Join a community of lifelong learners!

Division of Online and Continuing Education

Program Catalog

Fall 2019

(920) 424-0876 • uwosh.edu/lir
# Learning in Retirement
## 2019 - 2020 Steering Committee

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<th>Committee Chairs</th>
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We need your help!

Curriculum

VACANT

LIR is affiliated with UW Oshkosh Division of Online and Continuing Education – Page | 1
Greetings Fellow LIR Members:

We are excited to present our Learning in Retirement Fall 2019 Catalog. We are confident you will find many interesting and informative programs to pique your interest. Check out one of our educational tours for a rewarding experience.

LIR hits the airwaves on July 18 on Milwaukee PBS channel 10.1 with host John McGivern. LIR and Lawrence University representatives discussed “You’re Never Too Old To Learn” on Next Avenue’s “Community Conversation.” LIR participants included Mary Bayorgeon, Don Ellingson and myself.

LIR’s success is dependent upon its members. Get involved. We are always looking for ideas for programs, tours and presenters. I encourage you to join a committee, become an officer, and /or bring a friend to a program and encourage them to join. We will all benefit from increased participation.

Here’s to continuous Learning in Retirement.

See you at the next session!

Sincerely,

Bill Bracken
LIR President

LIR's connection to the UW Oshkosh campus is through the Division of Online and Continuing Education office. You may contact us at 920-424-0876 or through e-mail at lir@uwosh.edu. To meet with staff please make an appointment in advance.

Learning in Retirement
Division of Online and Continuing Education
University of Wisconsin Oshkosh
800 Algoma Boulevard
Oshkosh, WI  54901

This publication was produced by UW Oshkosh. Please do not duplicate.
About Learning in Retirement & Membership

Providing lifelong learning opportunities for active, older adults

The University of Wisconsin Oshkosh Learning in Retirement (LIR) is a self-directed, membership-based association, offering learning opportunities to its members.

Members choose topics or subjects, take the lead in organizing classes, discussion groups or tours and participate in peer teaching and learning. There are classes and instructors, but no tests or grades.

LIR is affiliated with UW Oshkosh’s Division of Online and Continuing Education who hosts the organization and facilitates various learning activities.

Membership

The annual membership fee for LIR is $100. Membership year is July 1 thru June 30; renewals are due on July 1 each year. New members may join at any time. New Memberships received after January 1 will be $50 for the spring semester.

Your LIR Membership fee of $100 includes:

- Attendance at unlimited programs for one academic year, including:
  - Learning sessions led by experts in their fields;
  - Member-led interest/study groups;
  - Member taught learning sessions;
  - Tours of local business and industry; and
  - The ability to take part in on and off-campus performances (theater and music) and coach bus trips to enjoy museums, gardens, and local cuisine. (These often have an extra charge for tickets, admittance fees, food, and transportation).

- Ability to purchase a UWO Titan Card for $5, which entitles you to:
  - Access to Polk Library
  - UWO’s Healthy Titans Program
  - You can put money on your Titan Card to use at campus dining locations, the University Book Store and More, campus vending and copy machines.
  - Ability to purchase a yearly UWO parking pass for $60 (over $240 savings).
Payment Procedures
You may send in your payment for programs/tours any time up to the due date listed on the payment slip. It is suggested you send in your payment earlier than the due date for the fee-based programs and tours you are most interested in to reserve your spot early. You are responsible for making timely payments to reserve your spot. Receipt of your payment is what reserves a spot for you in a fee-based program or tour.

Please note: Credit / Debit card payments can only be accepted electronically. You can only use this payment method when submitting your registration on-line. The LIR office is not able to process credit / debit card payments over the phone.

Program Change Notifications
If there is a last-minute program schedule change or cancellation due to circumstances other than weather, an email will be sent to all members. If you signed up for the program and do not have an email, the program coordinator will call you. All other changes/cancellations will be announced in the e-newsletter.

Winter Weather Cancellations
Check Green Bay TV Stations: If public schools are closed in the city where the program is being held, the program is cancelled. You will not receive any other notification.

Stay Connected with LIR
Follow LIR on Facebook [www.facebook.com/lir.uwo](http://www.facebook.com/lir.uwo) to see pictures of LIR programs and events!

Join our e-mail list. LIR sends a monthly e-newsletter to LIR members. The newsletter serves as a reminder for upcoming programs and gives information about program changes. Please send an e-mail to [lir@uwosh.edu](mailto:lir@uwosh.edu) to ensure we have your e-mail address.
## How to Register for Programs and Tours

**ON–LINE:** Register on-line day or night by going to: [www.uwosh.edu/lir](http://www.uwosh.edu/lir). Under “Curriculum Offerings” click on the “Register” button. You will be redirected to the online registration site.

**MAIL IN FORM:** Complete the registration form and mail it to the Learning in Retirement office Division of Online Degree and Continuing Education.
University of Wisconsin Oshkosh
800 Algoma Blvd.
Oshkosh, WI 54901-8623

**BRING TO THE OFFICE:** Drop off your completed registration form at the LIR Office located at UW Oshkosh’s Lincoln Hall, on the corner of Algoma Blvd and Wisconsin Ave. The entrance into the lot is off of Algoma Blvd. Enter the building thru Door #3 on the east end of the parking lot.

For more information about registration, please contact the LIR office at 920/424-0876

### Course Locations

**UW Oshkosh Campus Location**
Lincoln Hall, 608 Algoma Blvd, Oshkosh WI 54901 (Corner of Wisconsin St and Algoma Blvd)
Use entrance door #3 at the east end of the parking lot. Note: UWO parking permits are required to park in campus lots, the office will issue permits to registered participants for program scheduled at this location.

