1) Overview:
   a) All state and local re-opening guidelines must be met before returning student-athletes to campus.
   b) UWO campus must be open to the general student population and staff before returning student-athletes to campus.
   c) Upon return to campus, all teams/student-athletes will complete Phase One and Two of NCAA’s Core Principles of Resocialization of Collegiate Sport (see phases below).
   d) Must be in Phase Three of the NCAA’s Core Principles of Resocialization of Collegiate Sport in order to compete in athletic competitions against other institutions.
   e) Plan will be implemented in collaboration with Titans Return for Fall 2020 policies and with guidance from the Winnebago County Health Department.

**NCAA Core Principles of Resocialization of Collegiate Sport**

<table>
<thead>
<tr>
<th>Gating Criteria</th>
<th>Have been satisfied in accordance with federal/ state/ local guidelines</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1. A downward trajectory of influenza-like illnesses reported within a 14-day period and a downward trajectory of COVID-like syndromic cases reported within a 14-day period</td>
</tr>
<tr>
<td></td>
<td>2. A downward trajectory of documented cases of COVID-19 within a 14-day period or a downward trajectory of positive tests as a percentage of total tests within a 14-day period</td>
</tr>
<tr>
<td></td>
<td>3. Hospitals can treat all patients without crisis care and there is robust testing program in place for at-risk health care workers, including antibody testing</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phase One</th>
<th>In accordance with federal guidelines, resocialization of sport for Phase One assumes the following:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1. Gating criteria have been satisfied for a minimum of 14 days.</td>
</tr>
<tr>
<td></td>
<td>2. Vulnerable student-athletes, athletics health care providers, coaches and athletics personnel should continue to shelter in place. Vulnerable populations include individuals with serious underlying health conditions such as high</td>
</tr>
</tbody>
</table>
blood pressure, chronic lung disease, diabetes, obesity and asthma, and those whose immune system is compromised, such as by chemotherapy.

<table>
<thead>
<tr>
<th>Phase Two</th>
</tr>
</thead>
<tbody>
<tr>
<td>3. Those living in dorms and other residences where vulnerable individuals reside should be aware that by returning to work or other environments where distancing is not practical, they could carry the virus back home, and appropriate isolating precautions should be taken.</td>
</tr>
<tr>
<td>4. Physical distancing should continue.</td>
</tr>
<tr>
<td>5. Gatherings of more than 10 people should be avoided unless precautionary measures of physical distancing and sanitization are in place.</td>
</tr>
<tr>
<td>6. Gyms and common areas where student-athletes and staff are likely to congregate and interact, should remain closed unless strict distancing and sanitation protocols can be implemented.</td>
</tr>
<tr>
<td>7. Virtual meetings should be encouraged whenever possible and feasible.</td>
</tr>
<tr>
<td>8. Nonessential travel should be minimized, and Centers for Disease Control and Prevention guidelines regarding isolation after travel should be implemented.</td>
</tr>
</tbody>
</table>

**Phase Two**

In accordance with the federal guidelines, if Phase One has been implemented successfully, with no evidence of a rebound, and gating criteria have been satisfied for a minimum of 14 days since the implementation of Phase One:

1. Vulnerable individuals should continue to shelter in place.
2. Awareness and proper isolating practices related to vulnerable individuals in residences should continue.
3. Physical distancing should continue.
4. Gatherings of more than 50 people should be avoided unless precautionary measures of physical distancing and sanitization are in place.
5. Gyms and common areas where student-athletes and staff are likely to congregate and interact should remain closed, or appropriate distancing and sanitation protocols should be implemented.
6. Virtual meetings should continue to be encouraged whenever possible and feasible.
7. Nonessential travel may resume.

