

## Children's Learning and Care Center Sample Menu

Breakfast	Kellogg's Raisin Bran Kemps Milk	Bagel with lo-fat Philadelphia cream cheese Banana Kemps Milk	Hard Boiled Egg Orange Wedge Kemps Milk	Kellogg's Granola with Kemps Yogurt Apple Sliced Kemps Milk	Kellogg's Nutri-Grain Bar Cantaloupe Kemps Milk	
Snack	Apple Sauce Kemps Milk	Azar Peanut Butter and W/W crackers Grape Juice	Raisins Kemps Milk	Soft Pretzel Cheese Dip Orange Juice	Peaches Kemps Milk	
Lunch	Marinara Sauce Whole Wheat Pasta Corn Applesauce Kemps Milk	Turkey & Cheddar Cheese on Wheat Bread Sliced Cucumbers Dole Pineapple Kemps Milk	Italian Meatball Sub Celery Sticks Fruit Salad Kemps Milk	Corn Dogs Broccoli W/W Pasta Salad Kemps Milk	Macaroni & Cheese Tossed Salad Carrot coins Kemps Milk	
Snack	Kemps Blueberry Yogurt Kellogg's Granola Suncup Orange Juice	Kemps Cottage Cheese Diced Peaches Great Value Fruit Punch	Bread Sticks Hummus Tropicana Pineapple Juice	Cucumbers with Dip Kemps Milk	Great Lake's Cheese Cubes Apple Juice	