**Off Campus Locations**

**Evergreen**, 1130 N. Westfield, Oshkosh, WI 54902

**Bella Vista**, 631 Hazel St, Oshkosh, WI 54901
*The parking lot is located behind the building with direct access to the lobby.*

**Park View Health Center**, 725 Butler Ave, Oshkosh, WI 54902

**Miravida Living**, 225 N. Eagle Street, Oshkosh, WI 54902

**Coughlin Center**, 625 E County Rd Y, Winnebago, WI 54903

**Fox Valley Technical College (FVTC) Oshkosh**, 150 N. Campbell Road, Oshkosh, WI 54902

**Oshkosh Public Library**, 106 Washington Ave., Oshkosh, WI 54901

**Oshkosh Public Museum**, 1331 Algoma Blvd., Oshkosh, WI 54901
*Overflow parking is available in the church lot on the corner of High and Congress.*

### Coach Bus Pick-up Location for Tours
Parking lot of Rogan’s Shoes, 2145 S. Koeller St., Oshkosh.
The bus arrival and departure times are listed in the tour description. Please plan to arrive 15 minutes prior to tour departure time to allow for check in and boarding.
1. Poetry and Prose
These sessions are old fashion “round robins” where members take turns reading, reciting and talking about prose and poetry writings that have been meaningful to them over the years. The more serious is balanced with the light and humorous; the likes of “Watch Yourself Go By” balanced with “Dried Apple Pies”. Come and join in the fun and share your favorites with the group.
   Dates: Tuesdays September 3, October 1, November 5, December 3, January 7
   Time: 1:30 – 3
   Location: Lincoln Hall, UW Oshkosh Campus
   Coordinator: Anne Hintz

2. Reader’s Choice
Love books and reading? In the Reader’s Choice book group, we select what we will read for the next semester and take turns leading the discussion—new members are encouraged to join at any time.
Members select a variety of books for each semester. The book for September 4 is The Husband’s Secret by Liana Moriarty. We will get a bag of 10 copies by August 7. Pick-up from Lois at Evergreen Library.
   September 4: The Husband’s Secret by Liana Moriarty
   October 2: A Piece of the World by Christina Baker Kline
   November 6: The Widows of Malabar Hill by Sujata Massey
   December 4: Becoming by Michelle Obama
   Dates: Wednesdays—see above
   Time: 2 – 3:30
   Location: Evergreen

3. Garden Study Group
Group participants decide their own programing and activities. Experts are brought in for presentations on a variety of gardening and landscape topics. Field trips to area nurseries and gardens are a favorite activity.
   Dates: Fridays – September 6, October 4, November 1, December 6
   Time: 10 – 11:30
   Location: Coughlin Center - Sept. 6 and Nov.1, TBA - Oct. 4 and Dec. 6
   Coordinator: Ginny Evans

4. Life Story Writing Group
The LIR Life Story Writing Group meets on the 4th Tuesday of every month to share our autobiographical writing and to offer feedback to one another. Each month we have a writing prompt or theme for the next month’s piece, but members are free to write on any topic. The focus of the group is to provide resources, feedback, and support for members’ life story writing.
   Dates: September 24, October 22, November 26, December 17, January 28
   Time: 10-11:30
   Location: Evergreen
   Coordinators: Helen Adams and Marsha Rossiter
5. Prisoners and PTSD Dogs
Journey Together Service Dogs is a non-profit organization working to provide service dogs to Wisconsin residents with PTSD. Prisoners at the Oshkosh Correctional Institute volunteer to train the dogs to assist veterans and victims of crime. Come meet the service dogs and hear their story.

**Presenter:** Lacy Banko, Dog Socializer  
**Date:** Friday, September 6  
**Time:** 1:30-3  
**Location:** Evergreen  
**Coordinator:** Mary Petzold

6. Tour of Oshkosh Fire Station (and Fireboat)
Last semester we heard a terrific presentation from Mike Stanley, the new Oshkosh Fire Chief. He offered the opportunity to learn more about the fire department by touring the 101 Church Street fire station and the fireboat, which is located there. You can park in the Oshkosh Convention Center lot; wear good walking shoes.

**Date:** Tuesday, September 10  
**Time:** 1:30-3  
**Location:** Oshkosh Fire Station, 101 Court Street, Oshkosh  
**Coordinator:** Barbara Schmitz  
**Maximum:** 50 participants

7. Annual Fall Luncheon
This year’s presentation/topic is “Thriving at Any Age.” Learn various successful strategies for living a happy, healthy life at any age. A plated lunch will follow the presentation.

**Presenter:** Robert McGrath, PsyD, ABPP  
**Date:** Thursday, September 12  
**Time:** 11-2  
**Location:** LaSure’s Banquet Hall  
**Coordinators:** Sharon Koerner and Trudy Jones  
**Cost:** $17 members / $22 non-members

8. An Encore Program: The History of the Early Horse Doctor
This LIR program was first given in 2010 and has been posted on the Internet since 2011. This presentation was part of a group of lectures commemorating the 250th anniversary of the First Veterinary School in Lyon, France. There were 336 entries from 22 countries around the world celebrating this historical event, and this presentation was selected as the only accredited one that told the complete history of the first veterinary school in the world.

**Presenter/Coordinator:** Dr. Fred Born  
**Date:** Friday, September 13  
**Time:** 1:30-3  
**Location:** Evergreen

9. Influenza
In his presentation, Thomas Haupt, Respiratory Disease Epidemiologist, will review the past year's flu season, discuss the upcoming flu season predictions, and analyze what we can do to protect ourselves.

**Presenter:** Thomas Haupt, Respiratory Disease Epidemiologist, Wisconsin Division of Public Health  
**Date:** Monday, September 16  
**Time:** 10-11:30  
**Location:** Coughlin Center  
**Coordinator:** Trudy Jones
10. Our Brains as We Age
As we age, the brain changes and may deteriorate structurally. Beside structural changes, things like memory, attention and information processing slow down. The aging brain also seems more susceptible to disease. We will discuss these factors plus some tips on keeping a healthy brain.

Presenter/Coordinator: Bill Mattes  
Date: Mondays, September 16 and 30  
Time: 1:30-3  
Location: Evergreen

Karen Kaempffe is a physical therapist dealing specifically with seniors. Among the topics she will discuss are leg strength and balance, joint replacement—“don’t make it a last resort”—types of equipment, the benefits of “Silver Sneakers” programs, water therapy for joints and pain management.

