CONTINUING EDUCATION and PROFESSIONAL DEVELOPMENT

PERSONAL ENRICHMENT

CUSTOMIZED TRAINING

LEARNING SOLUTIONS for YOUR ORGANIZATION

EDUCATIONAL TRAVEL

New York Theater Tour
Alpine Countries
Morocco
Greek Islands
Boundary Waters

COURSE OPTIONS – SPRING 2023

LET TODAY BE THE START OF SOMETHING NEW!

CE.UWOSH.EDU
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REGISTER TODAY FOR SPRING 2023

2 EASY OPTIONS

1. Register online at: ce.uwosh.edu

2. Use the Registration Form at the back of this booklet.

NEVER STOP LEARNING BECAUSE LIFE NEVER STOPS TEACHING.

- Kirill Korshikov

Like us on Facebook @ UWOCWContinuingEducation
As an educational presence in the Oshkosh, Fox Cities, and Fond du Lac locations, UW Oshkosh is recognized as a four-year, bachelor and graduate - degree granting institution. Yet most people don’t realize that UW Oshkosh offers educational and cultural opportunities that extend beyond the typical classroom. These opportunities present themselves in the form of non-degree career preparation, customized training, personal development, educational travel, youth programming, and collaborative events that provide cultural enrichment. Through UW Oshkosh’s Office of Continuing Education, the University is able to offer our communities unique, practical, and thoughtful programming that falls under the heading of “continuing education.”

What is “continuing education?”
For most people, continuing education is typically associated with adults looking to complete a bachelor’s or master’s degree. However, in the context of the University System, we define continuing education in broad terms since the University believes that education can happen in uncommon settings and through a variety of different activities. With a wealth of education and expertise, our on-campus and continuing education faculty and staff are well prepared to bring quality education to the Oshkosh, Fox Cities and Fond du Lac communities in various ways whether it be through a personal enrichment or professional development course, educational travel, or customized training.

This year, try a new course or travel with us to places you’ve never seen! Let today be the start of something new!

Suzanne Lawrence, Director of Continuing Education for the UWO Campuses of Oshkosh, Fox Cities, and Fond du Lac
lawrences@uwosh.edu
920-929-1153

SOLUTIONS THAT WORK FOR YOU!
Improve the performance, productivity, and profitability of your organization with education that is suited for you. Identify your specific needs – we’ll help you find the right course, workshop or seminar to meet your goals. Select from existing courses or let us create one for you. Customized or credit courses can stand alone or lead to a certificate or UW degree.

For more information about customized classes for your work site, contact us at 920-929-1153.

FREE CLASSES
You will notice throughout this catalog that some classes are offered for FREE and labeled with the green “FREE” symbol. These classes fill unique needs in our community. As our gift to you, try a course on us and experience the value of life-long learning! We are able to offer these designated courses for free due to the generosity of our Continuing Education faculty who donate their time and expertise for the benefit of the communities we serve!
Spring 2023 | 5

Online Advanced Career Training

Freight Broker / Agent Training
Acquire the skills needed in this fast-growing industry. Learn detailed information about the freight broker sector of the transportation industry and about the brokerage process from start to finish.

Certified Electronic Health Records Specialist
Learn how to implement and utilize electronic health records and become a Certified Electronic Health Records Specialist with 60 hours of medical terminology training to give you a competitive edge in the healthcare field.

Certified Medical Administrative Assistant with Medical Billing and Coding
This course will teach you how Administrative Medical Assistants are versatile and valuable members of the healthcare team who handle a broad range of duties. You will also be prepared for the Certified Medical Administrative Assistant (CMAA) certification exam offered by the National Healthcareer Association (NHA).

Cisco CCNA Certification Training
With a CCNA Security certification, a network professional demonstrates the skills required to develop a security infrastructure, recognize threats and vulnerabilities to networks, and mitigate security threats.

CompTIA A+, Network+, and Security+
This program provides a comprehensive foundation for IT professionals, incorporating CompTIA™ A+, CompTIA™ Network+, and CompTIA™ Security+ specific training, and prepares you for the corresponding industry exams that are desirable for IT professionals.

ICD-10 Medical Coding
Prepare for the future of medical coding by mastering the steps for using the ICD-10-CM and ICD-10-PCS to code medical diagnoses and procedures.

Pharmacy Technician
Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.

Purchasing and Supply Chain Management
Develop essential managerial skills, and learn how to effectively manage all aspects of the purchasing process, including procurement, distribution, supply chain management, and more.

To enroll or learn more, visit or call us at:
(920) 832-2636
uwfox.trainonline.cc
LEARNING IN RETIREMENT

Are you looking for something to keep yourself sharp, active, and involved? Learning in Retirement (LIR) is a self-directed, membership-based association of people 50+, offering learning opportunities to its members.

Your LIR Membership fee includes:

• Attendance at unlimited programs
• Learning sessions led by experts
• Member-led interest groups
• Tours of local business and industry
• Theater and Music Performances

Try it for the spring semester for only $50! LIR - all the fun of learning without homework, tests or grades.

For more information and to register, visit: uwosh.edu/lir
(920) 424-0876 or lir@uwosh.edu

EDUCATION IS THE MOST POWERFUL WEAPON WHICH YOU CAN USE TO CHANGE THE WORLD.
- Nelson Mandela
GRANDPARENTS UNIVERSITY®

Make memories at UW Oshkosh July 13-14, 2023 with hands-on learning and fun! Grandparents University® brings grandparents and their grandchildren (ages 8-12) together for two fun-filled days of education and exploration. Spend the night in UWO’s beautiful Horizon Village. Eat meals together at Blackhawk Commons. Pick a major and enjoy learning together while experiencing campus life. Enjoy a Titan-inspired graduation.

