Learning in Retirement
2022 - 2023 Steering Committee

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Lee Prellwitz
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Membership/ Promotion
We Need YOU!

If you are willing to help with this committee, please contact Jim Krueger.
From the President

Dear LIR Members,

This year could be depicted as a stabilization year after our initial challenge from the pandemic. With significant effort by multiple individuals both in and out of the organization, a substantial number of presentations were performed simultaneously in-person and online at Evergreen. At the present time, this approach of what we have come to call hybrid programming will continue and will be evaluated on an ongoing basis for necessary alterations. These sessions proved to be more time consuming for staff and partners than for standard in-person sessions but provided the membership with a valuable alternative for participation. The cooperation and effort by all involved individuals is greatly appreciated.

The Curriculum Committee has continued to expand available content to the point that the number of presentations is now at the level before Covid.

Just before the pandemic began there had been advances in expanding presentations in the Fox Valley region. That of course was interrupted however this coming semester the libraries in Neenah and Menasha as well as Oak Park Place have committed to having at least one session in each of their facilities.

There has been a cautious resumption of tours, impeded somewhat by the limitation of restaurant and transport facilities that we have used in conjunction with these activities. Full functioning of the education content of LIR depends on further progress in these popular portions of the program.

We are at a point of return to a vigorous organization. Further stabilization depends on participation in Curriculum, Administration and Finance, and Membership and Promotion Committee activity. Please consider contributing at least part time in these key activities. The telephone numbers of committee chairs, officers and staff are in this catalog.

Thank you for your efforts as we continue the activities of LIR.

Jim Krueger
President

LIR’s connection to the UW Oshkosh campus is through the Division of Online and Continuing Education office. OCE is in Lincoln Hall on the UWO campus.

You may contact us through e-mail at lir@uwosh.edu or call at 920/424-0876.

UW Oshkosh - OCE / LIR
800 Algoma Boulevard
Oshkosh, WI  54901

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About Learning in Retirement & Membership

The University of Wisconsin Oshkosh Learning in Retirement (LIR) is a self-directed, membership-based association, offering learning opportunities to its members. Members choose course topics, organize courses, lead discussion groups, and participate in peer teaching/learning. There are classes and instructors, but no tests or grades. LIR is affiliated with UWO’s Division of Online and Continuing Education (OCE) who hosts and provides administrative support to the program.

Membership: The annual membership fee for LIR is $100. Membership year is July 1 thru June 30. You will receive a new catalog and membership renewal information in July each year.

Your LIR Membership fee of $100 includes attendance at unlimited programs for one academic year July 1 – June 30, including:

- Learning sessions led by experts in their fields
- Member-led interest/study groups
- Member taught learning sessions
- Tours of local business and industry
- The opportunity to take part in on and off-campus performances (theater and music) and coach bus trips to enjoy museums, gardens, and local cuisine. (These often have an extra charge for tickets, admittance fees, food, and transportation).

New members may join at any time. You may register on-line and pay at www.uwosh.edu/lir. Click on “Become a Member or Renew Your Membership” or mail your completed membership form along with a check to the LIR office. Credit / Debit card payments may only be accepted electronically.

How to Register for Programs

ON-LINE: Register on-line day or night by going to: www.uwosh.edu/lir. Under “Curriculum Offerings” click on the “Register” button. You will be redirected to the online registration site. If you experience any concerns or need help submitting your registration, please call the office for assistance.

MAIL: Complete the registration form and mail it to the LIR office see page 2 for address.

COVID-19 Updates

Masks are not required. We encourage individuals to wear masks, particularly in crowded indoor settings. We ask all participants to respect the choices made by others.

COVID-19 vaccinations are not required, per UW System policy. However, we highly encourage all participants to get vaccinated and boosted if they are able.

If you are experiencing symptoms of COVID-19, or if you have been identified as a close contact of someone who has tested positive for COVID-19, you should immediately schedule a COVID-19 test. Close contacts should test at least 5 days after exposure to the virus.
Special Interest Groups

1) Readers’ Choice
Love books and reading? Group participants decide on the selection of books to read and discuss.
- **Dates:** Wednesdays, September 7, October 5, November 2, December 7, January 4
- **Time:** 2:00 - 3:30 pm
- **Coordinator:** Lee Prellwitz

*Note: This group meets virtually and is separate from the Evergreen resident’s group.*

2) Garden Group
Experts will present on a variety of gardening and landscape topics. Field trips to area nurseries and gardens are a favorite activity. Group participants decide on the programming and activities.
- **Dates:** Fridays, September 16, October 7, November 4, December 2, January 6
- **Time:** 10:00 - 11:30 am
- **Coordinator:** Debby Butch
- **Location:** Coughlin Center and various other locations selected by group.

3) Life Story Writing Group
Reflect on your life and write autobiographical stories that focus on aspects of those memories. The focus of this group is to share your personal writing and offer feedback to one another. Some helpful writing resources will be supplied. Participants will receive monthly writing prompts or themes to use but are free to write on any topic.
- **Dates:** Tuesdays, September 20, October 25, November 22, December 27, January 24
- **Time:** 10:00 - 11:30 am
- **Coordinators:** Helen Adams and Marsha Rossiter
- **Location:** Evergreen
- **Limit:** 15 Participants

Courses and Tours

4) Healthy Habits for Healthy Brains
Although some genetic factors may predispose us to a decline in brain health, there are many ways that the health of our brains can be affected by how we live our lives and how we take care of ourselves. Dr. Kokontis will discuss some keys to brain health, important habits to maintain throughout our lives, and give a preview to her next discussion, “Dementia Prevention: When memory changes are more than normal.”
- **Date:** Tuesday, September 6, 2022
- **Time:** 2:00 – 3:30 pm
- **Presenter:** Dr. Lisa Kokontis, MD, Retired Neurologist, NeuroScience Group
- **Coordinator:** Jerry Lang
- **Location:** Neenah Library

