



Learning in Retirement

Fall 2023



Join a community of Lifelong Learners **uwosh.edu/lir 920-424-0876**

Learning in Retirement 2022 - 2023 Steering Committee

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Curriculum

Lee Prellwitz



Membership / Promotion

Pat Mahoney

To reach an officer, please send an email to <u>lir@uwosh.edu</u> or call the office at 920-424-0876 and your message will be forwarded to the appropriate person.





From the President

Dear LIR Members.

The past year had "stabilization" as an unofficial theme, and LIR has succeeded. The content of the sessions was exceptional, as usual. The hybrid sessions have hit their stride as well. Expansion in the Fox Valley area was made, and coordination with other organizations in that area allowed content expansion to increase neurologic and mental health topics, introducing new resources to the membership.

The Curriculum Committee chair, Lee Prellwitz initiated an email reminder system for upcoming sessions, which also notified the enrolled members if the session had to be altered.



Just for fun, some sessions had door prizes associated with them to celebrate LIR's 25 years (actually within the 26th year).

But LIR always needs ongoing attention to the program for the long-term future.

The next need of LIR is reestablishing strong tour content both for educational and fiscal needs. This means more members participating in Curriculum Committee activities. Expansion of total membership also requires attention to expand at an increased pace. Progress has been made in these issues, but I would ask all members to reflect on what they can contribute to our long-term growth and stabilization.

Thank you for your contributions and participation, and we hope to see all of you in the coming semester.

Jim Krueger President

LIR's connection to the UW Oshkosh campus is through the Division of Online and Continuing Education (OCE).

OCE's offices are in Lincoln Hall on the Oshkosh campus. (Corner of Wisconsin Avenue and Algoma Boulevard).

Please call or email before coming to the office to ensure staff are available to serve you.

You may contact us through e-mail at lir@uwosh.edu or call at 920-424-0876.

Our Mailing Address is: OCE/LIR UW Oshkosh 800 Algoma Boulevard Oshkosh, WI 54901

Membership

Membership: Your LIR Membership fee of \$100 includes attendance at unlimited programs for one academic year July 1 – June 30. Membership year is July 1 thru June 30. You will receive a new catalog and membership renewal information in July each year.

New members may join at any time. You may register on-line and pay at www.uwosh.edu/lir. Click on "Become a Member or Renew Your Membership" or mail your completed membership form along with a check to the LIR office. Credit / Debit card payments may **only** be accepted electronically.

How to Register for Programs

Online: Register on-line day or night by going to: www.uwosh.edu/lir. Under "Curriculum Offerings" click on the "Register" button. You will be redirected to the online registration site. For assistance submitting your registration, please call the office 920-424-0876 or email at lir@uwosh.edu. For step-by-step instructions for registering on-line, find a link under "Become a Member" on the LIR website.

Mail: Complete the registration form and mail it to the LIR office. See page 2 for address.

General Information

Payment Procedures for Paid Programs: Please only register for paid programs that you plan to attend. It is preferred that you pay when you register. However, if you need to make payments, there are payment slips enclosed with the catalog. Please note the payment due dates. Your payment secures your spot in fee-based programs and tours.

Bring a Friend: You may bring a non-member to programs. For paid programs, you may add them to your order. For all other regular programs, please check with the office first to ensure there is space available.

Program Change Notifications: If there is a last-minute program schedule change or cancellation due to circumstances other than weather, an email will be sent to those registered. Make sure your email is up to date in the office.

Weather Cancellations: Check Green Bay TV Stations for notifications. If public schools are closed **in the city where the program is being held**, the program is cancelled. You may not receive any other notification. Cancellations may be made prior to the day of, on a case-by-case basis.



Reasons to stay engaged in Lifelong Learning:

- Improves self-confidence and other personal qualities.
- Strengthens your mental capabilities and overall well-being.
- Provides opportunities to meet new and like-minded people.
- Assists in developing new hobbies and interests; and
- Puts your well-developed skills to use after retirement.

Be a lifelong learner!

Special Interest Groups

1) Readers' Choice

Love books and reading? Group participants decide on the selection of books to read and discuss.

Dates: Wednesdays; September 6, October 4, November 1, December 6, and January 3, 2024

Time: 2:00 - 3:30 p.m. Coordinator: Lee Prellwitz

Note: This group meets virtually and is separate from the Evergreen resident's group.

2) Garden Group

Experts will present on a variety of gardening and landscape topics. Field trips to area nurseries and gardens are a favorite activity. Group participants decide on the programming and activities.

Dates: Fridays; September 8, October 6, November 3, December 1, and January 5, 2024

Time: 10:00 - 11:30 a.m. Coordinator: Debby Butch

Location: Coughlin Center and various other locations selected by group.

3) Life Story Writing Group

Reflect on your life and write autobiographical stories that focus on aspects of those memories. The focus of this group is to share your personal writing and offer feedback to one another. Some helpful writing resources will be supplied. Participants will receive monthly writing prompts or themes to use but are free to write on any topic.

Dates: Tuesdays; September 26, October 24, November 28, December 19, and January 23, 2024

Time: 10:00 - 11:30 a.m.

Coordinators: Helen Adams and Marsha Rossiter

Location: Evergreen **Maximum Participants:** 15

Courses and Tours

4) Tour of Tiny House Village

The Oshkosh Kid's Foundation's mission is to provide crisis intervention, affordable housing and other support to children and families. The Tiny House village is a \$4.5 million project to provide transitional housing to the homeless. The village is comprised of 32 housing units that can hold two-four people between 6 – 18 months. Learn about this ambitious project designed to address the needs of over 200 homeless Oshkosh children each year. We will tour one of the tiny homes.

Date: Thursday, September 7, 2023

Time: 1:30 – 3:00 p.m.

Presenter: Will Deppiesse, Oshkosh Kids Foundation Board President

Coordinator: Joel Kluessendorf

Location: Meet at the Community Center at 125 W. Packer Ave., Oshkosh. If you can, please

carpool as parking is limited. Overflow parking is available at Verve Credit Union.

Maximum Participants: 50

5) Food Is Medicine - Optimize Your Brain Health

Our brain's constant supply of fuel comes from the foods we eat. Emerging research from the fields of neuroscience and nutrition shows that by changing what you eat, you can improve your mental and emotional well-being. You can stabilize your moods. You can improve your focus. You can even make your brain grow. Join us to learn how food affects the structure and function of your brain.