**Phase Three**

In accordance with the federal guidelines, if Phase Two has been implemented successfully, with no evidence of a rebound, and gating criteria have been satisfied for a minimum of 14 days since the implementation of Phase Two:

1. Vulnerable student-athletes, athletics health care providers, coaches and athletics personnel can resume in-person interactions, but should practice physical distancing, minimizing exposure to settings where such distancing is not practical.
2. Gyms and common areas where student-athletes and staff are likely to congregate and interact can reopen if appropriate sanitation protocols are implemented, but even low-risk populations should consider minimizing time spent in crowded environments.
3. Unrestricted staffing may resume.
2) Applicability:
   a) Student-athletes, athletic staff, external stakeholders

3) Procedure:
   a) General Facility (Kolf and Oshkosh Sports Complex)
      i. No outside guests, alumni, staff or general students will be allowed to use the
         Kolf Fieldhouse and Oshkosh Sports Complex for recreational use including but
         not limited to noon walkers, staff pick-up basketball games, general track use.
      ii. During the month of August and September (during Phase 1 and 2 for all sports),
          Kolf Sports Center will be unlocked at 7 a.m. and locked at 5:30 p.m.
      iii. Limited doors will be unlocked during August and September and be re-
           evaluated after that point.
      iv. Only the main door of the front office will be unlocked during hours of operation.
      v. Main gates must be manned at all times in all facilities during contests.
      vi. North and south end gates of the OSC will remained locked until 15 minutes prior
           to the end of the contest of the final game.
      vii. At the OSC, at the end of each game of a double header, the home team would
           be required to clean all visitor and home sidelines.
      viii. At the OSC, during double headers, high school administrators, along with UWO
           student help, will be responsible for all railings and touch points are sanitized,
           including the ticket booth and bathrooms, during double headers.
      ix. Between all double headers, an additional 30-60 minutes must be allotted
          between games.
      x. Spectators will now be allowed to bring in drinks at UWO facilities due to
         concessions and drinking fountains not being available.
     xi. We strongly recommend no tailgating at home athletic events.
   b) Locker rooms
      i. No locker room access during Phase 1. While the university is in Phase 1,
         University partners (i.e. high schools) would not be allowed to use the locker
         rooms regardless time of year.
      ii. All general locker rooms in Kolf Sports Center will be locked during August and
          September.
      iii. No more than 10 people at a time in a locker room when in Phase 1. Every effort
          should be made to ensure the 10 people are the people they practiced with in
          their functional unit. In Phase 2, no more than 50 people at a time in a locker
          room.
      iv. When a program advances to Phase 3, the entire team may be present in their
          designated locker room.
      v. No loitering in the locker room will be permitted.
vi. Encourage changing into athletic clothes/equipment at their residence hall/apartment/home.

vii. Encourage showering after practice or games at their residence hall/apartment/home.

c) Athletic Training rooms
   i. See Athletic Training Room Policy (below).
   ii. Temperature checks/Symptom checks before entering AT room
   iii. Scheduled times for treatments

d) Shared practice or competition facilities
   i. Provide at least 30-minutes between practices or competitions to allow for evacuation and cleaning/disinfecting.
   ii. No competition will be allowed at any facility prior to September 1

e) Laundry
   i. Student-athletes will be directed to change clothes in a designated location at their facility that allows for physical distancing or change clothes at their place of residence and return their laundry loop the following day.

f) Concessions
   i. No concessions will be sold or provided at any fall event. This would be for all UWO events and for all UWO partners. This will be reevaluated on October 15 to determine if winter sports will have concessions.

g) Hospitality or Team Food
   i. No hospitality for coaches, student-athletes, or officials will be provided at any events for the 2020-21 academic year.
   ii. No team food bins will be provided at any events for the 2020-21 academic year.
   iii. If food is required for a home event, it must be handled through Alladin Food Service and be individually packaged.
   iv. Visiting teams will not be allowed to set up tables for food following a game in Kolf or at Titan Stadium.

h) Rentals
   i. No rentals, except for the high school partners, will be allowed in the Kolf Fieldhouse or the Oshkosh Sports Complex during the fall semester.
   ii. High school partners will be expected to follow all policies and procedures outlined in the this SOP.
   iii. All events scheduled in either location will be canceled or relocated.
      1. No neutral high school football games will be allowed at the facility.
   iv. Rentals between semesters and for the spring semester will be determined by October 15.