5) Oshkosh History
Join local historian, Randy Domer, as he discusses special locations in Oshkosh History: The Orphanage, Smith Ice Cream, and Lake Winnebago...or Loch Ness?
- **Date:** Wednesday, September 7, 2022
- **Time:** 10:00 – 11:30 am
- **Presenter:** Randy Domer, author and local historian
- **Coordinator:** Mary Shepard
- **Location:** Oshkosh Seniors Center
6) Road to the 19th Amendment: A History of the American Woman Suffrage Movements
The ratification of the 19th Amendment to the Constitution giving women the right to vote was a major turning point in a monumental revolution in gender relations in this country. This presentation will discuss that in the context of a history of the woman suffrage movements in America.

- **Date:** Thursday, September 8, 2022
- **Time:** 1:30 – 3:00 pm
- **Presenter:** William Woolley
- **Coordinator:** Lee Prellwitz
- **Location:** Evergreen

7) Annual Fall Luncheon

- **Date:** Friday, September 9, 2022
- **Time:** 11 am – 2 pm
- **Presenter:** Jim Baumann, Vice President/Executive Editor of the Daily Herald (suburban Chicago)
- **Location:** LaSure’s Banquet Hall, 3125 S Washburn St, Oshkosh
- **Coordinator:** Noreen Johnson
- **Cost:** $25

8) Chief Oshkosh
Most people know Chief Oshkosh only as the individual whose name was used by early settlers as the name for our city, but there is much more. Learn about the effort to add cultural and historical detail to the plaques around his statue in Menominee Park. This effort is working to expand the knowledge of this person and the tribe he led.

- **Date:** Monday, September 12, 2022
- **Time:** 1:30 - 3:00 pm
- **Presenter:** Pasqual Manning, Ph.D.; Mayor Lori Palmeri
- **Coordinator:** Jim Krueger
- **Location:** Evergreen

9) The Future of the Boys & Girls Club of Oshkosh
With a 50+ year history in Oshkosh, the Boys & Girls Club has saved tens of thousands of children. Learn what the Boys & Girls Club does, and how it plans to expand and grow in the future. The presentation will include information on ways for members of the public to become involved with the Oshkosh Boys & Girls Club.

- **Date:** Tuesday, September 13, 2022
- **Time:** 10:00 – 11:30 a.m.
- **Presenter:** Tracy Ogden, CEO of the Oshkosh Boys & Girls Club
- **Coordinator:** Lee Prellwitz
- **Location:** Coughlin Center

10) Corsair – A Story of Korean War Heroism
Learn about the bonds that formed among the pilots of VF-32 while flying combat missions during the Korean Conflict. The F4U Corsican Fighter Plane housed at the EAA Museum in Oshkosh plays a part in the story.

- **Date:** Wednesday September 14, 2022
- **Time:** 10:00 – 11:30 am
- **Presenter:** Chris Henry, EAA Aviation Museum Programs
- **Coordinator:** Lee Prellwitz
- **Location:** Coughlin Center
11) Common Scams & Frauds Targeting Seniors
The Wisconsin Bureau of Consumer Protection will discuss the details of common scams that target seniors, the warning signs of a scam, and what to do if you or someone you know falls victim to a scam or fraud. Helpful factsheets from The Bureau of Consumer Protection will be available. As Wisconsin’s lead agency for consumer protection, the Bureau of Consumer Protection at the Wisconsin Department of Agriculture Trade and Consumer Protection, provides information and education, mediates complaints, investigates cases, and takes enforcement actions to fight fraudulent and deceptive practices that harm consumers and honest businesses.

Date: Thursday, September 15, 2022
Time: 10:00 – 11:30 am
Presenter: Jeff Kersten, Agency Liaison
Coordinator: Kathryn Larson
Location: Oshkosh Seniors Center

12) Why Don’t Women Ask? Why Women Earn Less Than their Male Counterparts
"Gender gap" research is a very popular topic in academia. Many researchers continue to be interested in the differences between men and women and how and why their labor market (job) outcomes differ so substantially. This talk focuses on the gender gap in earnings, its contributing factors, and how it is changing over time. Specifically, I present results from my research on the gender gaps in promotions and career interruptions, as well as speak to the gender gaps that emerged during the pandemic.

Date: Monday, September 19, 2022
Time: 10:00 - 11:30 a.m.
Presenter: Benjamin Artz, PhD
Coordinator: Nathalie Moore
Location: Evergreen

13) Addiction Medical Solutions (AMS), Oshkosh
AMS provides medication assisted treatment in addition to counseling services designed to improve the quality of life of those suffering from addiction. Learn about AMS’ services as well as training and building awareness to the use of Narcan.

Date: Tuesday, September 20, 2022
Time: 1:30 – 3:00 pm
Presenter: Jim Reider, AMS-Wisconsin
Coordinator: Kathi Sawall
Location: Oshkosh Seniors Center

14) The 21st Century So Far
We are 22 years into a new century. How is it going so far? In this presentation, Dr. Palmeri argues that 2000 - 2020 was a lot like 1837-1857 and 1877-1897. In each of those 20-year periods, the U.S. suffered the consequences of fear, tribalism, and political cowardice. The presentation will provide numerous examples of where we have gone wrong but will end with optimism that things can and will get better.