Date: Tuesday, September 12, 2023 **Time:** *11:00 a.m. – 12:15 p.m.* note time

Presenter: LaReina Tipping, CAPSW, MSW, Brain Center of Green Bay

Coordinator: Jerry Lang

Location: Neenah Public Library

6) It's Easy Being Green

UWO has a long history of commitment to sustainability and environmental stewardship. This program will cover the University's commitment to sustainability in buildings and grounds, education, and student engagement initiatives - recycling, renewable energy, prairies, beehives, and much more. Come hear about all the great things UWO is doing to make the earth a better place!

Date: Wednesday, September 13, 2023

Time: 10:00 - 11:30 a.m. **Presenter:** Bradley Spanbauer **Coordinator:** Nathalie Moore

Location: Evergreen

7) Owls in Oshkosh

Professor Shors' presentation will focus on the owls she has seen in Oshkosh, mainly in her backyard. She will describe the nest box she creatively decorated with natural elements to draw the owls to use the nest box as a roosting location. She will describe the role that owls fulfill with their behavior, and what she has learned about owls by observing them.

Date: Thursday, September 14, 2023

Time: 10:00 – 11:30 a.m.

Presenter: Dr. Teri Shors - Professor of Biology & Microbiology - UW Oshkosh

Coordinator: Lee Prellwitz Location: Evergreen

8) A Panoply of Flutes

Historical flutist Linda Pereksta will present and talk about instruments from her collection, discussing the development of the flute through history, and performing examples of music from each flute's era.

Date: Friday, September 15, 2023

Time: 1:30 – 3:00 p.m.

Presenter: Dr. Linda Pereksta, Professor of Music – UW Oshkosh

Coordinator: Nathalie Moore

Location: Evergreen

9) J.J. Keller: Protecting People & Businesses They Run

Learn the history of JJ Keller and how they have evolved since their founding in 1953. They are recognized as the leader in safety and compliance for many industries in North America including transportation, health care, construction, and others. Attendees will also hear how JJ Keller is continuing to meet needs in a fast-changing world.

Date: Monday, September 18, 2023

Time: 10:00-11:30 am

Presenter: Susan Baranczyk, Head of Corporate Communications

Coordinator: Pat Lowney **Location:** Oak Park Place

10) A Day in Door County - TOUR

Join us for a day in Door County to see the highlights of the area. First stop is scenic Cave Point, then travel to Fish Creek for a little shopping time and enjoy a true Door County Fish Boil for lunch. After lunch we will drive through Peninsula State Park and stop at the Eagle Tower (which has an accessible ramp) and the Eagle Bluff Lighthouse. Last, we will stop at Wood Orchard Farm Market for some Door County favorites. A professional tour guide will be joining us in Door County to provide history. You may walk around at each of the stops or you may also choose to get out and view from one location.

Date: Tuesday, September 19, 2023

Time: 7:00 a.m. – 5:30 p.m.

Presenter: Chip Manthey, Door County Tour Guide

Location: Pick-up/Drop-offs available in Oshkosh, Evergreen, and Menasha

Cost: \$75 Member / \$80 Non-Member

11) Left/Right versus Top/Down

In the U. S., it is very common for political parties to argue that the media has a right or left bias. Dr. Palmeri shows how both sides are wrong. He will argue that a better way of looking at media is from a "top/bottom" perspective. He will provide a method for discovering bias and will urge support of media that are biased toward the "bottom." Supporting such media is critical for the survival of democracy.

Date: Thursday, September 21, 2023

Time: 1:30 - 3:00 p.m.

Presenter: Dr. Tony Palmeri

Coordinator: Nathalie Moore

Location: Evergreen

12) Tribal Leadership: How It Can Make Organizations More Effective

Lauren Busalacchi will discuss how she has implemented the Tribal Leadership culture model with the Ripon College Women's Basketball team, and how she utilizes Tribal Leadership as a technique in her coaching. She will explain the five steps of the Tribal Leadership model and how the practical application of those five steps has contributed to the team's five consecutive Midwest Conference championships.

Date: Friday, September 22, 2023

Time: 10:00 – 11:30 a.m.

Presenter: Lauren Busalacchi, Head Women's Basketball Coach, Ripon College

Coordinator: Lee Prellwitz

Location: Evergreen

13) Wisconsin Electrification Initiative (WIEV) Project

The presentation will provide an update on Wisconsin's participation in the National Electric Vehicle Infrastructure (NEVI) formula program.

Date: Monday, September 25, 2023

Time: 10:00 – 11:30 a.m.

Presenter: Kaleb Vander Wiele, WI DOT Electrification Project Manager

Coordinator: Joel Kluessendorf Location: Oshkosh Seniors Center

14) Life Lessons Learned From a Dog

There are many lessons we can all learn from our favorite four-legged creatures including friendship, work, and self-care. Join local author Carmen Leal as she shares about her journey from being a non-dog lover to an animal activist and how she discovered the value of unconditional love, the importance of living in the moment, and most importantly, not forgetting to enjoy the ride along the way.

Date: Tuesday, September 26, 2023

Time: 1:30 - 3:00 p.m.

Presenter: Carmen Leal, author **Coordinator:** Nathalie Moore

Location: Miravida – Chapel 225 N Eagle Street, Oshkosh

15) Mosquito Hill Tour: Urban Mammals: Sharing Our Space with the Wild Ones

Contrary to popular belief, wild animals are not restricted to forests and nature centers. Many of Wisconsin's mammal species thrive in urban settings thanks to an abundant food supply and ample shelter that we humans unwittingly provide for them. Naturalist Jessica Miller will introduce you to our most abundant urban mammals, explain why some are deemed a "nuisance" and discuss options for a peaceful coexistence with these critters in your own backyard.

Date: Wednesday, September 27, 2023

Time: 11:45 a.m. - 4:00 p.m. **Coordinator:** Pat Mahoney

Cost: \$30 Members / \$35 Non-Members; Maximum Participants: 45

16) Independence!

Come meet Stacey Ellingen, who has Cerebral Palsy. She is non-verbal and will speak to LIR through her iphone. She is in a power chair, which she operates with a single finger. She lives independently and will explain the technology she uses to make it happen. She is a network communications specialist who runs her own business. She holds press conferences, meets with state legislators, and hosts a self-determination show on the You Tube channel.

Date: Friday, September 29, 2023 **Time:** 10:30 a.m. – 12:00 p.m.

Presenter: Stacy Ellingen, Freelance Disability Advocate

Coordinator: Karen Kaempffe

Location: Evergreen

17) Personal Finance Tips

Come learn about Required Minimum Distributions, which are mandatory withdrawals from a qualified account for those that have reached age 73. There are ways to avoid taxes by contributing to a charity from your IRA.