i) Event Staffing
i. All event staff will be required to wear a face covering the duration of their shift. Gloves will be provided to the shaggers as well should they wish to utilize them. High school partners must supply their own protective gear.

ii. All event staff will be required to sign a liability waiver and Titan Safety Promise (along with their other HR documentation) prior to employment.

iii. The following exceptions are:
    1. Public Address Announcer – due to clarity, the public address announcer is not required to wear a face covering. All others in the booth or at the table will be required, however. If possible, the people sitting next to a PA announcer should be at least six feet apart.

j) Sanitizers/Paper Towel Dispensers
    i. Athletics will work with Facilities to determine the best placement for all hand sanitizer stations.
    ii. Athletics will work with Facilities to determine the best placement for all paper towel dispensers since most restrooms only have hand blowers.

k) Water Fountains/ Community Water Coolers
    i. Mouthpieces of water fountains will not be available for use at Kolf or Oshkosh Sports Complex.
    ii. Water bottle dispensers will be available in certain locations in both Kolf Sports Center and Oshkosh Sports Complex.
    iii. Student-athletes are to bring a filled water bottle to all practices and competitions. No cups will be available.
    iv. 10-gallon water coolers will be available on the sideline for athletes to refill water bottles if needed along with hand sanitizer. High school partners must supply their own.
        1. Athlete must hand sanitize prior to filling water bottle.
        2. Tap of 10-gallon cooler will be cleaned frequently between water bottle refills.

l) Press Box
    i. In the sport of football (for high school and college events), the press box open area will not be utilized by spectators as it has been in the past. This space will be used for overflow of media and game day personnel.
    ii. No courtside seating will be provided to VIPs in Kolf Fieldhouse. Tables are reserved for media and event staff only.
    iii. Food service will not be provided to the general public in the press box. Boxed lunches will continue to be provided for all event workers working in the press box.

m) Promotions and Sponsorships
    i. Due to limited spectators, there will be no sponsorships, promotions and giveaways for the fall semester during any sporting events.
ii. Darryl Sims or Matt Kelliher will be in contact with all sponsors and speak to each about adding an addendum to their contract.

n) Admissions Visits (until August 31)
   i. All campus visits must go through Admissions. Coaches will be allowed to meet with student-athletes and guests before or after the visit.
   ii. In the individual visits with coaches, meetings should NOT occur in the Athletic Offices in Kolf Sports Center. Meetings can occur in other spaces throughout campus including but not limited to Kolf 135, Alumni Stadium Office, Football Team Room, National O Room.
   iii. Masks must be worn at all times during the visit.
   iv. Coaches are expected to wipe down handles or seats (touch points) before and after each visit with appropriate cleaning supplies.
   v. No food should be provided during the visits.
   vi. Each coach should carry with them a pocket-sized hand sanitizer or be aware of where hand sanitizer is located.
   vii. Coaches may not provide transportation to the Oshkosh Sports Complex.

o) Admissions Visits (after August 31)
   i. In the individual visits with coaches, meetings should NOT occur in the Athletic Offices in Kolf Sports Center. Meetings can occur in other spaces throughout campus including but not limited to Kolf 135, Alumni Stadium Office, Football Team Room, National O Room.
   ii. Masks must be worn at all times during the visit (indoors and outdoors).
   iii. Coaches are expected to wipe down handles or seats (touch points) before and after each visit with appropriate cleaning supplies.
   iv. Each coach should carry with them a pocket-sized hand sanitizer or be aware of where hand sanitizer is located.
   v. Coaches may not provide transportation to the Oshkosh Sports Complex.
   vi. All housing and food service regulations regarding COVID-19 must be adhered to.