Date: Thursday, September 22, 2022
Time: 1:30-3:00 pm
Presenter: Dr. Tony Palmeri, Communications Professor
Coordinator: Nathalie Moore
Location: Evergreen
15) Media & Culture
In subtle and not-so-subtle ways, media narratives, characters, and everyday situations reveal aspects of cultural beliefs, values, and behaviors. Learn how you can better interact with films and other media to understand different cultures and develop empathy.

Date: Monday, September 26, 2022
Time: 1:30 – 3:00 p.m.
Presenter: Cooper Wakefield, Ph.D. – Professor of Communication at Marian University
Coordinator: Shane Boeder
Location: Evergreen

16) Mosquito Hill Tour: Beauty of Bats
Few animals elicit feelings of fear like bats do. Naturalist Adam Brandt will share details about Wisconsin’s bat species in an effort to prove that they are actually beautiful creatures. We will explore the interesting lives of these unique mammals and explore some of the issues facing them today.

Date: Tuesday, September 27, 2022
Time: Bus Arrives 12 pm; Departs 12:15 pm; Program 1:30-3 pm; ETA Return 4:00 pm
Presenter: Adam Brandt, Mosquito Hill Park Ranger
Coordinator: Mary Shepard
Cost: $30; Maximum Participants: 40

17) Chef’s Choice: Forensic Anthropology in NE Wisconsin
Enjoy a meal with the Evergreen Chef’s Choice before the presentation. Have you ever watched shows like Forensic Files, Bones, or CSI, and wondered how scientists can study skeletons to aid law enforcement in conducting investigations? Dr. Karsten will explain how bones can be used to identify human remains and determine the cause of death and provide examples from cases he has worked across the state of Wisconsin.

Date: Wednesday, September 28, 2022
Time: Lunch will be served at 12:15, presentation to follow.
Presenter: Dr. Jordan Karsten, UWO Chair, Anthropology
Coordinator: Nathalie Moore
Location: Evergreen; Cost: $15

18) “Extra! Extra! Read all about it. Democracy is Getting Dumber.”
Tim Lyke, former publisher of the Ripon Commonwealth Press — a newspaper that has won “Best Weekly Newspaper” in Wisconsin more than any other — laments that newspapers are weaker, readers are fewer, citizens are less informed, and democracy is at risk of sliding into autocracy. Can newspapers survive and, if not, is America’s experiment in self-governance doomed to failure? NOTE: Mr. Lyke will allot a significant amount of time for discussion and questions, and he encourages both.

Date: Friday September 30, 2022
Time: 1:30 - 3:00 pm
Presenter: Tim Lyke – former publisher of the Ripon Commonwealth Press
Coordinator: Lee Prellwitz
Location: Evergreen

19) VIRTUAL: Can Faith Leaders Influence Public Opinion Toward Protecting the Environment?
This presentation addresses the questions of what resources various religions of the world must motivate support for environmental protection, whether new messages and actions are emerging in these traditions to make environmental protection a priority, and whether members of these religions are significantly influenced by the appeals of religious leaders to protect the environment. The traditions examined are Judaism, Christianity, Islam, Hinduism, and Buddhism.

Date: Monday, October 3, 2022
Time: 10:00 – 11:30 am
Presenter: Brian H. Smith, UWO Lecturer, Online & Continuing Education
Coordinator: Lee Prellwitz
20) How Dignity and Respect Can Go A Long Way in County Jail
Individuals incarcerated in America’s jails face several barriers (substance and alcohol abuse, mental health issues, physical ailments, homelessness). The nature of jail stays makes it difficult to treat or support individuals plagued by these issues. As such, correctional officers are charged with managing these individuals. By conducting in-depth interviews with correctional officers, this study answers the question of how these individuals manage an ever-changing population with a host of problems. Results suggest that interpersonal communication skills are the primary way officers obtain compliance from incarcerated individuals. By treating the “rabble class” with dignity and respect, officers not only avoid physical confrontations but can also provide support for these individuals.

Date: Tuesday, October 4, 2022
Time: 1:30 - 3:00 pm
Presenter: Matt Richie, PhD
Coordinator: Nathalie Moore
Location: Oshkosh Seniors Center

21) When Memory Changes are More than Normal
Did you know there are normal changes that happen with our memories as we age that do not necessarily mean we have dementia? Learn about what those changes are and when those changes are more than normal. Dr. Kokontis will also share information about dementia and the different types along with details about treatment. This is part 2 of “Healthy Habits for Healthy Brains” 9-6-22.

Date: Thursday, October 6, 2022
Time: 2:00 – 3:30 pm
Presenter: Dr. Lisa Kokontis, MD, Retired Neurologist, NeuroScience Group
Coordinator: Jerry Lang
Location: Menasha Library

22) Ukraine
Russia’s invasion of Ukraine has changed the geopolitical map of Europe and the world. Its effects will be felt for decades to come, it already appears to be a major turning point of similar magnitude as the Fall of the Berlin Wall (if you can imagine this time the wall going back up again). We try to assess the current state of affairs, the implication for the major global actors.

Date: Monday, October 10, 2022
Time: 2:30 – 4:00 pm
Presenter: Dr. Michael Jasinski
Coordinator: Mary Shepard
Location: Evergreen

23) Tour of Ariens Co in Brillion
Ariens Co is a recognized leader in the outdoor power equipment industry known for its superior quality products that stand the test of time. Located in Brillion, Wisconsin, and employing over 1,200 employees, participants will have an exclusive opportunity to tour Plant 1 and see its advanced manufacturing operations. Then visit the AriensCo Museum, where you’ll dive into the growth of this family-owned company, including the history behind many of AriensCo’s most iconic products. Participants will end their day in Brillion by walking through the Mike Ariens Friendship Trail & Conservation property. Located between two of the company’s manufacturing plants, the property supports wildlife habitat conservation, outdoor recreation, and agriculture.