Learn more and register at: uwo.sh/gu conted@uwosh.edu

ENJOY A TITAN-INSPIRED GRADUATION!

SCIENCE MAJOR

ART MAJOR

ANIMALS MAJOR

TECH TITANS
NEW YORK THEATER TOUR MAY 24 - 28, 2023

In five adventure-filled days, you and a group of like-minded travelers will experience three outstanding Broadway performances. You'll be able to explore many of the city’s most popular attractions such as: Statue of Liberty, Ellis Island, Empire State Building, Brooklyn Bridge, Central Park, 9/11 Memorial and Museum, High Line, Times Square, Grand Central Terminal, Wall Street, historic neighborhoods, and numerous world famous museums.

The price for the trip includes the following items:

- Three plays
- Four nights at a conveniently located hotel in the Theater District
- Group tours of some of New York’s many “must see” attractions
- Optional excursions with your trip leader at an additional charge

Fees: $2,450 (based on double occupancy). This is subject to change based on airfare and other increases to hotel, etc. for 2022. Add $650 for single occupancy.

Group Leader:
Susan Rabideau, Fox Cities Campus Theater Director

BOUNDARY WATERS CANOE EXPEDITION - JULY 25-30, 2023

The Boundary Waters in northern Minnesota is the largest wilderness area east of the Rocky Mountains and north of the Florida Everglades. The more than 1 million acres contains over 1200 miles of canoe routes and over 2000 individual campsites. Challenge yourself physically and unplug yourself mentally as you spend 6 days paddling this pristine wilderness with 2 guides who combined have completed more than 20 trips in this natural wonderland. Price includes transportation from Menasha, all food in the wilderness, and all necessary equipment. Personal gear excluded.

Fee: $800

Primary Group Leader: Bruce Peters

TO RESERVE YOUR SEAT TODAY, contact Suzanne Lawrence at 920-929-1153 or email lawrences@uwosh.edu.
EXPLORING THE ALPINE COUNTRIES
SEPTEMBER 7-18, 2023
Austria – Germany – Switzerland

Discover storybook castles and opulent palaces amidst stunning Alpine vistas as you explore Austria, Germany, and Switzerland. Visit Schönbrunn Palace in Vienna. Take a cruise along the legendary Danube. Stroll the quaint streets of Salzburg, the "City of Music." Spend a night in the heart of the Black Forest. Visit Augsburg, renowned for its ancient architecture. Witness the beauty of Linderhof Palace and its perfect decorated gardens. Enjoy a scenic train ride aboard the Matterhorn Gotthard Bahn. Spend two nights in Zermatt, an Alpine village at the foot of the Matterhorn. From Vienna and the Black Forest to the Swiss Alps and Lucerne, explore the heart of Europe.

For additional information, call Suzanne Lawrence, Director, at 920-929-1153 or email: lawrences@uwosh.edu

ALPINE COUNTRIES 2023
Call Today! 920-929-1153
GREECE ISLAND HOPPER
MAY 17 - 27, 2024

Optional 3-Night Istanbul Post Tour Extension

In Greece, discover a place where age-old legends and monuments intertwine with warm sunshine and island-style living. Tour Athens with a local guide. Explore the Acropolis, home to the famous Parthenon and the city’s best lookout. Enjoy three days at leisure on the island of Mykonos, an Aegean paradise of sandy beaches and bustling energy. Uncover the past at the excavation site of Akrotiri. From the ruins of Athens to the bright rooftops of Mykonos and Santorini – embrace the country at its best. To reserve your seat today, contact Suzanne Lawrence at 920-929-1153 or email: lawrences@uwosh.edu

GREECE 2024
Call Today! 920-929-1153
COLORS OF MOROCCO  
FEB 8 - 22, 2024

Get to know the vibrant culture and colorful backdrops that are distinctively Morocco. Explore Fes, one of the holiest cities in the world, on a walking tour in the Medina, where donkeys and mules laden with goods still walk the ancient market. Make your way to your desert camp by 4x4 jeep and spend a full day exploring the Sahara Desert. Travel the rugged “Road of a Thousand Kasbahs” to the UNESCO World Heritage site of Kasbah Ait-Ben-Haddou. In Marrakech, get a true taste of Moroccan hospitality during an interactive cooking class at a women’s cooperative. Experience Morocco’s deep history, unique atmosphere and welcoming people on an unforgettable journey.

To reserve your seat today, contact Suzanne Lawrence at 920-929-1153 or email: lawrences@uwosh.edu
MILWAUKEE BEER BARONS HISTORY TOUR

Tour the Milwaukee County Historical Society a.k.a. “Brewer’s Bank.” Enjoy lunch in a historic restaurant featuring original woodwork, tile arches, leaded/stained glass, and carved bar. Visit a Polish Bar that houses the oldest sanctioned tenpin bowling alley in the U. S. set by human pinsetters. End with a docent tour of the final resting place of many of the city’s beer barons, politicians, and social elite and view their elaborate headstones and crypts.

Date: Thu, Jun 8
Time: 7:30am-6pm
Cost: $139; $5 discount for UWO Alumni and UWO LIR Members.
Pick-ups/drop-offs in Menasha, Oshkosh, and Fond du Lac

MILWAUKEE’S FRIDAY FISH FRY TOUR

Start with a tour of one of Milwaukee’s beautiful Catholic Churches. Sample two of Milwaukee’s favorite half-sized fish fries along with all the sides and fixings. Between fish fries, tour a brewery and sample beer/soda. Conclude the day with Milwaukee’s famous frozen custard!

