

Mail - UWO Student - Outlook

We can all prevent suicide.

From: Clash

To: UWO Student <student@uwosh.edu>

Hi Friend,

If someone tells you they are thinking about suicide would you know what to do?

I wanted to share the UW Oshkosh Counseling Center's [Beneath the Surface campaign webpage](#). It has resources and information about raising awareness about suicide, recognizing warning signs and how to connect people with the help they need.

If someone you know is struggling emotionally or having a hard time, you can be the difference in getting them the help they need.

Visit uwo.sh/help today, to learn ways you can be there for a friend or a family member when it matters most.

Your Friend,

Clash