Date: Monday, October 2, 2023 **Time:** 10:00 – 11:30 a.m.

Presenter: William Morrison, CFA, CFP®, CPA; UWO Senior Lecturer of Finance

Coordinator: Lee Prellwitz

Location: Oshkosh Seniors Center

18) How the Appleton Airport Works

This program will give us a history of the Appleton airport. The speaker will describe how routes in and out of Appleton are chosen and scheduled. He will also describe how the airport competes for the personal and business travelers with Green Bay, Milwaukee, and Chicago.

Date: Thursday, October 5, 2023 **Time:** 10:00 - 11:30 a.m. Presentation

Bus Pick-ups: 9:15 a.m. Rogan's Shoes / 9:25 a.m. Evergreen Retirement Community and

9:45 a.m. Butte Des Mort Country Club, 3600 W Prospect Ave, Appleton **Presenter:** Jesse Funk, Air Service & Business Development Manager

Coordinator: Pat Lowney

Location: Appleton Flight Center, N259 Ares Drive, Appleton, WI (not the Airport Main Terminal)

Cost: \$25 Members / \$30 Non-Members

19) Getting to Know iGen

The first generation to grow up never knowing a world without the internet and smart phones.

This presentation will look at the summary data gathered from the four largest surveys conducted on the generation now being called the iGen, or Internet Generation, and how they are different in many ways from all previous generations alive today and what this may mean for us culturally. The presentation will also examine how we connect with them as our grandchildren, great grandchildren, and, for some, even great-great grandchildren.

Date: Tuesday, October 10, 2023

Time: 10:00 – 11:30 a.m.

Presenter: Reverend Dr. Kevin P. Mundell – pastor at Our Saviour's UCC Ripon

Coordinator: Lee Prellwitz

Location: Oshkosh Seniors Center

20) Chef's Choice: Chasing Down Donny Osmond (and other tales from a life in news and politics)

Author Tim Lyke shares his experiences from a book he is writing describing the prominent people he has encountered during a career that took him first from the U.S. Senate floor to the White House (as a Congressional Page while a student at Ripon High School), and finally to his primary professional passion: newspapering.

Date: Thursday, October 12, 2023

Time: 12:15 - 2:30 pm, Lunch served at 12:15 pm, Presentation 1:15 - 2:30 pm **Presenter:** Tim Lyke – Publisher (Ret) of the Ripon Commonwealth Press

Coordinator: Lee Prellwitz **Location:** Evergreen

Cost: \$15

21) Former Representative Gordon Hintz

Former Representative Gordon Hintz reflects on 16 years of serving in the Wisconsin State Assembly, including more than four years as the Assembly Minority Leader. Also hear about his new position as Director of Wisconsin Laborers-Employers Cooperation and Education Trust.

Date: Friday, October 13, 2023

Time: 1:30 – 3:00 p.m. **Presenter:** Gordon Hintz

Coordinator: Joel Kluessendorf

Location: Evergreen

22) LIR PLAYTIME: "Dracula"

This adaptation includes the suspense and seduction of the Bram Stoker classic novel. As Count Dracula begins to exert his will upon the residents of London, they try to piece together the clues of his appearances in a valiant attempt to save themselves from a hideous fate. Rich with both humor and horror, this play paints a wickedly theatrical picture of Stoker's famous vampire.

Date: Sunday, October 15, 2023 **Time:** 2:00 p.m. Performance

Play by: Steven Dietz, from the novel by Bram Stoker

Coordinator: Mary Bayorgeon

Location: UW Oshkosh Theatre Arts Center, 1010 Algoma Blvd

Cost: \$11

23) Resources for Older Adults

Learn about state & federal grant programs specific to family caregivers as well as other local resources available to older adults. Information about respite care, adaptive equipment, transportation, medication management, home and yard care, support groups, meals, and wellness programs will be provided.

Date: Tuesday, October 17, 2023

Time: 10:00 – 11:30 a.m.

Presenters: Bryn Ceman, M.S., Older Americans Act Consultant

Brian Nagler, Winnebago Cty ADRC Program Supervisor

Coordinator: Julie Kiefer

Location: Oshkosh Seniors Center

24) History of Oshkosh Motor Truck 1874 – 2023

The history of Oshkosh Motor Truck 1874-2023 will be presented by Paul Mosling Morton, grandson of B. A. Mosling who was one of the co-founders of now Oshkosh Corporation. Paul has written two published books about Oshkosh Corporation that traces the rich history of the company.

Date: Thursday, October 19, 2023

Time: 1:30 - 3:00 p.m.

Presenter: Paul Mosling Morton, author and retiree of Oshkosh Corporation

Coordinator: Kathi Sawall Location: Evergreen

25) Human Dimensions of the Civil War in Walt Whitman's Poetry

Walt Whitman's Civil War poetry endures because he dramatizes the human impact of violence of America's deadliest war through characters not on the battlefield, creating empathy without the conventions of Romantic sentimentality and chauvinism. Whitman transmits images of tragedy through points-of-view of people not on the battlefield. A reading from Whitman's Drum Taps (1865), contrasting his poems with a selection of conventional nineteenth-century Civil War poetry.

Date: Friday, October 20, 2023

Time: 1:00 – 2:30 p.m.

Presenter: William Baurecht, PhD American Studies, retired UW-Oshkosh, English Dept.

Coordinator: Lee Prellwitz

Location: Evergreen

26) Supper with the Chef

Sit back and enjoy Evergreen's talented Chef demonstrate creating a meal prepared especially for LIR.

Date: Tuesday, October 24, 2023

Time: 4:30 – 7:00 pm, bar opens at 4:30, presentation at 5:00 **Presenter:** Chef Jason, Evergreen Retirement Community

Location: Evergreen

Cost: \$20

27) Caregiver Burnout

What does burnout really mean? Not everyone who is a caregiver considers themselves a caregiver. "I'm just a wife, or daughter, or son, taking care of my loved one." Being a caregiver is just that, taking care of a loved one. You do it because you care. But sometimes, we stop caring for ourselves. Discuss how to take care of yourself while you take care of others and how to avoid burn out.

Date: Wednesday, October 25, 2023

Time: 10:00 – 11:15 a.m.

Presenter: Carrie Esselman, Grant Manager, Fox Valley Memory Project

Coordinator: Jerry Lang

Location: Oak Park Place, Menasha

28) Fall Luncheon: Stories and Music with Steve March Tormé

Steve was born in NYC to Mel Tormé and the former model/actress Candy Tockstein. By the age of 13, he earned his first paycheck fronting his own band. Steve has an extensive recording, performing and acting career. When not performing, Steve is the weekday afternoon host on 91.1 FM The Avenue in Green Bay and Northeastern Wisconsin. Enjoy a lunch and hear stories about growing up with famous parents, learn about his extensive career, and listen to some songs he will play for us. Do not miss this event and invite a friend.