For your safety, you must wear closed-toe shoes. Earplugs and safety glasses are required and will be provided. You must sign a Non-Disclosure form for the tour. No photos are allowed.

Please Note: This is a 45-minute walking tour in a loud environment.

Date: Thursday, October 13, 2022
Time: Bus Arrives 8:15 am; Departs 8:30 am; ETA Return 4:00 pm
Coordinator: Pat Lowney
Cost: $80; Maximum Participants: 50
24 The Five Ws of Elder Mediation. Resolving Conflict for an Aging Population
As the Baby Boomer generation ages, unique medical, family, and legal issues are multiplying. Michael Rust, CEO of the Winnebago Conflict Resolution Center (WCRC), Inc., has mediated many such disputes and has trained others from around the country on effective ways to engage with and resolve these conflicts. Learn about the who, what, when, where, and why of Elder Mediation.

Date: Monday, October 17, 2022
Time: 10:00 – 11:30 a.m.
Presenter: Michael D. Rust, J.D., CEO, Winnebago Conflict Resolution Center, Inc.
Coordinator: Lee Prellwitz
Location: Oshkosh Seniors Center

25) Irish Fairy Lore
Looking at W.B. Yeats’s texts like Fairy and Folk Tales of the Irish Peasantry (1888), Irish Fairy Tales (1890), and The Celtic Twilight (1893), this light and lively talk will discuss how Yeats’s faeries revived the cultural identity of “mother Eire” (Mother Ireland) through the literary trope of the fairy—a figure that “greens” the literary landscape of the country by both recalling a pastoral idyll of pre-modern Ireland and personifying a nationalist ideal of the “Emerald Isle” itself. It is a vision of a distinctly Irish, nationalistic pastoral that inspired people to seek alternative sources of wonder and systems of belief while also fostering the national pride that Yeats imagined galvanizing people “wherever green is worn.”

Date: Tuesday October 18, 2022
Time: 10:00 – 11:30 am
Presenter: Dr. Christine Roth, UWO Assoc. Prof. of English; Dir. Graduate English Program
Coordinator: Nathalie Moore
Location: Evergreen

26) The Expanding Role of School Districts
K-12 schools have changed. The role that school districts play in serving students and the community has greatly expanded. There are multiple options beyond the typical school and classroom setting for students today. Learn about the different options available through the OASD and especially how the district serves students who experience mental illness, trauma, and poverty.

Date: Thursday, October 20, 2022
Time: 10:00 – 11:30 am
Presenter: Matt Kaemmerer, Director of Pupil Services
Coordinator: Kathi Sawall
Location: Evergreen

27) History of Railroads in Oshkosh
The railroad came early to Oshkosh, connecting its growing lumber industry with the rest of the country and helping Oshkosh become The Sawdust City. Local History Librarian, Michael McArthur, will look at the railways that shaped Oshkosh.

Date: Monday, October 24, 2022
Time: 1:30 – 3:00 pm
Presenter: Michael McArthur, Local Historian and Genealogy Reference Librarian, Oshkosh Public Library
Coordinator: Mary Shepard
Location: Oshkosh Public Library
28) Homeland Defense and Defense Support of Civil Authority
Col. Charles Christburg has been in the US Marine Corps, and a designated Naval Aviator. He has served in numerous Marine Corp, Navy and Joint Intelligence Officer Billets, retiring last as the Director of Staff for the Strategy, Policy and Plans Directorate of NORAD. He will be providing unique insight into the planning and defense measures for our country, including civil support measures. This will provide the membership with informed, straightforward awareness into the defense measures that keep us safe and support our nation during natural disasters.
- **Date:** Tuesday, October 25, 2022
- **Time:** 1:30 – 3:00 pm
- **Presenter:** Col. Charles Christburg
- **Coordinator:** Jim Krueger
- **Location:** UWO Culver Family and Welcome Center

29) Mosquito Hill Tour: Discover Exotic Thailand
Join Naturalist Mike Hibbard as we take a virtual tour of Thailand. Discover the natural and cultural history of this exotic country in Southeast Asia through the eyes of a naturalist. We will take a photo tour of the mountainous northern regions, Bangkok and surrounding area as well as the islands, coastal beaches and limestone karsts of the southern region.
- **Date:** Wednesday, October 26, 2022
- **Time:** Bus Arrives 12 pm; Departs 12:15 pm; Program 1:30-3 pm; ETA Return 4:00 pm
- **Presenter:** Mike Hibbard, Mosquito Hill Naturalist
- **Coordinator:** Mary Shepard
- **Cost:** $30
- **Maximum Participants:** 40

30) What’s New in Health and Wellness
Dr. JJ Allen, owner of Hometown Pharmacy (Sawyer St, Oshkosh) is a Doctor of Pharmacy and a certified sports nutritionist with a passion for helping clients create a healthier lifestyle to decrease the need for medications. Don’t miss his presentation on a relevant health and wellness topic.
- **Date:** Tuesday, November 1, 2022
- **Time:** 10:00 - 11:30 am
- **Presenter:** Dr. JJ Allen, PharmD, CISSN, Hometown Pharmacy
- **Coordinator:** Mary Bayorgeon
- **Location:** Evergreen