Presenter: Karen Kaempffe, Physical Therapist  
Date: Tuesday, September 17  
Time: 12:15 - 2:30 - Lunch served at 12:15, Presentation 1:15 -2:30  
Location: Evergreen  
Coordinator: Barbara Schmitz  
Cost: $14 for members / $19 for non-members

12. A World of Paintings
In this presentation, Ginny Gross will discuss her newest publication “A World of Paintings,” the mid-19th century diary of Oshkosh resident Nancy Derby. Ginny edited and annotated the diary for publication. She will read from the diary, as well as present on the process of creating a published volume from another person’s personal journal.

Presenter: Ginny Gross, Research Assistant  
Date: Thursday, September 19  
Time: 1:30-3  
Location: Oshkosh Public Museum  
Coordinator: Nathalie Moore  
Limit: 55 participants

13. Oshkosh Twentieth Century Club
Local history librarian Michael McArthur will discuss the history of Oshkosh’s Twentieth Century Club, which was founded in 1896 by many of Oshkosh’s most prominent women.

Presenter: Michael McArthur, Local History and Genealogy Reference Librarian  
Date: Monday, September 23  
Time: 1:30-3  
Location: Oshkosh Public Library  
Coordinator: Dixie Laehn

14. Robocalls, Spam and Phishing: Oh My!
What is a senior to do? Smartphones, computers and tablets are wonderful inventions but you must remain vigilant against crooks. Learn what you can do to guard against identify theft, scams and hacks. Kate Mann, Public Affairs/Crime Prevention, Oshkosh Police Department, will give you practical advice to avoid becoming a victim of your own technology. She will also inform you about several new programs including Project Lifesaver, Take Me Home, and the new Drone Team.

Presenter: Kate Mann, Oshkosh Police Department  
Coordinator: Bill Bracken  
The program will presented twice, once at each Oshkosh YMCA Locations.

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<tr>
<th>Presentation 1</th>
<th>Presentation 2</th>
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<tr>
<td><strong>Date:</strong> Monday, September 23</td>
<td><strong>Date:</strong> Thursday, September 26</td>
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<td><strong>Time:</strong> 10-11:30</td>
<td><strong>Time:</strong> 1-2:30</td>
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<td><strong>Location:</strong> 20th Street YMCA</td>
<td><strong>Location:</strong> Downtown YMCA</td>
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15. LGBTQIA+ Identities in a Changing Society
This series is a continuation from last semester. This talk will focus on the range of identities that make up the LGBTQAI+ community and what it means to be transgender and non-binary. Dr. Cannon will be joined by UW Oshkosh students and alumni who will share their stories and experiences.

**Presenters:** Dr. Liz Cannon, Director, Campus Center for Equity and Diversity, with students Arthur and Devon  
**Date:** Wednesday, September 25  
**Time:** 10-11:30  
**Location:** Evergreen  
**Coordinator:** Nathalie Moore

16. Most of my Friends are Covered with Hair and Have Cold Noses—Part II
Part I of this series, was given as an LIR program in November 2004 and numerous LIR members have requested a repeat of that lecture. The presentation covers the 36-year career of a retired veterinarian and his veterinary practice that included large and small animals. Dr. Born will share many of his most cherished memories of an amazing period of veterinary medicine in Wisconsin, including additional stories not told in Part 1.

**Presenter/Coordinator:** Dr. Fred Born  
**Date:** Wednesday, September 25  
**Time:** 1:30-3  
**Location:** Evergreen

17. You Play What? An Introduction to the Mountain Dulcimer and Autoharp
Learn about the mountain dulcimer, also known as the Appalachian dulcimer, and the autoharp. Discover the music that can be played on them and their unique sound. Be entertained by the music of both and join in on some of the songs. NOTE: No food or beverages are allowed in the PAC.

**Presenter:** Mary J. Park, Retired elementary teacher and private music teacher  
**Date:** Friday, September 27  
**Time:** 1:30-3  
**Location:** Evergreen PAC  
**Coordinator:** Dixie Laehn

18. How “Argument as War” is Killing Our Politics
It’s no secret that government today, especially at the state and national level, has great difficulty solving or even seriously addressing important issues. A major part of the reason for this state of affairs is that elected officials have become addicted to an “argument as war” model of engagement that makes defeating the “enemies” on the other side more important than working with them to solve problems. This presentation will explain how “argument as war” became popular and what we can do to move to a more civil “argument as play” model.

**Presenter:** Dr. Tony Palmeri, Professor, UWO Communications Department  
**Date:** Thursday, October 3  
**Time:** 1:30-3  
**Location:** Evergreen  
**Coordinator:** Nathalie Moore

19. Great Courses: The Great Tours: From Athens to Istanbul
In this continuation of our Spring 2019 semester, we proceed on our tour of “Athens to Istanbul”. This includes a wonderful combination of travel, geology, history, philosophy and food as the journey continues around the Aegean.

**Presenter:** Great Courses DVD, John R Hale  
**Date:** Fridays, October 4 and 11, November 8 and 15  
**Time:** 2-3:30  
**Location:** Fox Valley Technical College – Oshkosh Campus  
**Coordinators:** Paul and Kathy Inman
Enjoy lunch and a pre-theater talk by the play director at Primo’s Restaurant before attending a performance of “Nat Turner in Jerusalem” at the UW Campus Theater. (Fredric March Theater name under reconsideration by the university.) Members of the UW Oshkosh Alumni Association will join us for this event.
“In August, 1831, Nat Turner led a slave uprising that shook the conscience of the nation. Turner’s startling account of his prophecy and insurrection was recorded by his lawyer, Thomas Gray. Nathan Alan David’s play imagines Turner’s final night in a Jerusalem jail cell, as he is revisited by Gray and they reckon with what has passed, and what the dawn will bring. Woven with vivid imagery and indelible lyricism, Nat Turner in Jerusalem examines the power of an individual’s resolute convictions and their seismic reverberations through time.”

