

HR Connections

Meeting Agenda

October 10, 2018

1:30pm – 3:00pm

NEW this month - These sessions will be offered virtually for anyone not able to attend in person. Please Log In [here](#) up to 15 minutes prior from any computer or smart device.

Dear Campus Community:

The Office of Human Resources would like to remind faculty and staff of the upcoming HR Connections meetings.

Date: October 10th, 2018

Time: 1:30-3 pm

Location: NE 152

Agenda Items:

- Open Enrollment Presentation - Katelyn

Date: November 7th, 2018

Time: 1:00 pm - 2:30 pm

Location: NE 152

Agenda Items:

- Holiday Stress - Presented by our EAP FEI This seminar will give you an overview of the triggers of stress particularly during the holiday season and help you avoid unnecessary stress by being realistic with yourself about what you can handle and adjusting your expectations.

HR Connections meetings are open to all UWO employees. Faculty and staff are encouraged to attend to hear in-depth updates on current Human Resources projects and topics (such as the Title and Total Compensation project-TTC). These meetings provide the Office of Human Resources a venue for keeping the campus community updated and to obtain feedback on HR issues.