31) Teens’ Mental Health
It is estimated that approximately 14% of adolescents are diagnosable with a mental health condition, but most of their struggles go unrecognized (WHO, 2020). Identifying mental health conditions and distress is always complex, but it is more difficult when working with children and adolescents. Join us to learn about common mental health issues for children and adolescents and safe ways to intervene with your loved ones. Please bring your real-life questions, examples, and ideas to discuss.
- **Date:** Thursday, November 3, 2022
- **Time:** 1:30 – 3:00 pm
- **Presenters:** Renae Swanson, Ph.D., LPC, NCC is a UWO Professor and Associate Dean in the College of Education and Human Services and Jax Anderson, LPC is a practicing psychotherapist
- **Coordinator:** Trudy Jones
- **Location:** Evergreen

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A quote by Dr. Seuss: “The more that you read, the more things you will know. The more that you learn, the more places you'll go.”
32) LIR PLAYTIME: “Grease”
With a hip-shaking rock 'n' roll score featuring hits like "Summer Nights," "Greased Lightnin'," and "We Go Together." 
**Grease** celebrates Rydell High's class of 1959 in all their duck-tailed, bobby-soxed, gum-snapping glory.

**Date:** Sunday, November 6, 2022  
**Time:** 2:00 pm Performance  
**Coordinator:** Mary Bayorgeon  
**Location:** UW Oshkosh Theatre Arts Center, 1010 Algoma Blvd; **Cost:** $9

33) Food, Drugs and Money: Paternalistic Laws in a Free Country
In recent years, the pursuit of financial gain has challenged and changed people’s values in connection with food and drugs. Substances (e.g. marijuana) that were once illegal are now part of the free market, and profitable “food” now contains ingredients once unthinkable. This talk addresses this trend by asking ethical questions about the extent to which a government may rightly interfere with the liberty of its citizens.

**Date:** Monday, November 7, 2022  
**Time:** 1:30 - 3:00 pm  
**Presenter:** Dr. Laurence Carlin, Dean of the UWO Honors College  
**Coordinator:** Nathalie Moore  
**Location:** Evergreen

34) Day By Day Warming Shelter
This presentation will explain the functioning of this critical resource in the Oshkosh area, emphasizing the need and capabilities of the organization. DBD is in process of establishing a purpose-built facility in order to provide more care and services on an expanded year-round basis.

**Date:** Tuesday, November 8, 2022  
**Time:** 1:30 - 3:00 pm  
**Presenter:** Molly Yatso Butz, Executive Director of Day By Day Warming Shelter  
**Coordinator:** Jim Krueger  
**Location:** Fox Valley Technical College – Oshkosh Campus

35) Governor Tommy Thompson
Governor Thompson has had a long career in politics and most recently served at the UW System President. He has truly made the most of “retirement” and will speak to LIR about his long history of public service.

**Date:** Thursday, November 10, 2022  
**Time:** 1:30 – 3:00 pm  
**Coordinator:** Jim Krueger  
**Location:** UWO Culver Family Welcome Center

36) War Stories: Combat Reporting from the Modern Battlefield
Commemorate Veterans' Day with combat correspondent Lisa Herzing Burgess. From 1994 to 2012, Burgess reported on conflicts and disasters on four continents for the US military's storied newspaper, “Stars and Stripes,” as well as UPI and other news outlets. She has survived and reported the September 11th attack on the Pentagon; the genocides in Rwanda and Kosovo; conflicts in Azerbaijan and Uzbekistan; and the US military responses in Haiti and Hurricane Katrina, among other events. She also performed a total of six combat tours in Afghanistan and Iraq, from 2002 to 2010. She will be presenting on some of her personal war stories.

**Date:** Friday, November 11, 2022  
**Time:** 10:00 – 11:30 am  
**Presenter:** Lisa Burgess – U.S. Army (ret)  
**Coordinator:** Lee Prellwitz  
**Location:** Evergreen
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37) Pandemic Struggles and Resilience: Lessons Learned
Mortality among older adults during the Covid-19 pandemic far exceeded other age groups. Although various chronic diseases may have made them more susceptible to the infection, several socio-cultural variables contributed to the high death rate. Despite the widespread struggles of older adults and the documented increase in ageist attitudes during the pandemic, numerous researchers have noted older adults’ resilience and effective coping strategies. Discover the sources of pandemic struggles and the contributors to pandemic resilience. Learn about the experiences of persons living with dementia through the pandemic time. Finally, explore how communities can use what has been learned during the pandemic to become more age- and dementia-friendly.

Date: Tuesday, November 15, 2022
Time: 2:00 – 3:30 pm
Presenter: Susan H. McFadden, Ph.D., Professor Emerita Psychology, UW Oshkosh
Coordinator: Jerry Lang
Location: Oak Place Place, Menasha

38) Supper with the Chef
Sit back and enjoy Evergreen’s talented Chef Jason’s cooking demonstration of the supper prepared especially for LIR.

Date: Monday, November 16, 2022
Time: 4:30 – 7:00 pm; 4:30 social time, 5 pm presentation begins
Presenter: Chef Jason, Evergreen Retirement Community
Cost: $20

39) The Intersection of Climate Science and Policymaking
Learn about the Intergovernmental Panel on Climate Change and the Global Climate Summit. From global to local, join us to learn about basic climate science and the three main approaches to greenhouse gas reduction: carbon pricing, technology subsidies, and performance standards.

Date: Thursday, November 17, 2022
Time: 1:30 – 3:00 pm
Presenter: Shannon Davis-Foust, Ph.D, Lecturer, Department of Biology & Environmental Studies Program
Coordinator: Trudy Jones
Location: Fox Valley Technical College – Oshkosh Campus

40) What is an Artist’s Book?