**Presenters:** UW Oshkosh Theater Department  
**Date:** Sunday, October 6  
**Time & Location:** 12 noon: lunch and pre-theater talk, Primo’s Restaurant, 2605 Jackson St  
2 pm: Performance at UW Oshkosh Campus Theater  
**Coordinators:** Mary Bayorgeon and Pat Warden  
**Cost:** $32 members / $37 non-members  
**Limit:** 50 participants

21. Why Do People Collect?
Dr. Perlman, author of the book “Come Collect with Me—Musings on Collecting and American Antiques” looks at why people collect. Using a mainstream collector’s voice, a psychologist’s eye on collecting and collectors, a university teacher’s questioning and an approachable style we will have some fun understanding of what motivates and underlies peoples’ collecting. We do love “things”.

The two-part presentation is offered for collectors and their partners or friends of all stripes. The presentation may save you money; it may cost you money. It may save a few marriages. Let’s learn more about why so many people collect, and keep collecting.

**Presenter/Coordinator:** Dr. Baron Perlman, Author  
**Date:** Mondays, October 7 and 14  
**Time:** 1:30-3  
**Location:** Evergreen

22. Cemetery Tales: The Exhibition
In this presentation, Deb Daubert will talk about the Museum’s exciting summer exhibition, Cemetery Tales. She will share more details on 19th century burial customs and mourning, with some talks too weird to tell.

**Presenter:** Deb Daubert, Curator of Exhibitions, Oshkosh Public Museum  
**Date:** Tuesday, October 8  
**Time:** 1:30-3  
**Location:** Oshkosh Public Museum  
**Coordinator:** Nathalie Moore  
**Maximum:** 55 participants

23. Supper with the Chef # 1
Sit back, relax and watch Evergreen’s talented Chef demonstrate the creation of your evening meal. The meal will be different for each of the two “Supper with the Chef” events—you may attend both.

**Presenter:** Evergreen Chef  
**Date:** Wednesday, October 9  
**Time:** 5 - 7  
**Location:** Evergreen  
**Cost:** $15 for members / $20 for non-members
24. History of Horse Whims, Team Boats, Treadwheels and Treadmills
This presentation was first given by Dr. Howard Erickson at the 7th International Conference on Equine Exercise Physiology in Fontainebleau, France in 2006. Dr. Erickson, a friend of Dr. Born, is a retired veterinary professor at Kansas University. This lecture covers an amazing 85 year period during the early years of the Industrial Revolution, from a time when the horse was the supreme symbol of power through the transition to the early world of machines and gasoline engines.

**Presenter/Coordinator:** Dr. Fred Born  
**Date:** Thursday, October 10  
**Time:** 1:30-3  
**Location:** Evergreen

25. Jews and Muslims in Christian America
The U.S. has been defined in various ways as a “Christian” nation. If so, how do Jews and Muslims with different views fit into American society?

**Presenter:** Charles Cohen, E. Gordon Fox Professor of American Institutions, Emeritus  
**Date:** Friday, October 11  
**Time:** 10-11:30  
**Location:** Fox Valley Technical College – Oshkosh Campus  
**Coordinator:** Trudy Jones

26. Brexit
Great Britain is the first EU member state to leave the union. What prompted its leaders to take this dramatic step? What does it mean for Britain, the EU and the United States? Who stands to win or lose?

**Presenter:** Dr. Michael Jasinski, Associate Professor, UWO Political Science  
**Date:** Tuesday, October 15  
**Time:** 10-11:30  
**Location:** Evergreen  
**Coordinator:** Nathalie Moore

27. The Jell-O Girls
Jell-O was labeled America’s most famous dessert in early marketing and advertising programs. The family that owned the Jell-O Company was not a model of domestic tranquility. Come and learn about the Jell-O Girls.

**Presenter/Coordinator:** Bill Mattes  
**Date:** Tuesday, October 15  
**Time:** 1:30-3  
**Location:** Evergreen

28. Lakeshore Park Plans and More
The Lakeshore Park Master Plan should be in the approval stage by the time of this session. Hear all about the process and plans for the biggest change in Oshkosh parks in years. Raymond Maurer, Oshkosh Parks Director, will inform us about the future park projects in the next 5 years including future challenges.

**Presenter:** Raymond Maurer, Parks Director, City of Oshkosh  
**Date:** Wednesday, October 16  
**Time:** 1:30-3  
**Location:** Evergreen  
**Coordinator:** Bill Bracken
29. Robots! Robots! Robots!
Wave Robotics was started with the goal of providing STEM based opportunities to students through the FIRST Robotics programs. Since then Wave Robotics has expanded to offer K-12 programming in FIRST programs. Students of the FIRST Wave Robotics team and the Jr. FIRST Lego League team will present the program and demonstrate their award winning robots.

**Presenters:** Wave Robotic Teams  
**Date:** Thursday, October 17  
**Time:** 3:30-5  
**Location:** Fox Valley Technical College – Oshkosh Campus  
**Coordinator:** Barbara Schmitz

30. Wisconsin Disability Rights
The Family Care and IRIS Ombudsman Program is part of Disability Rights Wisconsin. These programs provide independent advocacy services to people who are enrolled in or are in the process of enrolling in Family Care Partnership or IRIS. All services are provided free of charge. Learn about these services.

**Presenter:** Colleen Olson, Attorney  
**Date:** Friday, October 18  
**Time:** 1:30-3  
**Location:** Miravida Living  
**Coordinator:** Barbara Schmitz

31. Inside Look at the Sheriff’s Department
Sheriff John Matz and his staff will lead 2 groups of 10 people at 10 am and 3 groups of 10 people at 1:30 pm to tour the department’s facility. See the jail, offices, drug enforcement unit, records, evidence room, training room and other areas. Don’t miss this exclusive behind-the-scenes look at the most important safety building in the county.

**Presenter:** Sheriff John Matz and staff  
**Date:** Monday, October 21  
**Time:** AM session: 10-11:30 - Maximum Participants: 20  
PM session: 1:30-3 - Maximum Participants: 30  
**Location:** Winnebago County Sheriff’s Department, 4311 Jackson St, Oshkosh  
**Coordinator:** Bill Bracken

32. Chef’s Choice: Not Guilty by Reason of Insanity—It’s Debatable
This presentation will cover the topics of what it means to be competent to stand trial versus an insanity defense. You might be surprised to learn that this topic has historical roots with the Winnebago Mental Health Institute. A portion of the presentation will be audience participation.