Date: Thursday, October 26, 2023

Time: 11:00 a.m. – 2:00 p.m. Doors open at 11, Lunch at 11:30, Presentation at 12:30 - 2:00

Presenter: Steve March Tormé **Coordinator:** Lee Prellwitz

Location: LaSure's Banquet Hall, 3125 South Washburn Street, Oshkosh

Cost: \$20 Member and \$25 Non-Member

29) Russia - Nation or Empire? Russia's Ongoing Problem with Identity

For well over a thousand years, Russians have been undecided as to whether they are a nation or an empire. Using official architecture, paintings, and posters, Dr. Wooley will trace how the Russians have moved back and forth between the two alternative forms of identity over the past 1,000 years.

Date: Friday October 27, 2023

Time: 1:30 - 3:00 p.m.

Presenter: Dr. William Woolley, Ripon College Professor of History Emeritus

Coordinator: Pat Lowney Location: Evergreen

30) Mosquito Hill Tour: Urban Mammals: Nature's Costume Party

Who doesn't love to dress in a fun costume or disguise for Halloween? It's fun for us humans but can be a necessary survival trick for some animals. Join Park Ranger Adam Brandt to learn about the unique ways that animals camouflage themselves to help them play tricks and not become treats.

Date: Tuesday, October 31, 2023 **Time:** 11:45 a.m. - 4:00 p.m.

Presenter: Adam Brandt, Park Ranger

Coordinator: Pat Mahoney **Maximum Participants:** 45

Cost: \$30 Members / \$35 Non-Members

31) Day By Day Warming Shelter Tour

One year ago, we learned more about this organization's work with the homeless in Oshkosh. The new year-round shelter is now complete. We will receive a tour of the new facility to learn more about its operations and how its services have expanded.

Date: Wednesday, November 1, 2023

Time: 10:00 – 11:30 a.m.

Presenter: Molly Yatso Butz, Executive Director of Day By Day Warming Shelter

Coordinator: Pat Mahoney

Location: DBD Shelter, 420 Ceape Street, Oshkosh. Parking is available across the street at the

Leach Amphitheater parking lot. **Maximum Participants:** 50

32) The UH-1 "Huey" Helicopter

The EAA Museum has established an exhibit to honor Vietnam veterans. Come hear more about the workhorse helicopter that served them well.

Date: Thursday, November 2, 2023

Time: 10:00 – 11:30 am

Presenter: Chris Henry, Museum Programs Coordinator, EAA Museum

Coordinator: Jim Krueger Location: Evergreen

33) The Six Pillars of Brain Health

Learn about the key habits and protective measures under your control to promote healthy aging and maintain good cognitive health throughout life. Key presentation points will include brain foods and nutrition, brain and body benefits of physical exercise and restorative sleep, appropriate stress management and social stimulation as well as avoidance of toxins. Become aware of neuroplasticity – our brain's amazing ability to adapt, change and create new pathways in response to experiences, new information or damage.

Date: Tuesday, November 7, 2023 **Time:** 11:00 a.m. – 12:15 p.m.

Presenter: LaReina Tipping, CAPSW, MSW, Brain Center of Green Bay

Coordinator: Jerry Lang

Location: Neenah Public Library

34) Military Veterans Museum

Come hear the history of the Oshkosh Veterans Museum & personal stories from two Vietnam Veterans.

Date: Wednesday, November 8, 2023

Time: 1:30 - 3:00 pm

Presenter: Stu Tribby, President **Coordinator**: Joel Kluessendorf

Location: Evergreen

35) America's National Debt

Everyone in America knows that our national debt is HUGE. Well, what is the consequence of this huge amount of debt? Don't other countries have debt burdens higher than ours? What determines the creditworthiness of a nation? Exactly who do we owe this money to? Furthermore, when we borrowed this money what did we spend it on? Should we repay the national debt? What is the consequence of repaying the national debt? Does government spending cause inflation? What is America's Exorbitant Privilege? Most states have constitutional requirements to balance their budgets every year. Should we pass a Constitutional Amendment to require the Federal Government to balance its budget - just like the states? Hmmm....

Date: Thursday, November 9, 2023

Time: 10:00 – 11:30 a.m.

Presenter: Ralph Gunderson, Professor (Ret) of Economics – UW Oshkosh

Coordinator: Lee Prellwitz

Location: Evergreen

36) LIR Playtime: "The Bridges of Madison County"

Enjoy a pre-theater talk from 1:00-1:30 in James Perry Hall, UWO Fox Cities, followed by a 2:00 performance of "The Bridges of Madison County." Attendees will receive a \$3.00 voucher for a beverage and sweet treat redeemable at the concession stand.

Based on the best-selling novel by Robert James Waller and developed by Tony Award winner Jason Robert Brown (The Last Five Years, Parade, Songs for a New World) and Pulitzer Prize winner Marsha Norman, "The Bridges of Madison County" captures the lyrical expanse of America's heartland along with the yearning entangled in the eternal question: "What if?" Winner of the 2014 Tony Award for Best Score and Orchestrations, this sweeping romance about the roads we travel, the doors we open and the bridges we dare to cross will leave audiences breathless. Run time is approximately 2 ½ hours.

Date: Saturday, November 11, 2023

Time: 1:00 – 3:00 p.m.

Presenter: Susan Rabideau, Professor, Communications & Theater Arts, UWO Fox Cities

Location: UWO, Fox Cities Campus, Menasha

Cost: \$18 Members / \$23 Non-Members

37) Great Reads of 2023

Review many of the outstanding books of the past year. Michael McArthur will include both fiction and non-fiction in his talk and will provide lists of the books so you can plan your reading for the year ahead.

Date: Monday, November 13, 2023

Time: 1:30 - 3:00 p.m.

Presenter: Michael McArthur, Local Historian and Genealogy Librarian Oshkosh Public Library

Coordinator: Lois Hedge Location: Evergreen

38) How to Stay Safe Online

This program is from our friends at Connect Through Tech. They will teach us about safely navigating being "online" and Cybersecurity. Other topics to be covered will be creating strong passwords, keeping information private, two-factor authentication process, backing-up your data, traveling, online banking, and recognizing fraud and scams.

