation preventative measures
- *Coordinated with registered nurses as needed

PROFESSIONAL DEVELOPMENT

- *National Rehabilitation Therapist Conference, Oshkosh, WI: August 2022
- *Treating Mental Health Disorders Workshop, Milwaukee, WI: July 2021

HONORS

- *Awarded Theda Clark Memorial Scholarship: Spring 2020
- *Sigma Theta Tau, Nursing Honor Society: August 2020 – Present
- *Dean's List: Spring 2020, Spring 2021, Spring 2022
- *University Honor Roll: Fall 2020, Fall 2021

ACTIVITIES

- **President*, Oshkosh Student Nurses Association (OSA): Spring 2021 – Spring 2022
- **Volunteer*, Take Back the Night: October 2020
- **Member*, OSA, September: 2020 – Present
- **Youth Group Leader*, Grace United Church: June 2019 – Present
- **Mentor*, Big Brothers Big Sisters: August 2019 – May 2020

WORK EXPERIENCE

Pick 'n Save, Oshkosh, WI

Cashier, June 2017 – August 2019

- *Used communication and organization skills to provide exceptional customer service resulting in recognition as employee of the month three times
- *Utilized computerized cash registers to complete cash and credit card transactions
- *Managed customer service desk schedule for 8 employees