**Presenter:** Paul Janty, Retired Administrative Services Director, Winnebago Mental Health Institute  
**Date:** Tuesday, October 22  
**Time:** 12:15 - 2:30 - Lunch served at 12:15, Presentation 1:15 -2:30  
**Location:** Evergreen  
**Coordinator:** Dixie Laehn  
**Cost:** $14 for members / $19 for non-members

33. The Historical Tour of Our Nation’s Capital: An Encore Presentation
This presentation was first given to LIR in 2008 and is made up of two parts. The first covers the original design of the Capital, begun in 1786 and completed in 1943. The second part is a tour of the major memorials built up to 2007.

**Presenter/Coordinator:** Dr. Fred Born  
**Date:** Wednesday, October 23  
**Time:** 1:30-3  
**Location:** Evergreen
34. The Wheels on the Bus go ‘Round and ‘Round
How do you get around in Oshkosh? Jim Collings, Director of Transportation for the City of Oshkosh will tell us all we need to know about the history of public transit, GO transit’s current operations and funding and current and future plans, guided by Oshkosh’s transit development plans.

   Presenter: Jim Collins, Director of Transportation, City of Oshkosh
   Date: Monday, October 28
   Time: 10-11
   Location: Park View Health Center
   Coordinator: Bill Bracken

35. The Poison Squad: They Made Our Food Safe
We in the U.S. take it for granted that our foods (and drugs) are safe to eat and will not harm us. This was not true in our recent past. Former practices to preserve foods actually used poisons to do so. Labels did not reflect what was in the can or package. Tainted foods were the norm. How that has changed is the work of a few dedicated individuals.

   Presenter/Coordinator: Bill Mattes
   Date: Tuesdays October 29 and November 19
   Time: 1:30-3
   Location: Evergreen

36. Help for Low Vision
Typical age-related vision changes can influence the ease of everyday activities. For about 100,000 older adults in Wisconsin, vision loss from eye disease and neurologic conditions can create low vision or blindness and significantly impact the ability to do tasks. We will discuss typical and non-typical eye changes and experience a moment of low vision through vision simulators. We will also learn what vision rehabilitation services are available. You will hear about some of the simple and high tech options available to help adapt to vision loss.

   Presenter: Jean Kalscheur, Vision Rehabilitation Wisconsin Council of the Blind and Visually Impaired
   Date: Monday, November 4
   Time: 1:30-3
   Location: Evergreen
   Coordinator: Sue Walsh

37. Music City Oshkosh
In this presentation, Katrina Achilli will explore Oshkosh’s rich history of music groups and highlight interesting musical instruments in the Museum’s collection.

   Presenter: Katrina Achilli, Assistant Curator, Oshkosh Public Museum
   Date: Wednesday, November 6
   Time: 1:30-3
   Location: Oshkosh Public Museum
   Coordinator: Nathalie Moore
   Limit: 55 participants

38. Profiling President Trump’s Possible Challengers
Numerous Democrats have announced an intention to compete in primaries and caucuses in order to become the nominee who will run against President Trump in 2020. This presentation will profile the major challengers, identifying the opportunities each has to do well, along with the unique challenges each face. Attendees will be asked to give their opinions about the candidates.

   Presenter: Dr. Tony Palmeri, Professor, UWO Communications Department
   Date: Thursday, November 7
   Time: 1:30-3
   Location: Evergreen
   Coordinator: Nathalie Moore
MIRAVIDA LIVING emphasizes wonder and curiosity, a way of life not defined by age or abilities, and days filled with meaningful opportunities.

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When life offers the gift of time...

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Paul A. Leeman, D.D.S.

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Tel: (920) 233-6001 • Fax: (920) 233-9769
www.oshkoshsmiles.com
39. Beyond Books: The Redefined Oshkosh Public Library
The Oshkosh Public Library is a lot more than books. Come hear about the exciting new happenings at the Library. All kinds of special events are scheduled including Lego mania, Homework Helpdesk, Family Storytime, Children and Adult Books Clubs, Schedule a time with a librarian to help you with technology…, etc.

Presenter: Jeff Gilderson-Duwe, Director, Oshkosh Public Library and Winnefox
Date: Monday, November 11
Time: 10-11:30
Location: Oshkosh Public Library
Coordinator: Bill Bracken

40. From the Holocaust to Civil Rights
Three sisters tell the story of their pilgrimage to retrace their grandmother’s murder during the Holocaust. They tell of meeting author Dr. Hans-Joachim Lang who wrote a book about the 86 victims. The Simon sisters discuss how this history affected their father, resulting in his long fight for civil rights, joining Dr. Martin Luther King in Selma, Alabama, in 1966. Don't miss this moving story.

Presenters: Debbie Simon Konkol, Joanne Simon Weinberg, Chris Simon Halverson
Date: Tuesday, November 12
Time: 10-11:30
Location: Evergreen
Coordinator: Bill Bracken

41. Creating Your Digital Time Machine: Photo Scanning
If you would like to start scanning your old photos but are not sure where to start, this class is for you! You will learn how to start organizing and prepping your photos for scanning, and the basics of photo scanning, so that you can get started creating your own ‘digital time machine’ for future generations.

Presenter: Sara Kumerow, Digital Services Librarian, Oshkosh Public Library
Date: Tuesday, November 12
Time: 1:30-3:30
Location: Oshkosh Public Library
Coordinator: Mary Bayorgeon

42. Supper with the Chef #2
Sit back, relax and watch Evergreen's talented Chef demonstrate the creation of your evening meal. The meal will be different for each of the two “Supper with the Chef” events—you may attend both.

