

**University of Wisconsin Oshkosh
Human Kinetics and Health Education
PreK-12 Teacher Preparation Emphasis**

Physical Education Major with licensure in School Health, Adapted Physical Education, & Coaching

Required CORE COURSES (Bio 105 is a prereq to Phy Ed 275)

PHY ED	79	275	Functional Anatomy, Physiology & Kin for PE Majors	5 credits – Spring (hybrid)
PHY ED	79	395	Resistance Training for Physical Education Majors	3 credits – Fall/Spring
KIN	77	280	Biomechanics	3 credits – Fall/Spring/Summer
KIN	77	350	Physiology of Exercise	3 credits – Fall/Spring/Summer

REQUIRED COURSES:

PHY ED	79	290	The Child, Teacher, and Physical Education	3 credits - Fall
PHY ED	79	192	Outdoor Recreation and Leisure Activities	2 credits - Spring
PHY ED	79	193	Adventure, Challenge, and Cooperative Activities in PE	2 credits - Fall
PHY ED	79	224	PreK-12 Methods for Swimming /Adapted Aquatics	3 credits - Fall
PHY ED	79	266	Dance	3 credits - Spring
PHY ED	79	324	Dance II	3 credits - Fall
PHY ED	79	373	Adapted Physical Education	3 credits - Fall
PHY ED	79	375	Lifespan Motor Development	2 credits – Fall (hybrid)
PHY ED	79	392	Instructional Methods for Elementary School PE	3 credits - Fall
PHY ED	79	393	Instructional Methods for Middle School Phys Ed	3 credits - Spring
PHY ED	79	394	Instructional Methods for High School Phys Ed	3 credits - Spring
PHY ED	79	421	Evaluation, Assessment and Technology in PE/APE	3 credits – Fall (online)
PHY ED	79	441	Organization and Administration of Phys Ed	2 credits - Spring
PHY ED	79	460	History and Philosophy of Physical Education	1 credits – Spring (online)
PHY ED	79	472	PreK-12 Physical Education Curriculum	2 credits – Spring (hybrid)
PHY ED	79	422	Phy Ed/Sport for Ind w/Dev Dis	3 credits – Fall (hybrid)
PHY ED	79	424	Phy Ed/Sport for Ind w/Chronic & Perm Dis	3 credits – Spring (hybrid)
PHY ED	79	482	Practicum in Adapted Phy Ed & Spec Ed	3 credits – Fall/Spring
HEALTH	55	106	Personal Health and Wellness (USP course)	3 credits – Fall/Spr/Sum (online)
HEALTH	55	211	Nutrition and Weight Control	3 credits – Fall/Summer (online)
HEALTH	55	240	Human Sexuality	3 credits – Fall/Summer (online)
HEALTH	55	308	Instructional Strategies in Health	3 credits – Spring (hybrid)
HEALTH	55	420	Issues in Mental & Emotional Health	3 credits – Spring (hybrid)

NOTES

- First Aid and Professional CPR/AED are required certifications prior to student teaching.
- For University Studies Program (former General Education) requirements and criterion for Admission to Licensure Program and Admission to student teaching please refer to the Professional Education Program (PEP) handout.
- Phy Ed 208 – 3 credits (USP Quest III course) may be taken in place of Phy Ed 193 – 2 credits. Any individual taking Phy Ed 208 would “save” 2 credits within the major program.