Date: Tuesday, November 14, 2023

Time: 1:30 – 3:00 pm

Presenter: Anne Schaefer, Connect Through Tech, Oshkosh Seniors Center

Coordinator: Julie Kiefer

Location: Oshkosh Seniors Center

39) American Expatriate Writers in Paris

Gertrude Stein once wrote, "America is my country, and Paris is my hometown." Indeed, Paris has exercised a magnetic attraction upon generations of artists and intellectuals, large numbers of whom migrated to the French capital from all over the world. The number of English-speaking expatriates has been especially impressive. During this talk, we will reflect on the history of American expatriate fiction, poetry, and music from the early- to mid- twentieth century by artists like F. Scott Fitzgerald, Ernest Hemingway, Gertrude Stein, Josephine Baker, Cole Porter, Louis Armstrong, Richard Wright, and James Baldwin. We will think about how these figures created a sense of community in Paris and changed the worlds of art and literature.

Date: Friday, November 17, 2023

Time: 10:00 – 11:30 am

Presenter: Christine Roth, Associate Professor of English

Coordinator: Nathalie Moore

Location: Evergreen

40) LIR PLAYTIME: "Private Lives"

Elyot and Amanda, once married and now honeymooning with new spouses at the same hotel, meet by chance, reignite the old spark, and impulsively elope. After days of being reunited, they find their romance alternating between passionate love and anger. Then their deserted spouses appear, and chaos ensues! A uniquely humorous play and a great audience pleaser!

Date: Sunday, November 19, 2023 **Time:** 2:00 p.m. Performance

Play by: Noël Coward

Coordinator: Mary Bayorgeon

Location: UW Oshkosh Theatre Arts Center, 1010 Algoma Blvd

Cost: \$11

41) What does the Bible really say about LGBTQ?

The Bible should not be used to condemn members of the LGBTQ community. Genesis 19, Leviticus 18 and 20, (Sodom and Gomorrah) and Romans 1 (Paul's rejection of same sex activities) when understood in their original contexts clearly convey that these texts are condemning cruel or degrading behavior --- inhospitality to strangers, social injustice to the poor, rape, prostitution, forced sodomy and pederasty by pedophiles. *The Bible* is actually silent about consenting loving relationships by adult members of the same sex that are more publicly observed in contemporary society.

Date: Tuesday, November 21, 2023

Time: 10:00 – 11:30 a.m.

Presenter: Dr. Brian Smith - Professor Emeritus Religious Studies at Ripon College

Coordinator: Lee Prellwitz Location: VIRTUAL ONLY

42) Public Health's Management of Covid-19

Because of the pandemic, public health departments have never been as visible -- or, as misunderstood. Over the last three years, public health agencies have provided knowledge and direction during the Covid-19 pandemic. The Winnebago County Health Department representatives will provide the story of the local management of this event and their ongoing role in maintaining local disease control.

Date: Wednesday, November 29, 2023

Time: 1:30 - 3:00 p.m.

Presenter: Heidi Keating, MPH, Lynnsey Erickson, MPA

Coordinator: Jim Krueger

Location: Evergreen

43) Tour: Christmas on the Farm

Buffet dinner and show at the Clauson Family historic barn theater near Coloma, WI. The Clauson Family Christmas Music Show is filled with holiday music and is sure to put you in the Christmas spirit! Buffet will include three kinds of meat, potato, vegetables, salad, rolls and dessert.

Date: Tuesday, December 5, 2023

Bus Pick-ups: 10:00 am UWO Fox Cities / 10:30 am Evergreen / 10:45 am Rogan's, Oshkosh

Maximum Participants: 50 Coordinator: Kathi Sawall

Cost: \$93 Members / \$98 Non-Members

44) Save the Elephants! Conservation in East Africa

African savannah elephants are an endangered species and often referred to as 'gardeners' in their ecosystems. This talk will cover the ecological role of elephants, their population status, their ability to teach us something about cancer, and the ongoing threats of the illegal ivory trade and habitat loss. Brad Spanbauer earned his Master's of Science degree from UWO and studies elephants as seed dispersers in Tarangire National Park in Tanzania and also spent a summer in Samburu National Reserve in central Kenya studying elephant population monitoring.

Date: Thursday, December 7, 2023

Time: 10:00 - 11:30 a.m. **Presenter:** Bradley Spanbauer **Coordinator:** Nathalie Moore

Location: Evergreen

45) The Wisconsin Supreme Court Judicial Selection Process

In the Supreme Court Judicial process, should we elect or appoint judges? Selecting judges via elections has resulted in the extreme politicization of the process, and the infiltration of large dollars (mainly dark money) into elections for judges. Judge vacancies can also be filled by appointment; but is there a better way? Retired State Supreme Court Justice Jon P. Wilcox spent 17 years on the Wisconsin Supreme Court. He will examine how judges are selected.

Date: Friday, December 8, 2023

Time: 10:00 – 11:30 am

Presenter: Justice Jon P. Wilcox, Retired Wisconsin Supreme Court

Coordinator: Lee Prellwitz

Location: UWO Culver Family Welcome Center, 625 Pearl Avenue, Oshkosh

46) Brewing, Pouring and the History of Beer in Oshkosh

Hear the story of the role that beer brewing played in the culture of Oshkosh by the person who actually "wrote the book".

Date: Monday, December 11, 2023

Time: 10:00-11:30 am **Presenter:** Lee Reiherzer **Coordinator:** Jim Krueger

Location: Oshkosh Senior Center



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47) A Gem of the Fox Cities*

Come hear the story of Jewelers Mutual. Learn more about the company that was founded by a group of Wisconsin jewelers in 1913 and has become the largest insurer of jewelry in the United States and Canada. Additionally, take a guided tour of the Jewelers Mutual R. Harder Gallery and see one of the largest collections of gemstones and minerals in the United States.

Date: Tuesday, December 12, 2023

Time: 10:00 - 11:30 am

Presenter: Tyler Krowiorz, Director, Enterprise Communications

Coordinator: Pat Lowney

Location: Jewelers Mutual, 24 Jewelers Park Dr., Neenah, WI 54956

Jewelers Mutual is located along the east frontage road along Hwy 41 between the

Breezewood/Bells St. exit and the Winneconne/114 exit in Neenah. Participants should follow the

signs to the R. Harder Gallery at the address.

Maximum Participants: 30

*This is a repeat from the spring of 2023. This is for those who were not able to attend previously. Please do not register if you attended in April.

48) Movie and Discussion: "All Mine to Give" Demystified

Watch the movie "All Mine to Give" and then discover what is true or false about the Hollywood version of this Christmas classic tale. Deb Daubert, retired Curator of the Oshkosh Public Museum, will share what she continues to uncover on the saga of the Eunson family from Eureka, Wisconsin.