Presenter: Evergreen Chef
Date: Wednesday, November 13
Time: 5 - 7
Location: Evergreen
Cost: $15 for members / $20 for non-members

43. Great Reads of 2019
Need help to plan your reading for the winter? Michael McArthur, Librarian, will once again review for us many of the outstanding books of 2019. He will be assisted by Sara Kumerow, also a librarian at the Oshkosh Public Library. They will include in their discussions both fiction and non-fiction and will provide lists so you can mark those that interest you.

Presenters: Michael McArthur and Sara Kumerow, Librarians, Oshkosh Public Library
Date: Thursday, November 14
Time: 1:30-3
Location: Evergreen
Coordinator: Lois Hedge
44. Are Big Forest Fires Our New Future?
Over the past decade, large forest fires have captured headlines each summer. There has been discussion that suggests that past forest management practices are the reason for these events. However, the interactions between forest vegetation and fire is complex and varies from the moist conifer forests of the west coast to the alpine forests of the inter-mountain west and the deciduous forests of the Upper Great Lakes. Dr. Colin Long will present evidence of past fires and forest recovery and attempt to tease out the impact that climate has had on forest fires and if this could be a factor in the large fires of today.

Presenter: Dr. Colin Long, Professor of Geography and Acting Associate Dean, UW Oshkosh
Date: Friday, November 22
Time: 1:30-3
Location: Miravida Living
Coordinator: Nathalie Moore

45. Matinee at the March: “Comedy of Errors”
Enjoy lunch and a pre-theater talk by the play’s director at Benevento's Restaurant before attending a performance of “Comedy of Errors” at the UW Campus Theater. (Fredric March Theater name under reconsideration by the university.) Members of the UW Oshkosh Alumni Association will join us for this event.
Set in the city of Ephesus, The Comedy of Errors concerns the farcical misadventures of two sets of identical twins. Many years earlier, the Syracusan merchant Egeon had twin sons, both named Antipholus. At their birth, he bought another pair of newborn twins, both named Dromio, as their servants. In a shipwreck, Egeon lost his wife, one of his sons, and one of the Dromios. Considerable confusion during their travels is finally resolved when the four twins come together.

Presenters: UW Oshkosh Theater Department
Date: Sunday, November 24
Time & Location: 12 noon: lunch and pre-theater talk, Benvenuto’s Restaurant, 300 S. Koeller / 2 pm: Performance at UW Oshkosh Campus Theater, 1010 Algoma Blvd
Coordinators: Mary Bayorgeon and Pat Warden
Cost: $32 members / $37 non-members
Limit: 50 participants

46. What’s in Your Hearing Toolkit?
Hearing loss comes on gradually and can have a big impact on a person’s life. Many people with hearing loss will say they can hear just fine but have difficulty understanding speech, particularly in background noise, watching TV or while attending religious services, a lecture or theater performances even when using hearing aids. This informative class will go beyond hearing aids. Become an informed consumer to get the hearing care and technology that will work for you.
Attendees are encouraged to bring a copy of their hearing test. Users of hearing devices should bring hearing aid accessories they have questions about, and be sure to have the telecoil feature in their instruments activated to benefit from the hearing loop.

Presenter: Juliette Sterkens, AuD
Date: Monday, December 2
Time: 10-11:30
Location: Evergreen
Coordinator: Mary Shepard
47. The Roaring 20's
Though many of us think we live in an era of wretched excess, the 20s in the U.S. may have set some sort of record for social, moral, fiscal and sexual outrageousness (well, at least by prevailing standards). Join in as we peek at this seeming rebellion against societal norms and the underlying conservative culture that stood by, gaping.

Presenter/Coordinator: Tom Herzing
Date: Monday, December 9
Time: 1:30-3
Location: Bella Vista
Limit: 45 participants

48. Changes in the Wind
In this presentation, Deb Daubert will share details about new compelling long-term exhibitions that will continue the story of Oshkosh’s rich history. “Sports & Recreation,” expected to be completed in 2020, will highlight Oshkosh’s rich sporting heritage. The next big exhibition, “Deep Roots, Growing City” will share more in-depth stories on immigration and Oshkosh’s lumbering era. Anticipated completion for this new interactive experience is 2024.

Presenter: Debra Daubert, Curator of Exhibitions, Oshkosh Public Museum
Date: Tuesday, December 10
Time: 1:30-3
Location: Oshkosh Public Museum
Coordinator: Nathalie Moore
Limit: 55 participants

49. Preparing the Way to Christmas: Handel’s “Messiah”
Prepare for Christmas by learning about the background, historical times, composer and librettist of “Messiah,” a Christmas musical favorite we are all familiar with and love. Listen to excerpts on DVD that includes several beautiful arias performed by “Apollo’s Fire,” the Cleveland Baroque orchestra that recently won a Grammy in the classical music category.

Presenter: Jane Harmon
Date: Thursday, December 12
Time: 1:30-3
Location: Evergreen PAC
Coordinator: Mary Bayorgeon

50. Resolving Conflict in a Contentious Society
How effective is mediation in resolving disputes? How does mediation work? Michael Rust, Executive Director, Winnebago County Conflict Resolution Center (WCRC) will highlight the history of the WCRC and its connection with the courts, how it works in the community and its success stories. Mike is also President of the Association for Conflict Resolution, an international organization with over 1500 professionals. Hear conflict resolution principles that are used around the world.

Presenter: Michael Rust, Executive Director, Winnebago Conflict Resolution Center
Date: Friday, December 13
Time: 10-11:30
Location: Park View Health Center
Coordinator: Bill Bracken
51. A Full Century of Children's Picture Books: From the Cautionary Tales of Hilaire Belloc to the Silly Goodness of Mo Williams

Most parents and grandparents can recite lines from “Goodnight Moon” (“in the great green room...” by Margaret Wise Brown or describe gnashing of teeth from “Where the Wild Things Are” by Maurice Sendak, but which darker children’s books preceded these classics, and which more lighthearted ones succeeded them? In this course, we will test our recollection of classic picture books for children, explore the interplay between text and illustrations in these books, and examine how picture books have changed over time to represent a more sentimental portrait of childhood and families.