p) Spectators
   i. All coaches (FTE, stipend, volunteers) will be provided with four tickets to each regular season home contest.
   ii. The Office of the Chancellor will receive discretionary tickets at 40% of a given sports roster for each regular season home contest.
   iii. All events in Gym ABC (excluding track & field): Student-athletes will be provided with four tickets each for each regular season home contest. No general students will be allowed. Coaches will be provided with 40% of their roster size to be used at their discretion (i.e. recruits, boosters, alumni).
   iv. All Kolf Fieldhouse events (excluding track & field): Student-athletes will be provided with four tickets each for each regular season home contest. WIAC
students with a valid ID will be allowed in for free as is the conference policy. Coaches will be provided with 40% of their roster size to be used at their discretion (i.e. recruits, boosters, alumni)

v. All Titan Stadium events: Student-athletes will be provided with four tickets each for each regular season home contest. WIAC students with a valid ID will be allowed in for free as is the conference policy. Coaches will be provided with 40% of their roster size to be used at their discretion (i.e. recruits, boosters, alumni)

vi. Alumni Stadium and UW-Oshkosh Softball Park: Student-athletes will be provided with four tickets each for each regular season home contest. No general students will be allowed. Coaches will be provided with 40% of their roster size to be used at their discretion (i.e. recruits, boosters, alumni).

vii. In the sports of swimming & diving and track & field, no spectators will be allowed. Coaches will be provided with 40% of their roster size to be used at their discretion (i.e. recruits, boosters, alumni).

viii. Special events will be handled on a case-by-case basis (i.e. Senior Day, Homecoming, etc.)

ix. High schools will be expected to follow these guidelines as well.

4) Guidance Documents/Policy Links:

5) Definitions
   a) COVID like illness/symptoms
      i. Shortness of breath
      ii. Difficulty breathing
      iii. Cough or other respiratory symptoms
      iv. Headache
      v. Chills
      vi. Muscle aches
vii. Sore throat  
viii. New loss of taste or smell  
ix. Nausea, vomiting or diarrhea  
x. Pain, redness, swelling or rash on toes or fingers (COVID-toes)  
xi. New rash or other skin symptoms  
xii. Temperature of 100.4°F Fahrenheit or greater  
b) Known Exposure  
i. Contact with an infected individual or prolonged contact with a crowd without physical distancing  
c) Isolation  
i. Keeping sick people away from others by limiting contact. They are separated from everyone else either in their home or in another place that allows for it.  
d) Quarantine  
i. Restricts movement and contact of healthy people who have been exposed and lasts for 14 days.  
e) COVID-19 PCR test  
i. A laboratory test for use in testing patient specimens for severe acute respiratory syndrome.  
f) Personal Protective Equipment  
i. Protective materials such as gowns, gloves, masks, face shields, among others designed to protect the wearer's body from injury or infection.  
g) Medical Stability  
i. Medical Stability is determined by the mental status and vital signs of the patient.  
1. A patient is considered mentally unstable if the patient does not have any motor response or is unable to respond. This includes no reaction to a pain stimuli, unable to move, unable to obey commands, no eye response (pupil dilation or constriction), no verbal response (this includes no response at all, incomprehensible words, not making any sense, confused, or disoriented speech).  
2. A patient is considered to have unstable vital signs if a patient is increased temperature (above 100.4°F), unable to breath (or difficult breathing), does not have a pulse, decreased oxygen blood saturation, or abnormal blood pressure.  
3. A patient is considered to be medically stable if they have full mental status (able to comprehend what is happening around them and able to focus) and have normal vital signs (normal heart rate, respiratory rate, blood pressure, temperature, and oxygen saturation).  
h) Re-Acclimatization  
i. The act or process of readapting an individual to a given environment or situation.
i) Contact Tracing
   i. Communication process that supports an infected individual and also identifies individuals that may be at risk for COVID-19 due to contact with an infected individual. It is important to limiting the spread of COVID-19 by identifying those that are at risk and asking them to isolate (positive COVID-19 patient) or quarantine (healthy person that encountered a positive COVID-19 patient).

j) Actively Participating
   i. When a student-athlete is involved in either practice or games and is participating in practice. A student-athlete is not actively participating when they spend the majority of time during a practice or game watching other players.