Dates: Fri, Mar 31
Time: 7:30am-5:45pm
Cost: $134; $5 discount for UWO Alumni and UWO LIR Members.
Pick-ups/drop-offs in Menasha, Oshkosh, and Fond du Lac

IF SOMETHING GOOD HAPPENS,
TRAVEL TO CELEBRATE
IF SOMETHING BAD HAPPENS,
TRAVEL TO FORGET
IF NOTHING HAPPENS,
TRAVEL TO MAKE SOMETHING HAPPEN

- Alex Whirley
UW OSHKOSH ONLINE
BACHELOR’S DEGREES AND PROFESSIONAL CERTIFICATES

100% ONLINE. NO ENTRANCE EXAMS.

UNDERGRADUATE
• AVIATION MANAGEMENT
• FIRE AND EMERGENCY RESPONSE MANAGEMENT
• LEADERSHIP AND ORGANIZATIONAL STUDIES
• LIBERAL STUDIES

CERTIFICATES
• AVIATION MANAGEMENT
• EMERGENCY MANAGEMENT
• FIRE SERVICE MANAGEMENT
• LEADERSHIP AND ORGANIZATIONAL STUDIES
• LEADERSHIP DEVELOPMENT
• ORGANIZATIONAL ADMINISTRATION

UWO.SH/ONLINE • OCE@UWO.SH.EDU • (920) 424-0234
OSHKOSH, FOND DU LAC AND FOX CITIES CAMPUSES
SPRING 2023 | 13
GENEALOGY - FIND YOUR FAMILY ROOTS
Are you interested in your family history? Learn where to begin looking for information, how to manage it, and genealogy etiquette. Join us for this informative and interesting journey.
Dates: Wed, Feb 1, 8, 15, 22; Mar 1
Time: 6pm-8pm
Location: UWO Fox Cities Campus
Cost: $49
Instructor: Rose Marie Lewis

BEGINNING GUITAR
Have you always wanted to play the guitar but weren’t sure where to start? Learn basic chords and develop the ability to change chord shapes so you can play some of your favorite songs. Students will be required to have their own guitar, picks, and tuner.
Dates: Mon, Feb 6, 13, 20, 27 and Mar 6, 13, and 20
Time: 5pm-6:30pm
Location: UWO Fox Cities Campus
Cost: $159 includes written course material
Instructor: Chad Ellis, Appleton Music Academy

INTERMEDIATE GUITAR
Do you know basic chords, but want to advance your skills so you can really rock out? Learn to play more complex songs in this next level course. Students will be required to have their own guitar, picks, and tuner. Completion of beginner guitar is recommended prior to taking this class.
Dates: Mon, Feb 6, 13, 20, 27 and Mar 6, 13, and 20
Time: 6:30pm-8pm
Location: UWO Fox Cities Campus
Cost: $159 includes written course material
Instructor: Chad Ellis, Appleton Music Academy

LEARN TO KNIT
Create something cozy as you learn how to begin a project, read a pattern, knit, purl, and a handful of other skills. During class, you will work on a simple neck warmer and receive guidance for starting your next piece.
Dates: Thu, Feb 9, 16, and 23
Time: 6pm-8pm
Location: UWO Fox Cities Campus
Cost: $59
Instructor: Hope Vickman

CERAMICS – MAKE AND TAKE MUGS
Start with a piece of clay and create your own mugs to sip your morning coffee from. In this class, you will learn the hand building technique of slab construction, surface decoration, and glazing. You will walk away with a set of mugs, completely designed by you.
Dates: Tue, Feb 21, 28 and Mar 14
Time: 5:30pm-8:30pm
Location: UWO Fox Cities Campus
Cost: $45
Instructor: Jaime Mcguan, Master Potter
DON’T BE FOOLIED BY YOUR SMART PHONE - FREE CLASS!
Learn how to manipulate all those tiny buttons (apps) and make your smartphone your greatest helper. Topics include understanding option menus, configuring security settings, setting up email, managing contacts, texting, sending images, editing photos and videos, and more! **Class is free but registration is required.**
There will be two four-week classes, one for iPhone users and one for Android users.
**iPhone Dates:** Thu, Feb 23; Mar 2, 9, and 16
**Android Dates:** Thu, Apr 6, 13, 20, 27
**Time:** 4pm-6pm
**Location:** UWO Fox Cities Campus
**Cost:** FREE
**Instructor:** Ahilan Sivasamy

UKRAINIAN EASTER EGG DECORATING
Learn about Ukrainian Easter traditions and the history behind this beautiful art form, called pysanky, while creating your own masterpiece to take home. After 3 hours, you will have a work of art that can last centuries, and the tools needed to make more.
**Choose a Session:**
- Tue, Mar 28; 5:30 – 8:30 pm
- Thu, Mar 30; 5:30 – 8:30 pm
**Location:** UWO Fox Cities Campus
**Cost:** $42
**Instructor:** Sandy Dixon

PAINTING PARTY
Take a blank canvas/framed glass and create a polished piece in one session. Paint your own masterpiece one step at a time with Ona by Design. No experience or artistic ability is required – anyone can do it! Bring a friend and make it an event. Cost includes supplies and instruction. Classes take 2-3 hours.
**Location:** Ona’s Home Studio in Neenah