Date: Friday, November 18, 2022
Time: 10:00 – 11:30 a.m.
Presenter: Deb Bartelt – Local Artist
Coordinator: Shane Boeder
Location: Oshkosh Seniors Center
41) The new way OPD handles Behavioral Health Calls
Officer Sopata, a behavioral health officer from the Oshkosh Police Department, will discuss how the department is using a therapy dog to respond to behavioral health or highly sensitive related calls. The two work together to bring a sense of calm with a focus on peaceful resolutions. The therapy dog, Magic, is deployed on calls for our community but also helps our officers after critical incidents. Also attending will be Officer Sopata’s co-responder, Kayla, who works with and helps citizens access services from Winnebago County Human Services.

Date: Monday, November 28, 2022
Time: 1:30 – 3:00 pm
Presenter: Officer Scott Sopata, Oshkosh Police Department
Coordinator: Jerry Lang
Location: Oshkosh Seniors Center

42) Current & Future Trends in Learning for the Non-English Speaking Adults
Currently, who are refugees in our community and how does their presence impact the community? How do we help them become literate in English and adapt to the community to find employment and embrace lifelong learning? How do we help English speakers become more proficient in reading and writing to enhance the quality of their lives and help them participate more fully in our community?

Date: Tuesday, November 29, 2022
Time: 10:00 – 11:30 am
Presenter: Tom Perry – Director of the Winnebago Literacy Council
Coordinator: Shane Boeder
Location: Coughlin Center

43) Great Reads of 2022
Review many of the outstanding books of the past year. Mike will include both fiction and non-fiction in his talk and will provide lists of the books so you can plan your reading for the year ahead.

Date: Monday, November 30, 2022
Time: 1:30 - 3:00 p.m.
Presenter: Michael McArthur, Local Historian & Genealogy Librarian Oshkosh Public Library
Coordinator: Lois Hedge
Location: Evergreen

44) Foxconned
Thanks to overblown publicity and its size, the largest incentive deal offered a foreign company, Foxconn has become a high-profile case study. Digging deeply into the project reveals something rotten about how jobs are promoted. Conflicts of interest, crony capitalism, abuse of eminent domain happens, but by diving under the surface the worst comes to light. It is possible for projects of this type to be successful, such as Epic Systems in Verona. Mr. Tabak will touch on what is required for a project to be successful, and what municipalities should look for in economic development.

Date: Monday, December 5, 2022
Time: 1:30 – 3:00 pm
Presenter: Lawrence Tabak, author and reporter for national publications.
Coordinator: Lee Prellwitz
Location: Evergreen
45) Investigating WW II Aircraft Loss Sites
Dr. Brett Hoffman works as part of the University of Wisconsin Missing in Action Recovery and Identification Project. This group uses a variety of archaeological methods to investigate WW II aircraft loss sites. Dr. Hoffman will discuss how these investigations are conducted in partnership with the Defense POW/MIA Accounting Agency (DPAA) to fulfil our nation’s promise to armed services personnel and their families.

**Date:** December 9, 2022  
**Time:** 10:30 am – 12 noon  
**Presenter:** Dr. Brett Hoffman, Ph.D. – Lecturer, Dept. of Anthropology, Global Religions & Cultures – UWO, Fox Cities  
**Coordinator:** Jerry Lang  
**Location:** Coughlin Center

46) LIR PLAYTIME: Works in Progress Series: “My Genius of Humanity”
Inspired by the misbegotten journey of some well-intentioned Armenian-Americans after World War II, My Genius of Humanity examines the struggle of the Davidian family as they voluntarily emigrate to Soviet-dominated Armenia in search of the perceived comfort of their ancestral home.

History records that between 1947 and 1949 more than one “caravan” of Armenian-Americans made their way to Armenia. My Genius of Humanity is a play which reveals a wounded family finding their courage in a society controlled by those who would honor power at the expense of humanity.

Playwright and Director: Richard Kalinoski  
**Date:** Sunday, December 11, 2022  
**Time:** 2:00 pm Performance  
**Coordinator:** Mary Bayorgeon  
**Location:** UW Oshkosh Campus, Experimental Theatre  
**Cost:** $9

47) Animal Sheltering: What is it all about?
The Oshkosh Area Humane Society (OAHS) provides many services to Oshkosh and the surrounding areas. Learn about the services OAHS provides, and why community support is so important to sustaining the organization. Hear about some of the animals and people the OAHS has been able to help over the years, and how individuals can utilize the services the OAHS offers.

**Date:** Tuesday, December 13, 2022  
**Time:** 10:00 – 11:30 am  
**Presenter:** Cheryl Rosenthal, Communications & Education Coordinator at OAHS  
**Coordinator:** Lee Prellwitz  
**Location:** Coughlin Center

48) Just Keep Talking
Learn how to use voice commands to do everything you need to do on your device. This class will show you how to do everything on your phone using only your voice. Learn simple tips and tricks with voice commands that will make using your devices easier and fun.

**Date:** Wednesday, December 14, 2022  
**Time:** 1:30 – 3:00 pm  
**Presenter:** Stephanie Carlin, Oshkosh Seniors Center, Connect through Tech  
**Coordinator:** Julie Kiefer  
**Location:** Oshkosh Seniors Center
49) Chef’s Choice: State vs. Local Control
Who is in charge of what? Local governments are bound by state policy in areas including zoning, taxation, and natural resource protection. This talk will help untangle the relationship between state and local government.