6) Revision History:
   a) Created: June 25, 2020
   b) Revised/Reviewed: [Date]
UW Oshkosh Athletic Training Room

COVID-19 Policy and Procedures

This policy has been created to ensure a healthy and safe environment for both the Sports Medicine staff along with student-athlete at UW Oshkosh when in person, face-to-face school has begun, and the COVID-19 virus is still active within the community. This policy may be modified as new vaccines and treatments become available in the future. COVID-19 is a respiratory virus that spreads from person-to-person in close contact. When an infected person talks, coughs or sneezes, respiratory droplets can be transmitted in the air and may infect another. People may show no signs of infection (asymptomatic) but may be infected and can spread the virus to others. At this point in time, much is still unknown about the virus and is being learned. In order to protect yourself as much as possible, staff along with student-athletes should be following the recommended Centers for Disease Control and Prevention (CDC) guidelines daily:

1. Wash hands often with soap and water for at least 20 seconds. Use hand sanitizer with at least 60% alcohol if soap and water are not available.
2. Avoid touching hands to eyes, nose and mouth.
3. Avoid close contact with others and maintain at least 6 feet (2 arms width) of distance.
4. Cover your mouth and nose with a mask or cloth when around others and maintain 6 feet of distancing if possible.
5. Clean and disinfect all areas that are frequently touched.

Staff and student-athletes who are sick with COVID-19, or think they may have COVID-19, must stay home or seek medical help by calling their physician or going to a medical facility for further diagnosis. People have had a wide range of symptoms with COVID-19, ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. The CDC states people with the following symptoms may have COVID-19:

1. Fever
2. Cough
3. Shortness of breath or breathing difficulty
4. Chills
5. Muscle pain
6. Sore throat
7. New loss of taste or smell
8. Fatigue
9. Unusual rash or skin irritation that suddenly comes about

The CDC recommends people with the following severe symptoms should seek EMERGENCY MEDICAL services immediately:

1. Trouble breathing
2. Persistent pain or pressure in chest
3. New confusion
4. Bluish lips or face

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

The above is not a complete list of all signs and symptoms of COVID-19. As the virus continues to spread and infect people in the community, medical experts have identified other symptoms and other possible signs, that may or may not be life-threatening in patients testing positive for COVID-19.

What to do if You Have COVID-19

The CDC recommends the following steps if you have been diagnosed or think you may have COVID-19:

1. Stay at home except to get medical care
2. Separate yourself from other people and stay in a specific room
3. Monitor your symptoms and communicate with your physician
4. Call ahead before visiting your physician
5. Wear a mask or cloth protective covering over your mouth and nose if you need to visit your physician
6. Cover your cough or sneezes with a tissue or cough or sneeze into your elbow
7. Clean your hands often with soap and water
8. Avoid sharing any household items
9. Clean all “high touch” surfaces everyday

*Refer to the CDC website and Titans Return for Fall 2020 COVID Response Policy for more detailed information on home or school isolation/ quarantine.

When to Discontinue Home Isolation

1. If you HAVE NOT had a test, you may leave home after these three things have happened:
   a. You have not had a fever for at least 72 hours (and have not used medicine)
   b. Other symptoms have improved
   c. At least 10 days have passed since your symptoms first appeared
2. If you HAVE had a test, you may leave home after these things have occurred:
   a. You no longer have a fever (and have not used medicine)
   b. Other symptoms have improved
   c. You receive two negative tests in a row that are at least 24 hours apart
3. People who did NOT have COVID-19 symptoms but tested POSITIVE and have stayed home (isolated) can leave home under the following two circumstances:
   a. If you HAVE NOT had a follow up test, you can leave home after these two things take place
      i. At least 10 days have passed since your diagnostic test
      ii. You continue to have no symptoms since the test
   b. If you HAVE had a test, you can leave home after:
      i. You received two negative tests in a row that are at least 24 hours apart
People at Risk for Severe Illness

Based on what is currently known, the following populations are at high risk for severe illness of COVID-19:

1. People 65 years and older
2. People living in a nursing home or long-term care facility
3. People with chronic lung disease
4. People with moderate to severe asthma
5. People who have serious heart conditions
6. People who are immunocompromised (those being treated for cancer, smoking, bone marrow or organ transplant, immune deficiencies, prolonged use of corticosteroids, poorly controlled HIV or AIDS, immune weakening medications)
7. People with severe obesity (BMI > 40)
8. People with diabetes
9. People with chronic kidney disease
10. People with liver disease

Personal Protective Equipment and Supplies/ Cleaning

UW Oshkosh Sports Medicine will have the following personal protective equipment and supplies (PPE) for general daily protection of both staff and student-athletes along with PPE’s for extreme emergency situations.