**Stained-Glass Painting:** 8 x 10 glass picture frame with chain. Choose from several designs to create this faux stained-glass painting.
**Date:** Wed, Mar 2; 6pm
**Cost:** $30

**American Flag:** 16 x 20 Canvas
**Date:** Wed, Apr 26, 6pm
**Cost:** $35

ZOOM FOR BEGINNERS - FREE CLASS!
Learn to use Zoom to connect with family and friends. Time to experiment with this fun tool is built into the class as well. **Class is free but registration is required.**
**Date:** Thu, Mar 30
**Time:** 4pm-6pm
**Location:** UWO Fox Cities Campus
**Cost:** FREE
**Instructor:** Ahilan Sivasamy, UWO Instructor of Computer Science
**TREE AND SHRUB PRUNING CLINIC**

Enjoy a presentation on proper tree and shrub pruning techniques followed by an optional hands-on pruning lab. You will be able to test your new pruning skills on the campus trees and shrubs before trying them out at home.

**Date:** Sat, April 15  
**Time:** 8:30am-11:30am  
**Location:** UWO Fond du Lac Campus  
**OR**  
**Date:** Sat, April 22  
**Time:** 8:30 – 11:30am  
**Location:** UWO Fox Cities Campus  
**Cost:** $20  
**Instructor:** Eamonn Lenaghan, Certified Arborist

**COLORFUL COASTERS**

Use alcohol inks to create brilliant abstract art pieces that double as coasters! Learn the unique interaction of these vibrant inks and their expressive color properties.

**Dates:** Thu, Apr 13  
**Time:** 6pm-8pm  
**Location:** UWO Fox Cities Campus  
**Cost:** $29  
**Instructor:** Melissa Hartzheim, The Hartzy Haven

**SELF-DEFENSE/SITUATIONAL AWARENESS CLASS**

Learn self-awareness and a variety of hand, knee, and elbow strike techniques, pressure points, and methods for escaping if unexpectedly grabbed. Receive general safety tips. The instructor is a UWO Police Officer and a martial arts instructor. This class is being offered twice.

**Dates:** Thu, Apr 13 **OR** Thu, Aug 3  
**Time:** 4pm-6pm  
**Location:** UWO Campus  
**Cost:** $25

**COMMUNITY GARDEN PLOTS**

Garden plots are available at the UWO Fox Campus. They vary in size, averaging about 20’X20’ per plot. Please note that as a plot owner, occasionally assisting with group gardening maintenance is expected.

**Location:** UWO Fox Cities Campus  
**Cost:** $20/plot

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“DON’T BE AFRAID. CHANGE IS SUCH A BEAUTIFUL THING,” SAID THE BUTTERFLY. - Sabrina Newby

**REGISTER ONLINE AT CE.UWOSH.EDU**
FIT AT FOX SPRING 2022

Ready to get back into exercising and a healthier lifestyle but not sure where to start? Get personal attention from a qualified instructor to help you develop and maintain functional strength, balance, and flexibility. You will be using different weight equipment and cardio machines under the instructor’s guidance. Geared toward mature adults, but open to all age levels. Classes start the week of January 2 and run through the week of April 14 (15 weeks).

Choose a Session:
- Mon/Wed 5:15-6:00pm
- Tues/Thu 8:30-9:15am

Location: UWO Fox Cities Campus
Cost: $159
Instructor: Thain Jones, UWO Fitness Instructor

FIT AT FOX PUNCH CARD – 10 PUNCHES

Not sure about a 15-week fitness class commitment? Get a punch card! You can attend any of the class sessions that fit your schedule, with a limit of 10 class sessions.
Cost: $75

INTRO TO REIKI

Reiki is becoming increasingly mainstream and is utilized in hospitals and wellness centers around the world. Join us to discuss a brief synopsis of Reiki and have your questions surrounding this energetic healing modality answered.

Date: Tue, Feb 21
Time: 6pm-7pm
Location: UWO Fox Cities Campus
Cost: $20
Instructor: Cynthia Graham, LCMT, RM, CNMT and Reiki Master

UNDERSTANDING CHAKRA ENERGIES

Our energy centers (chakras), affect all we experience, including love, happiness, peace, and abundance. In this class, we will learn about the first 7 chakras, how they affect us, what they govern, how to detect blockages, and how to open and balance the energy channels.

Date: Tue, Feb 28
Time: 6pm-8pm
Location: UWO Fox Cities Campus
Cost: $30
Instructor: Cynthia Graham, LCMT, RM, CNMT and Reiki Master

REIKI I

Reiki improves personal healing, relaxation, stress relief, depression, high blood pressure and more. This class uses basic techniques to perform hands-on healing with Usui Reiki discipline. Students will receive a self-healing session and be certified as a Reiki level one practitioner.

Dates: Tues, Mar 7 and 14
Time: 6pm-9pm
Location: UWO Fox Cities Campus
Cost: $150
Instructor: Cynthia Graham, LCMT, RM, CNMT and Reiki Master
STUDY OF THE GIFTS OF IMPERFECTION

You are invited to an intensive, but rewarding study of *The Gifts of Imperfection*, based on the work and research of Brenë Brown. *The Gifts of Imperfection* is a curriculum that focuses on letting go of the habits and emotional protections we have put into our life so that we can show up as our most authentic selves and live wholeheartedly.