Presenter: Laura Jean Baker, Associate Professor, UWO English Department
Date: Friday, January 10
Time: 1:30-3
Location: Miravida Living
Coordinator: Nathalie Moore

52. Chef’s Choice: The Endurance: Shackleton’s Incredible Voyage

In 1914, the Endurance, a sailing ship under the command of Sir Ernest Shackleton, set sail for Antarctica. The objective of the expedition was to drop off a landing party at Vahsel Bay on the Weddell Sea, who would then attempt to cross the Antarctica Continent over land to the South Pole and then to the Ross Sea. In October 1915, still 85 miles from the drop-off point, the ship was trapped in ice floes, then crushed and sank, leaving the crew stranded on the ice. For many months, Shackleton and his 27 crewmembers, drifting on ice floes, were castaways in one of the most savage regions of the world. This is a magnificent story of leadership in time of crisis, and one of history’s epic tales of survival.

Presenter: Dick Campbell
Date: Wednesday, January 15
Time: 12:15 - 2:30 - Lunch served at 12:15, Presentation 1:15 - 2:30
Location: Evergreen
Cost: $14 for LIR members / $19 for non-members

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Many of our current members were invited by a friend.

Please use a Guest Pass to invite people to LIR.
If they become a member, you will be entered into a drawing to win:

Free 2020-21 Membership (drawing June 2020).
The more people you invite, the greater your chance to win!

Can you help with membership activities?
We have many small tasks that will not take much time.
Send an email to lir@uwosh.edu to get more information.

Thank you in advance for your assistance and Happy Recruiting!

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53. A Day in the Door—Fun, Food and History
Lunch will be a traditional fish boil at Waterfront Mary’s Beach Harbor Resort on the Bay of Green Bay. Learn the history of Bailey’s Harbor and Door County and see the Bjorklunden Chapel as Bill Urbrock performs a public reading of two items of local color. First will be the chapter on “Bailey’s Harbor” by Hjalmar Holand’s “Old Peninsula Days.” Second will be excerpts from Winifred C. Boynton’s “Faith Builds a Chapel”, the story of how the Boynton family handcrafted the wooden chapel at Bjorklunden, between 1939-1947.

Date: Thursday, August 15
Times: Depart 8 am – Return 6 pm (Bus arrives at 7:30)
Locations: Waterfront Mary’s Beach Harbor Resort, Sturgeon Bay and Bjorklunden
Coordinator: Pat Worden
Cost: $55 members / $60 non-members
Maximum attendees: 50

54. Milwaukee Art Museum Tour
Join us for a tour of the Milwaukee Art Museum, Milwaukee, WI. Upon arrival, choose 1 of 3 guided tours: 1) museum collection, or 2) museum highlights, or 3) tour of one of the featured exhibits at that time—“Nares-Moves.” We’ve arranged for the group to have a box lunch in one of the galleries. After lunch, you are on your own to return to areas you enjoyed during the tour or to explore other sections of the museum not on your tour—including the excellent gift shop!

We will depart at 2:30 to return to Oshkosh. Feel free to review their website at www.mam.org for further information about the Art Museum.

Date: Friday, September 20
Times: Depart 8:30 – Return 4:30 (Bus arrives at 8:00)
Locations: Milwaukee Art Museum
Coordinator: Don Ellingson
Cost: $75 members / $80 non-members
Maximum attendees: 45

55. Milwaukee Symphony at Ripon College
Ripon College will again present their annual concert by the Milwaukee Symphony this fall. They will reserve a section of seats for us in the Field House at the Gymnasium. It is always a wonderful concert. The time and program will be announced later. If you register for this tour, you will be sent a mailing with the details.

Date: Sunday, September 22
Times: TBD
Locations: Ripon College
Coordinator: Lois Hedge
Cost: $21 members / $26 non-members
Maximum attendees: 45

56. Mosquito Hill: Weeds Please: An Introduction to Wisconsin’s Wild Edible and Medicinal Plants and lunch at Pullman’s
Herbalism is the study and use of plants for culinary and medicinal purposes, which predates written history. Naturalist and herbalist-in-training Jessica Miller will take participants on a plant journey to learn about many of Wisconsin’s bountiful “weeds” such as dandelions, stinging nettles, golden rod, burdocks, chicory and plantain to see how and why they are made into salves, tinctures, or food. We’ll also take a look at (and taste?) some herbs you can find in your garden like thyme, sage, chamomile and lavender.

Date: Tuesday, September 24
Times: Depart 9 – Return 3 (Bus arrives at 8:30)
Locations: Mosquito Hill Nature Center and Pullman’s Restaurant
Coordinator: Mary Shepard
Cost: $45 members / $50 non-members
Maximum attendees: 50
57. Madison State Capitol and Wisconsin Historical Museum
This LIR tour includes a guided tour for a “Q & A” session. We’ll provide some questions in advance, as we get closer to the date of the tour. After the “Q & A” session, we will have a boxed lunch brought right into a room at the capitol. After lunch, we’ll head over to the Wisconsin Historical Museum where we’ll have a one-hour guided tour. “Discover the stories of Wisconsin’s heritage at the WI Historical Museum. Stand in a replica of a 1,000 year-old house and visit a fur trade post. Walk into a lead mine and climb up in a tractor cab. Explore the stories, attitudes, work, and recreation that make our rich history.” We will depart at 2:45 to return to Oshkosh.

Date: Thursday, October 24
Times: Depart 7:45 – Return 4:30 (Bus arrives at 7:15)
Locations: Madison State Capitol and Wisconsin Historical Museum
Coordinator: Don Ellingson
Cost: $54 members / $59 non-members
Maximum attendees: 50

58. Mosquito Hill: The Story of Wisconsin’s Ungulates and lunch at GingeRootz Asian Grill
Caribou, Bison, Elk, oh my! There is more to Wisconsin’s deer herd than just White-tailed bucks. Naturalist Adam Brandt will be discussing the history of ungulate species that are native to the Badger State. Find out what has happened to deer and their cousins over the years as the Wisconsin landscape changed.