Date: Friday, December 15, 2023

Time: 9:00 – 10:45 a.m. movie; 11:00 a.m. – 12:00 pm discussion **Presenter:** Deb Daubert, retired Curator of the Oshkosh Public Museum

Coordinator: Lee Prellwitz Location: Evergreen

49) Chef's Choice: Creating Diplomats - Model United Nations at UW Oshkosh

Model United Nations (MUN) has a long history at UW Oshkosh, dating back to 1965 when the first MUN team was formed. Since then, it has grown into an organization that provides students with a truly global experience that starts on the Oshkosh campus and continues when the team participates in conferences with college students from all over the world, culminating in an annual MUN competition in New York City. But how does it work? What do students do? And how does it help them in college and beyond? In this presentation, we will take a deep dive into the world of diplomacy and negotiation and explain how students at UW Oshkosh take their love of world politics and translate that into an unsurpassed college experience with lifelong impacts.

Date: Monday, January 8, 2024

Time: 12:15 – 2:30 p.m. **Presenter:** Dr. Tracy Slagter **Coordinator:** Nathalie Moore **Location:** Evergreen; **Cost:** \$15

50) Active Threat Preparedness

Anywhere people gather can be a place where there is a potential of an active threat. The session will include information on emergency practices, information sharing, awareness, and action steps for staying safe should you ever find yourself in an active threat situation. One of the presenters is the survivor of an active shooter incident that occurred in 2008 at Northern Illinois University.

Date: Tuesday, January 9, 2024

Time: 10:00 a.m. – 12:00 p.m. *This is a 90 minute presentation + 30 minutes for Q & A **Presenter:** Chris Tarmann, Acting Chief of Police and Dr. Joseph Peterson, UWO Associate

Geology Professor

Location: Oshkosh Seniors Center

51) Pollinators in Peril

More than 700 North American bee species are in decline. Monarch butterfly numbers are down more than 80% since the 1990's. Beekeepers around the world continue to experience unusually high bee losses every year since 2007. Are these losses a biblical prophecy coming true -- or is there a logical explanation? This program will cover the basics of plant-pollinator ecology, explanations for the decline, and what you can do to help.

Date: Thursday, January 11, 2024

Time: 10:00 – 11:30 a.m.

Presenter: Shannon Davis-Foust PhD, Lecturer, Department of Biology & Environmental Studies

Program, UW Oshkosh
Coordinator: Lee Prellwitz
Location: Evergreen

52) Striving to Eliminate Food Insecurity

The Oshkosh Area Community Pantry believes in the vision of a community where no one goes hungry. The organization is dedicated to working tirelessly and in collaboration with all partners necessary to achieve this goal.

Date: Tuesday, January 16, 2024

Time: 10:00 – 11:30 a.m.

Presenter: Ryan Rasmussen, Executive Director of the Oshkosh Area Community Pantry

Coordinator: Mary Petzold

Location: Oshkosh Seniors Center

53) Sleep in Heavenly Peace - Oshkosh Chapter

"Sleep in Heavenly Peace" is a 100% volunteer organization. Its goal is to build and deliver fully furnished beds to kids. "Sleep in Heavenly Peace" needs volunteers to help build beds, and monetary donations to purchase tools, lumber and hardware for Build Days and new mattresses, bedding, and pillows for deliveries.

Date: Thursday, January 18, 2024

Time: 2:00 - 3:30 p.m.

Presenter: Kathy Marsh, Co-President of the Oshkosh Chapter of Sleep in Heavenly Peace

Coordinator: Mary Petzold

Location: Evergreen

54) Hiking from Georgia to Maine; an Appalachian Trail Thru-Hike

Tim and Claire Aither, a father-daughter duo, spent six months of 2022 living out of one tent with nothing more than what they could carry in their backpacks as they embarked on a journey to thru-hike the Appalachian Trail. With elevation equivalent to hiking Mt. Everest sixteen times, Claire and Tim will share their experience "hiking into shape," living in the woods for half a year, and challenging themselves mentally and emotionally as they embarked through the infamous "green tunnel." Hear about their preparation, greatest struggles, and takeaways from this life-changing experience. You may even get to lift one of their backpacks!

Date: Friday January 19, 2024

Time: 1:30 – 3:00 p.m.

Presenter(s): Tim and Clare Aither

Coordinator: Lee Prellwitz

Location: Evergreen

55) Health & Wellness FAQs Focused on Skin Health

Dr. Allen has received several questions about skin health recently. He will address skin health and other frequent questions he receives from LIR members and pharmacy customers. Examples of questions that will be addressed include:

- Is a multiple vitamin necessary?
- Is there a brand or type of multivitamin you recommend?
- Are there any specific lifestyle modifications to heal and improve skin?
- Are there specific nutraceuticals that heal and improve skin?
- I know SPF is important, but with what's out there between sunscreen, moisturizers, etc. is overwhelming. Is there a product you recommend?

Are there any benefits to topical Vitamin C?

Date: Wednesday, January 24, 2024

Time: 10:00 - 11:30 am

Presenter: Dr. JJ Allen, PharmD, CISSN, Hometown Pharmacy

Coordinator: Karen Kaempffe

Location: Evergreen

Course Locations

UW Oshkosh Theatre Arts Center, 1010 Algoma Blvd, Oshkosh (Corner of Algoma Blvd and Woodland Ave.) Free Parking is available during performances; the closest lots are #4 on Woodland Ave and #29 across from the theater.

UWO Culver Family Welcome Center, 625 Pearl Ave, Oshkosh

Off Campus Locations

Evergreen, 1130 N. Westfield, Oshkosh, WI 54902

Miravida, 225 N Eagle Street, Oshkosh WI 54902

Oshkosh Seniors Center, 200 North Campbell Street, Oshkosh, WI 54902 (Main Building)

Coughlin Center, 625 E County Rd Y, Winnebago, WI 54903

Neenah Public Library, 240 E Wisconsin Ave, Neenah, WI 54956

Menasha Public Library, 440 1st St, Menasha, WI, 54952

Oak Park Place, 2205 Midway Road, Menasha, WI 54952

UWO Fox Cities Theater, 1478 Midway Road, Menasha, WI 54952

Parking and Entrance: The south plaza entrance of the Communications Arts Center (CAC) is marked by "The Performers," a striking polished silver aluminum sculpture comprised of three 12-foot-high statues. Parking for the CAC is accessible on the west and south sides of the building, with the south entrance offering curb-side drop-off areas and designated parking places.