**Dates & Times:**

Fri, Mar 3, 5pm–8pm  
Sat, Mar 4, 9am–4:30 pm;  
Sun, Mar 5, 9am–3pm (optional)

**Location:** UW Oshkosh Campus  

**Cost:** $149

**Receive:** Instruction by a mental health therapist who is trained and certified as a Daring Way Facilitator, in the work of Brenë Brown; Workbook for *The Gifts of Imperfection* by Brenë Brown; Box lunch supper on Friday; Lunch, snacks, and beverages on Saturday & Sunday.

Visit [uwo.sh/womenswellness](http://uwo.sh/womenswellness) for more details.

**Instructor:** Jennifer Olkowski, Therapist and Owner, Jenuine Courage. Jennifer is a mental health therapist with over 20 years of experience helping clients move through their crisis and challenges and life adjustments. She trained and became certified as a Daring Way Facilitator, in the work of Brene Brown, in 2017. She is also specially trained in exposure and response prevention, a highly evidenced based treatment for OCD and anxiety disorders. Her current passion is working towards her certification as an Emotion Focused Therapist, which she is bringing to individuals, couples and families.
FINANCIAL PLANNING

RETIREMENT PLANNING FUNDAMENTALS
Whether you are nearing retirement, already retired, or beginning to develop a retirement plan, you can benefit from a wealth of real-world information and strategies for retirement success. These strategies can help you make the appropriate choices when confronted by investment alternatives, insurance coverage, increasing health care costs, tax reduction methods, and proper disposition of your estate at death.

Dates: Wed, Jan 25, Feb 1, 8
Time: 6pm-8:30pm
Location: Online
Cost: $99 per individual or couple if registered by Jan. 11; $119 per individual or couple after Jan. 11
uwo.sh/retirementplanning

FOUNDATIONS OF INVESTING
Learn about the importance of developing an investment strategy, the impact of asset allocation, and the influence of inflation on your long-term goals. Gain information about mutual funds, investing in stocks, and the outlook for the future.

Dates: Thu, Feb 9, 16, 23; Mar 2
Time: 6pm-7pm
Location: Online
Cost: $29
Instructor: Kyle Lukowitz

LET’S TALK MONEY!
Maximize Social Security withdrawals, analyze the 4% rule and gauge whether your money will last through retirement. Analyze the pros and cons of annuities and learn how to fund long term care and how to navigate Medicare. Learn the best way to rollover your retirement account to enhance returns.

Dates: Wed, Mar 1, 8, 15; 6pm-7:30pm
Location: UWO Fox Cities or online
Cost: $29
Instructor: Winch Financial

TIME MATTERS: A WOMEN’S RETIREMENT OUTLOOK
Explore the financial concerns facing women who are getting ready for or have recently transitioned to retirement. Discuss income strategies and address how to prepare for the unexpected, including market and inflation risks, and the rising costs of health care.

Dates: Thu, Mar 9, 16, 23, and 30
Time: 6pm-7pm
Location: Online
Cost: $29
Instructor: Kyle Lukowitz

WILLS AND TRUSTS
Are you prepared to provide for your loved ones at death? We’ll focus on types of estate plans and the advantages and disadvantages of each. You’ll learn ways to avoid probate, understand irrevocable and revocable trusts, why you want to appoint a Power of Attorney, and how to set up charitable remainder trusts.

Dates: Wed, Apr 19, 26; 6pm-7:30pm
Location: UWO Fox Cities or online
Cost: $29
Instructor: Winch Financial

REGISTER ONLINE AT CE.UWOSH.EDU
UW OSHKOSH ONLINE
DEGREE AND CERTIFICATE PROGRAMS

100% ONLINE. NO ENTRANCE EXAMS.
TESTPREP

ACT PREP COURSE
This program provides 12 hours of instruction in the four academic areas of the ACT exam (Reading, English, Math, and Science). Participants will receive an orientation to the ACT and the opportunity to take two official retired ACT tests, as well as additional quizzes. The instructors will teach test-taking strategies for each of the components and for the entire test, and students will practice with printed materials where test-taking tips can be applied and reinforced.

Dates: Saturdays, Jan 7 - Feb 11
Time: 9am-12pm
Location: UW Oshkosh Campus
Also available online – start anytime!
Cost: $230
uwo.sh/actprep

ONLINE GMAT TEST PREP COURSE
Receive 24 hours of expert classroom instruction on the Quantitative, Verbal, Integrated Reasoning, and Analytical Writing sections of the GMAT. This comprehensive course includes a review of the mathematical and verbal concepts tested on the GMAT and prepares you for the questions typically seen on this test. You will also strengthen the critical thinking skills tested in both the Integrated Reasoning and Analytical Writing sections. This session is good for individuals preparing for admission into graduate programs in any business school or college, including current university juniors and seniors as well as people who have been in the business world and are considering returning to the university for any graduate business program. Variety of start dates – visit our website for details
Cost: $749
uwo.sh/gmat-prep

REGISTERED ENVIRONMENTAL HEALTH SPECIALIST/SANITARIAN EXAM ONLINE PREP COURSE
Prepare for the Registered Environmental Health Specialist/Registered Sanitarian (REHS/RS) exam with this eight-week, 16-hour, online prep course. Broken down by exam topic areas, this preparation course will give you the resources you need to pass the exam. Study the various topics you need to know and gain the depth of knowledge you’ll need to be successful. Make the most of your study time by targeting your efforts on relevant information. This program is for individuals who are interested in obtaining their REHS/RS credential. The course includes: a comprehensive study guide; opportunities to study with peers; sample exam questions; overview of the application process
Dates: March 27 - May 19
Cost: $350-490, discounts available for active and retired military
uwo.sh/sanitarian

ONLINE GRE TEST PREP COURSE
The UW Oshkosh GRE Prep Class is ideal for those seeking to begin an advanced degree from a wide range of fields. Our GRE preparation curriculum is a program developed by a test-preparation experts. You’ll receive 24 hours of targeted instruction to help you fully prepare for the GRE. In addition, the GRE Prep Class course materials include GRE practice tests, so you can practice the skills and strategies you are learning in class on real test questions. You’ll master strategies to improve your GRE score with the help of experienced GRE instructors who care about your success.