Date: Wednesday, October 30
Times: Depart 9 – Return 3 (Bus arrives at 8:30)
Locations: Mosquito Hill Nature Center and GingeRootz Asian Grill
Coordinator: Mary Shepard
Cost: $47 members / $52 non-members
Maximum attendees: 40

59. Wisconsin Maritime Museum
This LIR tour includes a tour of the maritime museum in Manitowoc, WI, a presentation made by one of the staff at the museum, time to visit their gift shop, a catered lunch brought into the museum, and for those able to- a tour of the submarine Cobia- which is permanently anchored at the museum. Our guide has been on the sub tour recently and confirms there are steps down into the sub, narrow quarters, and hatches to go through, which involves stepping over and ducking your head a little. He and his wife safely made it through without problems and the tour itself was fun and very interesting. After lunch, our tour completed, we are including a stop in downtown Manitowoc, featuring Beernsten’s Confectionary. You will have time for some shopping or perhaps dessert there [on your own]. We encourage you to check out the websites of both the Wisconsin Maritime Museum [www.Wisconsinmaritime.org] and Beernsten’s Confectionary [www.beerntsens.com] for details. We will depart at 2:45 to return to Oshkosh.

Date: Friday, November 1, 2019
Times: Depart 8:30 – Return 4:30 (Bus arrives at 8:00)
Locations: Maritime Museum and downtown Manitowoc
Coordinator: Don Ellingson
Cost: $50 members / $55 non-members
Maximum attendees: 50

Packing lot of Rogan’s Shoes, 2145 S. Koeller St., Oshkosh.
The bus arrival and departure times are listed in the tour description. Please plan to arrive 15 minutes prior to tour departure time to allow for check in and boarding.

Coach Bus Pick-up Location for Tours

Parking lot of Rogan’s Shoes, 2145 S. Koeller St., Oshkosh.
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2-3:30  
Evergreen |
| 8      | 9      | 10      | 11        | 12       | 13     |
|        |        | 6. Tour of Oshkosh  
Fire Station  
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Oshkosh Fire Station,  
101 Court St |
|        |        | 11. Membership Committee  
10-12  
Lincoln Hall – UWO  
Campus |
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Luncheon  
11 – 2  
LaSure’s Banquet  
Hall |
| 15     | 16     | 17      | 18        | 19       | 20     |
|        |        | 9. Influenza  
10-11:30  
Coughlin Center  
10. Our Brain as We Age  
1:30-3  
Evergreen |
|        |        | 11. Chef’s Choice:  
Physical Therapy for Seniors  
12:15-2:30  
Evergreen |
|        |        | 12. A World of Paintings  
1:30-3  
Oshkosh Museum |
| 22     | 23     | 24      | 25        | 26       | 27     |
|        |        | TOUR:  
55. Milwaukee Symphony at Ripon College  
Times to TBD  
23. Admin Finance Committee  
10-11:30  
Lincoln Hall – UWO  
Campus  
13. Oshkosh 20th Century Club  
1:30-3  
Oshkosh Library  
14. Robocalls, Spam and Phishing  
10-11:30  
Oshkosh YMCA - 20th Street |
|        |        | TOUR:  
56. Mosquito Hill: Weeds Please  
9am Depart  
3pm Return  
4. Life Story Writing  
10-11:30  
Evergreen |
|        |        | 15. LGBTQAI  
10-11:30  
Evergreen  
16. Most of My Friends are Covered with Hair and Have Cold Noses  
1:30-3  
Evergreen |
|        |        | 17. An Introduction to the Mountain Dulcimer and Autoharp  
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Evergreen |
| 29     | 30     |         |           |          |        |
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# January 2020

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THANK YOU!

Learning in Retirement extends its thanks and appreciation to the individuals and organizations listed below who have given their time, shared and added their wealth of knowledge and skill to the enrichment of the programs from which our members benefited greatly this past Spring 2019 semester.

**Spring 2019 Guest Presenters**

- Dr. Tony Palmeri, UW Oshkosh
- Dr. Vivian Foss, UW Oshkosh
- Dr. Lee Van Scyoc, UW Oshkosh
- Dr. Liz Cannon, UW Oshkosh
- Dr. Maria Novotny, UW Oshkosh
- Dr. Michael Jasinski, UW Oshkosh
- UW Oshkosh Theatre Department:
  - Richard Vandevender
  - Richard Kalinoski
  - Merlaine Angwall
  - Jane Purse Wiedenhoeft
  - John Zarbano
  - Kristina Mosley
- Laurence Carlin, PhD, UW Oshkosh
- Mary Ann Offer, MPA, UW Oshkosh
- Dr. Carmen Heider, UW Oshkosh
- Dr. Devin Otto, UW Oshkosh
- Bill Urbrock, Emeritus Professor, UW Oshkosh
- John McNaughton Rosebush, Emeritus Professor, UW Oshkosh
- Martin J Schreiber, Former WI Governor
- Mark Rohloff, Oshkosh City Manager
- Mike Stanley, Oshkosh Fire Chief
- John Matz, Winnebago County Sheriff
- Judge John Jorgensen, Winnebago County
- Tom Blaze, CEO of Oshkosh YMCA
- R.J. Kinderman, Oshkosh
- Randy Domer, Oshkosh
- Mary Colleen Olson, Attorney, Oshkosh
- Kelly Reyer, Fox-Wolf Watershed Alliance
- Jill Hanneman, CASA of Fox Cities
- Julie Ortman, Wellness Director, Verve
- Angela Wade, Behavior Analyst, Trio Academy
- Debra Daubert, Anna Cannizzo - Oshkosh Public Museum
- Michael McArthur, Sara Kumerow, Sharon Schwartz - Oshkosh Public Library
- Jessica Miller and Mary Swifka - Mosquito Hill Nature Center

**Host Locations**

- Evergreen
- FVTC, Oshkosh Campus
- Coughlin Center
- Oshkosh Public Library
- Oshkosh Public Museum
- Miravida Living
- Bella Vista
- Park View Health Care
- Fredric March Theatre
- Mosquito Hill Nature Center, New London
Learn something new
Share engaging activities
Meet interesting people
Tour at home and away

Join a community of lifelong learners

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