Coach Bus Pick-up in Oshkosh will be in the parking lot of Rogan's Shoes, 2145 S. Koeller Street, Oshkosh. The bus will arrive approximately 15 minutes prior to departure time. Please be at the pickup location when the bus arrives allowing for time to board and on time departure. Times can be found in the tour descriptions. Note: If on the day of the tour you find you unable to participate, or running late, please contact the tour coordinator.

Coach Bus Pick-up at UWO, Fox Cities will be in the farthest west parking lot along University Drive in Menasha.

Coach Bus Pick-up for the Appleton Airport tour for Fox Valley participants will be in the Butte des Morts Country Club parking lot at 3600 W Prospect Ave, Appleton, WI 54914.

Course Delivery Instructions

Programs will be offered in a couple of different formats:

In-Person: If a location is listed, the program is in-person and that is the only option to view the program.

Hybrid: If the program is at Evergreen and says HYBRID that means you may choose to register to attend in-person or view the program virtually. You do not have to register if you know you will view it virtually. You may not have the same experience virtually, but you will be able to view it from the comfort of your home. Not every program at Evergreen is available virtually, as well.

Virtual: The presenter will be presenting from a remote location and the only way to view the program is on-line.

HOW TO LOG INTO VIRTUAL PROGRAMS

Start at the LIR Website home page: www.uwosh.edu/lir

- 1. Scroll down to the Curriculum Offerings Section and click on View Offerings (blue type)
- 2. On Curriculum Offerings page, scroll down and to the list of all courses being offered virtually.
- 3. To view a course, click on the words "Zoom Link" for the course you want to watch. You will then go directly to the program.

As a reminder, please turn off your camera and microphone when viewing the presentation. Closed caption is available, if you want to use it, click on "Live Transcript" and select subtitles.

To ask a question, click on the word "Chat" at the bottom of your screen and type in your question.

Continuing Education Tour

Christmas Around Milwaukee

Holiday Displays & Bakery Bus

Begin with a tour of the Pabst Mansion decorated for Christmas. Enjoy a beautiful lunch at one of Milwaukee's favorite restaurants. Explore the Community Spirit Park in Cathedral Square to look at the Christmas Trees. Visit four bakeries and shops and receive treats, samples, and shopping time. In route, receive a narrated tour of the history of Milwaukee's holiday traditions.

Date: Thursday, December 7, 2023

Time: 7:30 am – 6:00 pm

Cost: \$145

Register at uwo.sh/travel

Pick-up/drop-offs in Menasha, Oshkosh, and Fond du Lac \$5 discount for UWO Alumni and UWO LIR Members



August 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2	3	4	5
6	7	Timber Rattler Game with UWO Alumni 5:30 picnic, 6:40 game	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	Steering Committee 10-11:30 am	25	26
27	28	29	Curriculum Committee 10-11 am	31		

September 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
3	4 Labor Day UWO Closed	5	Reader's Choice 2-3:30 pm South Park	Tiny House Village 1:30-3 pm 125 W. Packer Ave, Osh	Garden Group 10-11:30 am	9
10	11	Food is Medicine – Optimize Your Brain Health 11-12:15 pm Neenah Library	It's Easy Being Green 10-11:30 am Evergreen	Owls 10-11:30 am Evergreen	Flutes 1:30-3 pm Evergreen	16
17	JJ Keller 10-11:30 am Oak Park Place, Menasha	Door County Tour 7 am-5:30 pm	Curriculum Committee 10-11 am Virtual	Left/Right versus Top/Down 1:30-3 pm Evergreen	Tribal Leadership 10-11:30 Evergreen	23
24	WI Electric Electrification Initiative Project 10-11:30 am Oshkosh Senior Center Admin/Finance Committee 1:30-2:30 pm	Life Story Writing 10-11:30 am Evergreen Life Lessons Learned from a Dog 1:30-3 pm Miravida	Mosquito Hill Tour: Urban Mammals 11:45 am – 4 pm	Steering Committee 10-11:30 am Virtual	Independence 10:30 am-12 pm Evergreen	30

October 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2	3	4	5	6	7
	Personal Finance Tips 10-11:30 am Oshkosh Senior Center		Reader's Choice 2-3:30 pm South Park	How the Appleton Airport Works 10-11:30 am Appleton Flight Center, N259 Ares Dr. Appleton	Garden Group 10-11:30 am	
8	9	10	11	12	13	14
		Getting to Know iGen 10-11:30 Oshkosh Senior Center		Chef's Choice: Chasing Down Donny Osmond 12:15 – 2:30 pm Evergreen	Gordon Hintz My Years in the State Legislature 1:30-3 pm Evergreen	
15	16	17	18	19	20	21
Playtime: "Dracula" 2 pm UWO Theatre		Resources for Older Adults 10-11:30 am Oshkosh Senior Center	Curriculum Committee 10-11 am Virtual	History of Oshkosh Truck 1:30-3 pm Evergreen	Human Dimensions of the Civil War in Walt Whitman's Poetry 1-2:30 pm Evergreen	
22	23	24	25	26	27	2
		Life Story Writing 10-11:30 am Evergreen Supper with the Chef 4:30-7 pm Evergreen	Caregiver Burnout 10-11:15 am Oak Park Place, Menasha	Steering Committee 9-10 Virtual Fall Luncheon: Stories & Music with Steve Marche Torme 11:30-2:30 LaSure's	Russia – Nation or Empire? 1:30-3 pm Evergreen	
29	30	31				
		Mosquito Hill Tour: Urban Mammals 11:45 am – 4 pm				

November 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			Tour: Day by Day Shelter 10-11:30 am 420 Ceape St, Oshkosh Reader's Choice 2-3:30 pm Coughlin Ctr	The UH-1 "Huey" Helicopter 10-11:30 am Evergreen	Garden Group 10-11:30 am	4
5	6	7 The Six Pillars of Brain Health 11 am-12:15 pm Neenah Library	Military Veterans Museum 1:30-3 pm Evergreen	America's National Debt 10-11:30 am Evergreen	10	Playtime: "The Bridges of Madison County" UWO, Fox Theater 1-3 pm
12	Great Reads of 2023 1:30-3 pm Evergreen	How to Stay Safe Online 1:30-3 pm Oshkosh Senior Center	Curriculum Committee 10-11 am Virtual	16	American Expatriate Writers in Paris 10-11:30 am Evergreen	18
Playtime: "Private Lives" 2 pm UWO Theatre	20	What the Bible says about LGBTQ+ 10-11:30 am Virtual only	22	Thanksgiving UWO Closed	24	25
26	Admin/Finance Committee 10-11 am Virtual	Life Story Writing 10-11:30 am Evergreen	Public Health's Management of Covid-19 1:30-3 pm Evergreen	Steering Committee 10-11:30 am		