   **Date:** Monday, January 9, 2023  
   **Time:** 12:15 - 2:30 pm; Lunch served at 12:15 pm, Presentation 1:15 - 2:30 pm  
   **Presenter:** Michael Ford, UW Oshkosh Associate Professor of Public Administration  
   **Coordinator:** Mary Shepard  
   **Location:** Evergreen  
   **Cost:** $15

50) Understanding a Loss of Dreams as a Key Part of Our Grieving
Life goes sideways and culturally we are not taught to see that this often brings a loss of dreams which is a grief that can affect us significantly. We are more prepared when the change is expected, but when it is not and we have to change core values and habits, we are faced with grief that needs to be understood. When my spouse dies, I lose both them and the dreams of how our life would play out. If I get diagnosed with cancer or dementia, the loss of dreams grief hits as I must come to grips with my body betraying me or my mind betraying me. Learning to recognize that loss of dreams can help us to grieve them in more healthy ways and to move forward in better ways.

   **Date:** Tuesday, January 10, 2023  
   **Time:** 10:00 - 11:30 a.m.  
   **Presenter:** Reverend Dr. Kevin P. Mundell – Pastor, Our Savior’s UCC, Ripon, WI 54971  
   **Coordinator:** Lee Prellwitz  
   **Location:** Evergreen

51) Intercultural Contact
Contact between cultural groups can break down stereotypes and reduce prejudices --- or, have just the opposite effect. Learn what factors encourage positive intercultural contact and how to promote meaningful interactions.

   **Date:** Monday, January 23, 2023  
   **Time:** 1:30 – 3:00 p.m.  
   **Presenter:** Cooper Wakefield, Ph.D. – Professor of Communication at Marian University  
   **Coordinator:** Shane Boeder  
   **Location:** Evergreen

52) Let’s Explore the Little Known Terrell’s Island
One of the most beautiful spots on Lake Butte des Mortes, Terrell’s Island has a fascinating development history as one of the largest and most unique wetlands restoration projects in Wisconsin history. Librarian Michael McArthur will speak about the historic and continuing development of this distinctive environment.

   **Date:** Wednesday, January 25, 2023  
   **Time:** 1:30 - 3:00 pm  
   **Presenter:** Michael McArthur, Local Historian & Genealogy Reference Librarian, Oshkosh Public Library  
   **Coordinator:** Mary Shepard  
   **Location:** Oshkosh Public Library

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The capacity to learn is a **gift**; the ability to learn is a **skill**; the willingness to learn is a **choice**.

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**LIR is affiliated with UW Oshkosh Division of Online and Continuing Education** - Page 19
Course Locations

**UWO Culver Family Welcome Center**, 625 Pearl Ave, Oshkosh, Free Parking is available.

**UW Oshkosh Theatre Arts Center**, 1010 Algoma Blvd, Oshkosh (Corner of Algoma Blvd and Woodland Ave.) Free Parking is available during performances, the closest lots are #4 on Woodland Ave and # 29 across from the theater.

**Off Campus Locations**

**Evergreen**, 1130 N. Westfield, Oshkosh, WI 54902

**Fox Valley Technical College**, 150 N Campbell Rd, Oshkosh, WI 54902

**Oshkosh Seniors Center**, 200 North Campbell Street, Oshkosh, WI 54902 (Main Building)

**Coughlin Center**, 625 E County Rd Y, Winnebago, WI 54903

**Oshkosh Public Library**, 106 Washington Ave, Oshkosh, WI 54901

**Neenah Public Library**, 240 E Wisconsin Ave, Neenah, WI 54956

**Menasha Public Library**, 440 1st St, Menasha, WI, 54952

**Oak Park Place**, 2205 Midway Rd, Menasha, WI 54952

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### Coach Bus Pick-up Location for Tours

Pick-up will be in the parking lot of Rogan’s Shoes, 2145 S. Koeller Street, Oshkosh. This is the same location used in the past. The bus will arrive approximately 15 minutes prior to departure time. Please be at the pickup location when the bus arrives allowing for time to board and on time departure. Times can be found in the tour descriptions.

Note: If on the day of the tour you find you unable to participate, or running late, please contact the tour coordinator.

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### THANK YOU to our Spring 2022 Host Locations

Oshkosh Seniors Center

Evergreen Retirement Community

Coughlin Center

UW Oshkosh Theatre Arts Center

Mosquito Hill Nature Center

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**Fun Brain Facts**

- You can rewire your brain and create new neural pathways at any age.
- The brain is designed to learn new things as we age.
- Learning new and active hobbies and skills increases the efficiency of your brain activity.