Variety of start dates – visit our website for details
Cost: $749
uwo.sh/gre-prep

YOUR LIFE DOES NOT GET BETTER BY CHANCE. IT GETS BETTER BY CHANGE.
Calming the Anxious Brain
For educators and youth workers: Learn about the four youth personalities that professionals struggle with in the classroom and beyond. Become confident in utilizing healthy and wholistic strategies to calm youth with trauma and determine common triggers for youth and professionals.

Dates: Mon, Feb 6, and Feb 20
Time: 5:30pm-7:30pm
Location: UWO Fox Cities Campus
Cost: $39
Instructor: Tammy J. Ladwig, PhD.
UWO Professor of Teaching & Learning and Women and Gender Studies

Adolescent Health Symposium
Join a diverse community of lifelong learners and return to your organization with new and exciting strategies for working with youth! Each year, we bring together experts in the field and discuss a variety of trending topics in the areas of health education and adolescent wellness. This year’s topics include:
• Track 1: Risk Factors
• Track 2: Health Promotion and Protective Factors
• Track 3: Emerging Heath Issues

This professional development opportunity is perfect for educators, health providers, social service workers, parents and more. University Credit is available and up to 0.9 CEUs can be awarded for full participation in the Symposium. Visit uwo.sh/ahs for complete workshop descriptions.

Date: Feb 16-17, 2023
Location: Virtual via Zoom
Cost: $174 early bird for an individual, group and student rates available

Helping Struggling Readers: The Science of Reading & Dyslexia
Scientific research across multiple fields has shown consistent and converging evidence about why some students have trouble with reading, writing, and spelling. As a result of this research the term “Science of Reading” (SOR) has been coined.

SOR studies how our brains learn to read, write, and spell. This workshop will introduce participants to the SOR, dyslexia, and support systems for struggling readers.

Dates: Wed, Mar 22, 29 and Apr 5
Time: 5:15pm-6:30pm
Location: Online
Cost: $59
Instructor: Kelly Steinke, MA Ed., NBCT, UWO Instructor
YOUR FUTURE. YOUR WAY. ON YOUR TIME.

100% ONLINE NO ENTRANCE EXAMS

BACHELOR’S DEGREES
GRADUATE DEGREES
PROFESSIONAL CERTIFICATES

GRADUATE
• EDUCATIONAL LEADERSHIP AND POLICY

UNDERGRADUATE
• ASSOCIATE OF ARTS AND SCIENCES
• COMMUNICATION STUDIES
• CRIMINAL JUSTICE
• HUMAN SERVICES LEADERSHIP
• LEADERSHIP AND ORGANIZATIONAL DEVELOPMENT
• MEDICAL IMAGING [DEGREE COMPLETION]

CERTIFICATES
• CERTIFICATE IN FORENSIC INVESTIGATION
• PROFESSIONAL COMMUNICATION
• WEB DESIGN
100% ONLINE.
NO ENTRANCE EXAMS.

GRADUATE CERTIFICATES
• APPLIED BIOINFORMATICS
• DATA SCIENCE
• SUSTAINABILITY AND WELLBEING

UNDERGRADUATE
• ASSOCIATE OF ARTS AND SCIENCES
• APPLIED COMPUTING

GRADUATE
• APPLIED BIOTECHNOLOGY
• CYBERSECURITY
• DATA SCIENCE
• INFORMATION TECHNOLOGY MANAGEMENT
• SUSTAINABLE MANAGEMENT

UWO.SH/ONLINE • OCE@UWOSH.EDU • (920) 424-0234
PROFESSIONAL DEVELOPMENT

CYBERSECURITY AND DIGITAL RISK MANAGEMENT CERTIFICATE
The UW Oshkosh Cybersecurity and Digital Risk Management Certificate provides learners with foundational knowledge of Cybersecurity concepts, threats, and risk management practices to help support a more secure organizational environment. A general understanding of technology is recommended; however, the coursework is designed to be approachable for all levels of learners who want to gain a better understanding of the Cybersecurity landscape.

- **Duration:** Up to 16 weeks, divided into seven modules
- **Modality:** Online, self-paced with access to the instructor at any time, non-credit
- **Technology:** The course will be instructed using the Canvas platform, including readings, videos, discussions and quizzes.
- **Time:** Students should anticipate eight to 10 hours of coursework per module.
- **Materials:** All content is included in the course modules, no textbook is required. Login information will be provided approximately one week prior to the course start date.
- **Additional Information:** The seven modules must be completed in sequence. A certificate of completion will be issued upon the conclusion of Module 7.

**Dates:** Feb 1 – May 31, 2023  
**Cost:** Register before Feb. 1, 2023: $949 for the full certificate ($150 savings); Register on or after Feb. 1, 2023: $1099 for the full certificate  
https://uwo.sh/ce-cybersecurity

DIGITAL COMMUNICATIONS CERTIFICATE
Focus on creating meaningful virtual connections. Brush up on your verbal and non-verbal communications skills and receive tactics to be more effective. Learn about the technology available, how to use it and how to troubleshoot common problems. Get up to speed quickly so that you may communicate more effectively and increase your influence professionally & personally. This is a flexible, self-paced, online certificate.