December 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					Garden Group 10-11:30 am	2
3	4	Tour: Christmas on the Farm 10am-4:30pm Clausen Family Historic Barn Theater	Reader's Choice 2-3:30 pm Coughlin Ctr	Save the Elephants 10-11:30 am Evergreen	WI Supreme Court Judicial Selection Process 10-11:30 am UWO Culver Center	9
10	Brewing, Pouring and the History of Beer in Oshkosh 10-11:30 am Oshkosh Senior Center	A Gem of the Fox Cities 10-11:30 am Jeweler's Mutual, Neenah	13	14	"All Mine to Give" Movie & Discussion 9 am- 12 pm Evergreen	16
17	18	Life Story Writing 10-11:30 am	20	Steering Committee 10-11:30 am	22	23
24	25 Christmas Day UWO Closed	26	27	28	29	30
31						

January 2024

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	New Year's Day UWO Closed	2	Reader's Choice 2-3:30 pm	4	Garden Group 10-11:30 am	6
7	Chef's Choice: Creating Diplomats: Model UN 12:15 – 2:30 pm Evergreen	Active Threat Preparedness 10 am - 12 pm Oshkosh Senior Center	10	Pollinators in Peril 10 – 11:30 am Evergreen	12	13
14	15	Striving to Eliminate Food Insecurity 10-11:30 am Oshkosh Senior Center	Curriculum Committee 10-11 am Virtual	Sleep in Heavenly Peace *2-3:30 pm Evergreen	Hiking the Appalachian Trail 1:30-3 pm Evergreen	20
21	Admin/Finance Committee 10-11 am	Life Story Writing 10-11:30 am	Health & Wellness Skin Health FAQs 10-11:30 am Evergreen	Steering Committee 10-11:30 am Virtual	26	27
28	29	30	31			

Learning in Retirement extends its thanks and appreciation to the individuals and organizations listed below who have given their time, shared and added their wealth of knowledge and skill to the enrichment of the programs from which our members benefited greatly this past semester.

THANK YOU to our guest presenters from Spring 2023

Dr. Tony Palmeri, Professor, UWO Communications Department

Dr. Michael Jasinski, UWO Assistant Professor of Political Science

Dr. Melissa Bublitz, UWO Professor of Marketing

Dr. Alphonso Simpson, UWO Director of African American Studies

Dr. Juyeon Son, UWO Associate Professor of Sociology

Dr. Christine Roth, UWO Professor & Director of Graduate Program in English

Dr. Jeremiah Bohr, UWO Professor of Sociology

Dr. Evan Williams, UWO Professor of Philosophy

Dr. Martin Farell, Adjunct Professor of Politics and Government emeritus Ripon College

Dr. Arnold Shober, Professor of Government, Lawrence University

Cooper Wakefield, Ph.D., Marian University Professor of Communication

Dr. William Woolley, Ripon College Professor of History Emeritus

Dr. Baron Kelly, Vilas Distinguished Achievement Professor, UW-Madison

Rafael Salas, Professor of Art and Chair of the Art & Art History at Ripon College

Shane Boeder, PH.D.

Karl Lowenstein, Founder and President of Sturgeon Spirits and UWO Professor

William Urbrock, UWO Professor Emeritus of Religious Studies

Steve Ventura, Professor Emeritus of Environmental Studies and Soil Science, UW-Madison

Rick Harnish, Executive Director of the Midwest High Speed Rail Association

Nancy Bell, Oshkosh Public Library Readers' Advisory Librarian

Carrie Esselman, Grant Manager, Fox Valley Memory Project

Lisa Sennholz, Founder and Executive Director of Damascus Road Project

Tom Simon, Executive Director of Oshkosh Habitat for Humanity

Anne Schaefer, Oshkosh Seniors Center

Tom Sutter

Kristy Reinsch, Pam Elmer, Oaks Candy Co.

Heidi Zick and Carrie Esselman, Fox Valley Memory Project

Nathaniel Frank, CEO, MToxins Venom Lab

Jeff Kersten, Agency Liaison Department of Trade & Consumer Protection (DATCP)

Dr. Mark Olsky, Emergency Medicine Physician (ret)

Adam Brandt and Jessica Miller, Mosquito Hill Nature Center





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- · Theater and music performances
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Learning in Retirement GUEST PASS

Thank you for taking advantage of our Guest Pass! Please complete this form and give it to the moderator/coordinator of the program you chose to attend. You can also mail the form to: 800 Algoma Blvd., Oshkosh, WI 54901

Guest Name	How did you hear about this session?	
Address	☐ Host LIR Member	
City State Zipcode	☐ Newspaper/Media ☐ LIR Website	
Phone ()	☐ UWO Alumni Association ☐ Facebook	
Email	Session Attended	
Please send me a current course catalogue.	Date	



Annual Awards LIR Annual Meeting June 6, 2023





Shane Boeder Robert L. Berner Teaching Excellence Award for member teaching

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Nathalie Moore

E. Burns Apfeld Volunteer of the Year Award
for her for outstanding, long-term service
to LIR's Curriculum Team

Volunteers don't necessarily have the time; they just have the heart.
---Elizabeth Andrew

E. Burns Apfeld for her for outs to LIR

Volunteers don't necessarily have the time; they just have the heart.
---Elizabeth Andrew

Sherri Landig of Evergreen Community Partner Award for her support of LIR at Evergreen



Jerry Lang

E. Burns Apfeld Volunteer of the Year Award
for his for outstanding, long-term service to LIR
by serving as V.P., Chair of the Admin/Finance
Committee and Curriculum team member



Learning In Retirement

Are you looking for something to keep yourself sharp, active, and involved?

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UWO's Learning in Retirement (LIR) is a self-directed, membership-based association, offering learning opportunities to its members.

The LIR Membership fee of \$100 includes:

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Learning sessions led by experts in their fields
Member-led interest groups
Tours of business, industry, museums, and gardens
Music/theater performances

Highlights for the Fall Semester:

Day trip to Door County with Fish Boil
Lunch, stories, and music with Steve March-Tormé
Trip to Clausen Family Christmas
Wisconsin State Supreme Court Justice Jon P. Willcox
UWO Plays

How the Appleton Airport Works

Topics such as: Finance, Politics, History, Technology,

Sustainability, Current Events & more.

The new semester begins September 1. You may join at any time. Learn more and register at: **uwosh.edu/lir**.