*Maintain your brain, like you would for any muscle in your body.*
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- **10**: Timber Rattler’s Game – UWO Alumni
- **24**: Curriculum Committee 10-12
- **25**: Steering Committee 10-11:30
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<td>Labor Day</td>
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<td>Healthy Habits for Healthy Brains 2-3:30 pm Neenah Library</td>
<td>Oshkosh History 10-11:30 am Oshkosh Seniors Center</td>
<td>Road to the 19th Amendment: Woman Suffrage 1:30-3 pm Evergreen</td>
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<td>Chief Oshkosh 1:30-3 pm Evergreen</td>
<td>Boys &amp; Girls Club of Oshkosh 10-11:30 am Coughlin</td>
<td>Corsair: Korean War Heroism 10-11:30 am Coughlin</td>
<td>Common Scams and Frauds Targeting Seniors 10-11:30 am Oshkosh Seniors Center</td>
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<td>Why Don’t Women Ask? 10-11:30 am Evergreen</td>
<td>Life Story Writing 10-11:30 am</td>
<td>Curriculum Committee 10-11:30 am</td>
<td>The 21st Century So Far 1:30-3 pm Evergreen</td>
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<td>Admin/Finance Committee 10-11:30 am Virtual</td>
<td>Media &amp; Culture 1:30-3 pm Evergreen</td>
<td>TOUR Mosquito Hill: Beauty of Bats 12-4 pm</td>
<td>Chef’s Choice: Forensic Anthropology in NE Wisconsin Lunch at 12:15 Evergreen</td>
<td>Steering Committee 10-11:30 am Virtual</td>
<td>Extra! Extra! Democracy is Getting Dumber 1:30-3 pm Evergreen</td>
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<td>Health and Wellness 10-11:30 am Evergreen</td>
<td>Reader’s Choice 2-3:30 pm</td>
<td>Teens’ Mental Health 1:30-3:00 pm Evergreen</td>
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<td>LIR PLAYTIME: &quot;Grease&quot; 2 pm</td>
<td>Food, Drugs and Money 1:30 – 3 pm Evergreen</td>
<td>Day by Day Warming Shelter 1:30-3 pm Fox Valley Tech-Oshkosh</td>
<td>Membership Committee 10-11 am</td>
<td>Former Governor Tommy Thompson 1:30-3 pm Culver Center</td>
<td>War Stories: Combat Reporting from the Modern Battlefield 10-11:30 am Evergreen</td>
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<td>Admin/Finance Committee 10-11:30</td>
<td>Pandemic Struggles &amp; Resilience 2-3:30 pm Oak Park Place</td>
<td>Supper with The Chef 5-7 pm Evergreen</td>
<td>Steering Committee 10-11:30 am Intersection of Climate Science and Policy Making 1:30-3 pm FVTC-Oshkosh</td>
<td>What is in an Artist’s Book? 10-11:30 am Oshkosh Seniors Center</td>
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<td>OPD and Behavior Health Calls 1:30-3 pm Oshkosh Seniors Center</td>
<td>Learning for Non-English Speaking Adults 10-11:30 am Coughlin Center</td>
<td>Curriculum Committee 10-11:30 am Great Reads 1:30-3 pm Evergreen</td>
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<td>Foxconned 1:30-3 pm Evergreen</td>
<td>Reader’s Choice 2-3:30 pm</td>
<td>UW Missing in Action Recovery &amp; Identification Project 10:30-12 noon Coughlin Ctr</td>
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<td>LIR PLAYTIME: “My Genius of Humanity” 2 pm</td>
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<td>Chef’s Choice:</td>
<td>Understanding a Loss of Dreams</td>
<td>Membership Committee</td>
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<td>State vs. Local Control Lunch at 12:15 Evergreen</td>
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<td>Martin Luther King, Jr Day UWO Closed</td>
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<td>Curriculum Committee</td>
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<td>10-11:30 am</td>
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<td>Admin/Finance Committee 10-11:30</td>
<td>Life Story Writing 10-11:30</td>
<td>Let us Explore the Little-Known Terrell’s Island 1:30-3 pm Oshkosh Library</td>
<td>Steering Committee 10-11:30</td>
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<td>Intercultural Contact 1:30-3 pm Evergreen</td>
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Learning in Retirement extends its thanks and appreciation to the individuals and organizations listed below who have given their time, shared and added their wealth of knowledge and skill to the enrichment of the programs from which our members benefited greatly this past semester.

### THANK YOU to our guest presenters from Spring 2022

| Kimberly Langolf, Director of UWO Risk & Sponsored Programs | Brian Smith, Retired Religion and Ethics Professor, Ripon College |
| Kurt Leibold, UWO Chief of Police | Dr. Martin Farrell, Professor Emeritus of Politics and Government, Ripon College |
| Dr. Tony Palmeri, Professor, UWO Communications Department | Ric Damm Photography, Director of Creative and Social Media, Ripon College |
| Jane Purse-Wiedenhoeft, Chair, UWO Theatre Department | Shane Boeder, retired professor, Marian University |
| Merlaine Angwall, UWO Theatre Department | Mike Stanley, Fire Chief, City of Oshkosh Fire Department |
| Dr. Joseph Peterson, Professor, UWO Geology Department | Alana Erickson, Winnebago County Public Health Supervisor |
| Bradley Spanbauer, M.Sc., Sustainability Officer, UWO | Dr. Bryan Davis, Superintendent, Oshkosh Area School District |
| Dr. Gabriel Loiacono, Professor, UWO History Department | Dr. JJ Allen PharmD, CISSN, Hometown Pharmacy |
| Evan Williams, Ph.D., Professor of Philosophy, UWO | Chris Henry, EAA Museum Programs Coordinator |
| Lisa Dorn, Associate Professor, UWO Biology Department | Juliette Sterkens, Advocate for the Hearing Loss Association of America |
| Paul Van Auken, Ph.D., Chair, UWO Sociology Department | Adam Brandt and Jessica Miller, Mosquito Hill Nature Center |
| Monika Hohbein-Deegen, Ph.D., UWO Professor of German | Bill Wyman, Executive Director, Oshkosh Area Community Foundation |
| Heike Alberts, Ph. D., UWO Associate Professor of Geography | Stephanie Carlin, Oshkosh Seniors Center |
| Dr. Christine Roth, Professor, UWO English Department | Tami McLaughlin, Director of World Relief Fox Valley |
| Susan H. McFadden, Ph.D., Professor Emerita Psychology, UW Oshkosh | Julie Davids, Owner, Home Care Assistance |
| Bill Urbrock, Emeritus Professor, UW Oshkosh | C. Peter Knigge, Dairy Farmer |
| Tom Herzing, Emeritus Professor, UW Oshkosh | Damon Reabe, President of Dairyland Aviation and Reabe Spraying Service |
| George Larson |