**Cost:** $299

**About the Instructors:**
KRISTIN BOCK is a certified body language specialist and holds a Bachelor of Arts degree in Psychology. Kristin has worked in the non-profit world for 25+ years and throughout her various positions has become increasingly aware of the true power of body language.

MICHAEL PATTON is a Lecturer in the Information Systems department within the UWO College of Business. He earned his MBA and MSIS from UWO and his BA in Political Science from the University of Iowa. He has held leadership positions in Information Systems for organizations of varied size and industry for over 20 years.  

uwo.sh/digital-communications

**PARTICIPANT FEEDBACK:** “It was very helpful and has impacted how I interact with people over Zoom!”
DATA ANALYTICS BOOT CAMP

Students who complete the University of Wisconsin Data Analytics Boot Camp will develop concrete, in-demand data skills and will be ready to apply what they learn in the professional world!

- Complete projects using real data sets from the worlds of finance, healthcare, government, social welfare and more. Use your portfolio to demonstrate that you can use your data skills to solve real business problems.
- Study part-time through an innovative online format, combining engaging content to work through on your own schedule and interactive live classes with expert instructors.
- Benefit from a wide range of career services to position you for success as you work to advance in your current career or seek a new opportunity.
- Develop concrete, in-demand data skills. Graduate from the program ready to apply your knowledge in the professional world.

Dates:
Next Cohort: April 24 - Oct 19, 2023
uwo.sh/data-analytics-bootcamp

CODING BOOT CAMP

Gain key skills for a career in web development. The University of Wisconsin Coding Boot Camp is designed to prepare students with the knowledge needed to tap into today's digital economy. Through a hands-on, part-time schedule, you benefit from market-driven curriculum and dedicated support.

- Learn front- and back-end technologies through a full stack curriculum including HTML, CSS, JavaScript, database theory, Git and more.
- Gain in-depth knowledge from trained instructors with professional industry experience and receive additional support from tutors outside of class.
- Build a comprehensive portfolio of applicable projects to showcase your skills to future employers.
- Demonstrate your achievements with a Certificate of Completion from the University of Wisconsin.

Dates:
Next Cohort: Feb. 27-Aug. 17, 2023
Summer Cohort: May 22-Nov. 16, 2023
uwo.sh/coding-bootcamp
Data Analytics Boot Camp
Spring Cohort: Apr 24 - Oct 19

Coding Boot Camp
Spring Cohort: Feb 27 - Aug 17
Summer Cohort: May 22 - Nov 16

Visit bootcamp.wisconsin.edu/data/

24/7 On Demand Academic Support
to help you stay on track and succeed in the program

University-Backed Educational Materials
that are in line with local market demands so you can stand out to employers

Exclusive Access to 260+ Employer Partners
through the Career Engagement Network

“It was a great, informative, and well-paced program that helped me master everything from the basics of coding to the complex intricacies of databases, servers and development patterns.”
- CARLOS C., TRILOGY-POWERED BOOT CAMP LEARNER
**INSTRUCTOR-LED ONLINE COURSES**

**A to Z Grant Writing**
Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns and prepare proposals.

**Accounting Fundamentals**
Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

**Discover Sign Language**
It’s truly amazing how much you can communicate just by using your hands. Add in different facial expressions, and you have a full conversation! In this course, you will discover how to use this graceful, expressive language to communicate.

**Introduction to SQL**
Gain a solid working knowledge of the most powerful and widely used database programming language. This course will provide you the skills to write SQL queries to create tables, retrieve data from single or multiple tables, manipulate data in a database, and gather statistics from data stored in a database.

**Project Management Fundamentals**
Master the essentials of project management with an experienced Project Management Professional as your guide. This course provides the concepts you need to plan, implement, control and close any type of project.

**Real Estate Investing**
Discover how to make money in real estate, even if you have little to start with. This course includes specially designed worksheets and hands-on activities to take the guesswork out of your investing in the real estate market.

**Start Your Own Small Business**
Learn how to transform your passion and talent into a viable small business. This course will teach you about financing, marketing techniques, employee management, policy writing, and time management - everything you need to know to start your very own small business.

**Speed Spanish**
Imagine yourself speaking, reading and writing Spanish. In no time, you will be able to hold conversations. This course is designed for anyone who wants to learn Spanish pronto.

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To enroll or learn more, visit or call us at:

(920) 832-2636
uwfox.course.online
FOR SOCIAL WORKERS, PROFESSIONAL COUNSELORS, AND MARRIAGE AND FAMILY THERAPISTS:

ETHICS AND BOUNDARIES IN TRAUMA WORK: UNIQUE CHALLENGES AND OPPORTUNITIES
Social workers and other mental health professionals are on the front lines of addressing the multitude of social ills that result from trauma exposure. This workshop examines the unique ethical questions raised by our work with trauma survivors. Participants will explore the adequacy of current definitions of trauma and ways our profession can address traumatizing effects of toxic stressors such as racism, poverty and other forms of oppression.
CEH/CEUs: 4.5 CEHs/0.4 CEUs
Date: Fri, Jan 27; 9am-1pm
Location: Virtual via Zoom
Cost: $99, discounts available for current UWO students
Instructor: Debra Minsky-Kelly, LCSW

DO YOU SEE WHAT I SEE? SEEING CLIENTS IN NEED THROUGH A TRAUMA LENS
We invite you to join us for an interesting and interactive workshop on trauma informed care. In this workshop, we will explore the wide-ranging impact trauma has on children and adults. We will use a neurodevelopmental and attachment-based approach in our presentation. We will also cover strategies to use in your practice. The following self-paced, short courses are being offered virtually. Visit our website for full descriptions. Sign up anytime!

