

## Strategies for Successful Exams

Assess the Task What type of test?

What am I weak on?

How much time will be needed?

How much organizing will my notes need? Do I need to seek the help of the instructor?

**Set Goals** Divide into manageable units of material.

Make mastery or fluency of the material your goal.

Set time limits; beginning and ending dates.

Make a Plan Construct an overall calendar.

Make a daily to do list based on the master plan. Get all non-final exam assignments done early.

Simplify your life from other obligations.

Identify times in your day that are generally wasted

and use them.

**Actively Review** <u>Select</u> what is important to learn:

-prioritize information.

-anticipate interpretation or application

questions.

<u>Categorize</u> or cluster ideas under headings:

-see the connections between facts.

-use summary sheets or other organizers.

-focus on the "big picture."

*Recite*, rehearse, and become fluent with the material:

-if you can't say it, you don't know it.
-test yourself before the instructor does.

Distribute your practice:

-short, periodic reviews are more effective than

one long

review.

**Know What Works** -Study partners or groups

-Reciting, NOT looking over

-Self-quizzing

-Using imagery, like charts or diagrams

-Re-reading is generally not a good idea