**February 9  How to Navigate Canvas**
Canvas is the Learning Management System used with all classes at UWO. Learn how to navigate this ‘home base’ for your classes and find important course materials and information. Use Canvas to contact your instructor.

**February 16  College Writing, in a Nutshell**
College writing can seem overwhelming or unclear if you have been out of school for a while or just feel unprepared for the level of rigor professors will expect. This workshop will provide an overview of what college writing should look like and how it can be approached.

**March 9  Classroom Discussion: How to Speak Up**
Did you know many people claim they would rather face death than speak in public? If class participation is a requirement in your classes and this is causing you anxiety, this workshop is for you. We discuss ways to overcome this fear and let your ideas be heard in your classes.

**March 16  Email Communication and Etiquette, OMG!**
Technology offers many avenues for communication, but there are grey areas as to what defines appropriate communication. This workshop will help you analyze your audience so that you can make decisions and use the suitable level of formality for your technology-based communication.

**March 30  Managing your Reading Load**
Reading is a large and essential part of a college education, and many times it can seem overwhelming. This hands-on workshop will provide strategies to help you understand and retain college-level reading in an efficient way.

**April 6  Building a Strong, Well-formed Paper**
Academic writing fits together like a puzzle: you have to think about how the body paragraphs support the thesis and how the evidence supports the main points. As a writer, all of these decisions and judgements are yours. However, this workshop will help you understand how to fit the pieces together.

**April 13  Mechanics and Grammar Tune-up**
This workshop will help you boost your sentence-level writing by providing tools you can use to fix common mechanical malfunctions, such as sentence fragments, run-ons, and comma splices.

**April 20  Your Words or Theirs: Practice with Paraphrasing**
Academic writing is a conversation between you and your sources. It is important to thoroughly integrate those sources into a paper while at the same time to avoid plagiarism. This hands-on workshop will provide methods for putting your source material into your own words.

**April 27  Documentation Superpowers: How to Cite Sources using MLA and APA Styles**
The documentation of sources is an essential part of academic writing. It is important to be viewed as a credible writer so that readers will take your ideas seriously. This workshop will help you build your documentation skills, including APA and MLA styles and the 2016 revisions to the MLA style.
May 4  Overcome Procrastination, Create Your Timeline

Many students acknowledge that one of the largest hurdles to overcome in college is procrastination. This workshop will help you create an intentional timeline so you can avoid this hurdle. Bring a recent assignment.