



## University Children's Center

### Daily Schedule

#### Preschool Daily Schedule

- 7:00 - 8:45 Free Play / Children's Choice
- 8:45 - 9:00 Music & Movement
- 9:00 - 9:30 Breakfast
- 9:30 - 10:00 Small Groups / Theme
- 10:00 - 12:00 Outdoor Play / Gym / Free Play
- 12:00 - 12:30 Lunch
- 12:30 - 3:00 Nap time / Quiet Activities / Outdoor Play
- 3:00 - 3:30 Snack
- 3:30 - 3:45 Small Group Time / Story Time
- 3:45 - 5:30 Free Play / Children's Choice

#### Toddler Room Schedule

- 7:00 - 8:50 Free Play
- 8:50 - 9:00 Social Circle / Story Time
- 9:00 - 9:30 Breakfast
- 9:30 - 9:50 Diapers / Wash Hands
- 9:50 - 10:45 Outdoors / Indoors / Art / Sensory
- 10:45 - 11:00 Clean-up / Group Time
- 11:00 - 11:30 Lunch
- 11:30 - 11:50 Diapers / Wash Hands
- 11:50 - 2:00 Naptime / Quiet Time
- 2:00 - 2:45 Free Play / Outdoors
- 2:45 - 3:00 Clean-up / Group Time
- 3:00 - 3:30 Snack
- 3:30 - 4:00 Diapers / Wash Hands / Free Play
- 4:00 - 5:30 Free Play Indoor / Outdoor

#### Infant / Toddler Schedule

The infant and toddler's daily schedule will be individualized to each child. The daily schedule will allow the infants and toddlers to follow their own sleeping and eating patterns.