Name:	Program Admission Date:
	Summer 2023

## Clinical Mental Health Counseling Track A 60 credits

Course	Course Name	Credits	Semester
#			
700	Professional Identity & Ethics	3	
701	Theoretical Foundations of Counseling	3	
702	Counseling Process	3	
704	Assessment Techniques in Counseling	3	
708	Career Development	3	
711	Life Span Development in Counseling	3	
725	Trauma & Crisis in Counseling	3	
726	Wellness, Spirituality & Mindfulness	3	
727	Neuroscience	3	
729	Foundations of Clinical Mental Health Counseling	3	
730	Contextual Diagnosis	3	
731	Group Counseling Process	3	
732	Applied Research & Evaluation	3	
735	Counseling Children and Adolescents	3	
776	Addictions in Counseling	3	
784	Relational Systems in Counseling	3	
788	Social and Cultural Foundations	3	
794	Counseling Practicum	3	
797	Counseling Internship I	3	
798	Counseling Internship II	3	
799	Registration for Comprehensive Exam	0	
		60	
	*ELECTIVES:		
709	Student Affairs and College Counseling		
724	Study Abroad		
745	Student Development and the College Environment		

<sup>\*</sup>Out-of-Department Electives can be taken if approved by the Department of Professional Counseling. Students must consult with their advisor in selecting recommended electives from the list in the Graduate Bulletin.

## **ADDITIONAL REQUIREMENTS:**

\_Meet with Advisor to review Academic Advising Report (AAR) prior to Practicum – (Completed credits must include: 700, 702, 704, 708, and 731. 711 is recommended) \_Criminal Background Check (CBC) at Admissions and after any changes occur Comprehensive Exam

Please Note: This Program Plan of Study is subject to change relative to department, accreditation, COEHS, and Office of Graduate Studies decisions and/or curriculum changes.

Clinical Mental Health Counseling Track A					
60 credits  Summer I (2023) – 3 credits Fall I (2023) – 9 cred		Spring I (2024) – 9 credits			
700 Professional Identity & Ethics	702 Counseling Process	708 Career Development			
	711 Life Span Development in Counseling	731 Group Counseling Process			
	788 Social & Cultural Foundations	732 Applied Research & Evaluation			
Summer II (2024) – 3 credits	Fall II (2024) – 9 credits	Spring II (2025) – 9 credits			
704 Assessment Techniques	729 Foundations of Clinical Mental Health Counseling	730 Contextual Diagnosis			
	701 Theoretical Foundations of Counseling	726 Wellness, Spirituality & Mindfulness			
	784 Relational Systems in Counseling	794 Counseling Practicum			
Summer III (2025) - 3 credits	Fall III (2025) - 9 credits	Spring III (2026) – 6 credits			
776 Addictions in Counseling	735 Counseling Children and	798 Counseling Internship II			
	Adolescents				
	797 Counseling Internship I	727 Neuroscience			
	725 Trauma & Crisis in Counseling				
	799 Register for Comprehensive				
	Exam				

I have reviewed this course schedule matrix for my emphasis, and will plan my enrollment each semester to align with this Program Plan. I will work with my advisor to solidify my plan, and address questions that I may have. I also understand that if I deviate from this plan at any given time, it may delay completion of my degree requirements and further extend my graduation date.

Signature of St	udent	Date