- Approaches to Difficult Situations
- Harm Reduction
- Helper as a Person
- Multiculturalism
- Reducing Stress Through Self Care
- Service Planning
- Stages of Change
- Therapeutic Communication
CEH/CEUs: 4.5 CEHs/0.4 CEUs
Date: Fri, Feb 24; 9am-1pm
Location: James P. Coughlin Center, 625 E. County Rd. Y, Oshkosh, WI 54901
Cost: $99, discounts available for current UWO students
Instructor: Stacey Otto, OCSW, IMH-E® and Elizabeth Pupeter, MT-BC, WMTR
Visit uwo.sh/sw-workshop for more information and to register.

ETHICS AND BOUNDARIES IN A WORLD OF TECHNOLOGY
The management of ethics, boundaries, and confidentiality in a world of constantly emerging technology and social media is especially challenging for human service professionals. This workshop will address the technology challenges encountered during the provision of human services. Strategies will be discussed utilizing the recently updated NASW Technology Standards and current best practices from the literature.
CEH/CEUs: 4.5 CEHs/0.4 CEUs
Date: Fri, Feb 10; 9am-1pm
Location: James P. Coughlin Center, 625 E. County Rd. Y, Oshkosh, WI 54901
Cost: $99, discounts available for current UWO students
Instructor: Jeanne Wagner, MSW, LCSW, ACSW

SAVE THE DATE FOR THE NORTHEAST WISCONSIN SUICIDE PREVENTION SUMMIT: FOCUS ON RESILIENCY
This program is a collaboration with UW-Green Bay and the Center for Suicide Awareness. Visit our website for more information.
CEH/CEUs: 6 CEHs/0.6 CEUs
Dates: Thu, May 11; 8:30am-4:15pm
Location: Virtual via Zoom
Cost: $99 for professionals, $25 for students
REGISTER TODAY
FOR SPRING 2023
REGISTER ONLINE: CE.UWOSH.EDU

HOW TO REGISTER
Payment is due in full upon registration, except for travel options.
MAIL: Complete the registration form on the last page and mail with payment.
ONLINE: CE.UWOSH.EDU
You can register online and pay with check or credit card (Visa, MasterCard, or Discover)
IN PERSON: Please call in advance to determine if the Office of Continuing Education is open for in-person registration.
PHONE: Call 920-832-2636 and we will assist you with registration. NOTE: We do not take credit cards over the phone, but you are able to register yourself and use a credit card.
REFUNDS: Refunds will be made if the Continuing Education Office is contacted one full week prior to the start of the class. No refunds will be given after this date. This does not apply to travel opportunities where reservations need to be made in advance. UWO reserves the right to cancel a course due to low enrollments and full refunds will then be given. Some exclusions apply.
NOTE: Courses, dates and fees are subject to change.
COURSE CONFIRMATION: Registration confirmation is sent one week prior to class starting (via email). If you do not receive confirmation that your class is running, please contact us at UWO, Fox Cities at 920-832-2636 or 920-929-1153.

FAQs
HOW WILL I KNOW IF MY CLASS IS CANCELED DUE TO WEATHER?
If the campus is open, we will hold classes. In the event your class session is canceled, we will make every effort to contact participants with the contact information provided to us. If a participant elects to not attend due to weather, no credit or refund will be given.
I WON’T BE ABLE TO ATTEND. HOW DO I CANCEL MY ENROLLMENT?
• If you need to cancel your enrollment, contact the corresponding campus Continuing Education Department via phone. If you cancel one week or more ahead of the class start date, a refund will be issued to you, but SOME exceptions may apply depending on the course and specific campus refund policy. If less than one week notice is given, you will not be eligible to receive a refund.
• Educational Travel Policy: All travel deposits and payments are non-refundable due to mandatory deposits made on your behalf.
DO I NEED TO PURCHASE A TEXTBOOK OR ANY SUPPLIES FOR MY COURSE?
Textbook and supply information can be found on the Continuing Education registration website within the course description and will be sent via email with the class confirmation approximately one week prior to the start of your class. Students are responsible for making sure that they have all of the materials for the course prior to the start date. If texts are required, you will be notified in advance. Required texts can be purchased at a local book store or through an online venue.
# EXPRESS SIGN UP

REGISTER ONLINE CE.UWOSH.EDU
or complete and submit the form below

ALL information MUST be completed for your registration to be processed.

Mail completed form with payment for selected courses to the address below.

Please Print

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Please provide email address.
This will be our main method of communicating with you.

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FEES ARE DUE WITH REGISTRATION TOTAL FEES

REGISTRATION FEE ENCLOSED

Check No: ____________ Check Amount: ____________

Please make your check payable to UW Oshkosh OCE.

Mail completed registration form with check enclosed to:

UWO Fox Cities
Continuing Education
1478 Midway Rd.
Menasha, WI 54952
920-424-1129
uwosh.edu/conted

TO REGISTER AND PAY ONLINE by debit/credit, go to CE.UWOSH.EDU

How did you learn about UWO Continuing Education?

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Need another registration form? Feel free to make a copy!
Suzanne Lawrence, Director of Continuing Education | lawrences@uwosh.edu