1. Thermometers
2. General masks
3. Gloves
4. Eye protection/ goggles
5. Face Shields
6. Gowns
7. NIOSH- approved N95 Respirator Mask
8. Oxygen tank
9. Sani-Cloth disposable disinfectant wipes
10. Bleach
11. Hand Sanitizer

UW Oshkosh will provide both Sports Medicine staff along with student-athletes appropriate general protective supplies daily when in the Sports Medicine Clinic. General masks (or cloth mask) that cover both the nose and mouth will be required of all staff and student-athletes on the clinic floor. Protective masks do not need to be used by staff if they are in their office by themselves. Hand sanitizing stations will be set up strategically in the clinic for periodic hand cleaning. Sanitizing wipes will be placed by treatment tables and rehabilitation equipment for cleaning after patient use. A limited amount of PPE that would be used in extreme emergency situations (N95 respirator mask/ gown/ goggles/ face shield/ gloves) for student-athletes displaying COVID-19 symptoms, will be available to staff for use. Student-athletes with confirmed or possible COVID-19 infection should wear a facemask when being medically evaluated. Staff should adhere to standard precautions when caring for patients with COVID-19 infection.
Donning and Doffing of PPE

UW Oshkosh Sports Medicine staff will be trained on the proper donning and doffing of certain PPE gear on an annual basis prior to the return of student-athletes. Following are the CDC guidelines for donning and doffing of PPE.

Donning of PPE

1. Identify and gather the proper PPE to don. Ensure choice of gown size is correct.
2. Perform hand hygiene using hand sanitizer.
3. Put on isolation gown. Tie all the ties on the gown. Assistance may be needed by other staff.
4. Put on N95 mask. If the respirator has a nosepiece, it should be fitted to the nose with both hands, not bent or tented. Do not pinch the nosepiece with one hand. Respirator/ facemask should be extended under chin. Both the mouth and nose should be protected.
   a. Respirator- straps should be placed on crown of head (top strap) and base of neck (bottom strap).
   b. Facemask- Mask ties should be secured on crown of head (top tie) and base of neck (bottom tie). If mask has loops, hook them appropriately around the ears.
5. Put on face shield or goggles. Face shield should provide full face coverage.
6. Perform hand hygiene before putting on gloves. Gloves should cover the cuff of the gown.
7. Staff may enter patient room or area.

Doffing of PPE

1. Remove gloves. Ensure glove removal does not cause additional contamination of hands. Glove-in-glove, bird beak are glove removal techniques that may be used.
2. Remove gown. Untie all ties and do so in a gentle manner, avoid forceful movement. Reach up to the shoulders and carefully pull gown down and away from the body. Rolling the gown down is acceptable. Dispose in trash.
3. Staff may now exit the patient room or area.
4. Perform hand hygiene.
5. Remove face shield/ goggles by grabbing the strap and pulling upwards and away from the head. Do not touch the front of the face shield/ goggles.
6. Remove and discard respirator.
   a. Respirator- Remove the bottom strap by touching only the strap and bring it carefully over the head. Grasp the top strap and bring it carefully over the top of the head, and then pull respirator away from the face without touching the front of the respirator.
   b. Facemask- Carefully untie (or unhook from the ears) and pull away from face without touching the front.
7. Perform hand hygiene after removing respirator/ facemask.

Sports Medicine Clinic Re-Opening Procedures

UW Oshkosh Sports Medicine will follow recommendations from the NCAA’s Core Principles of Resocialization of Collegiate Sport. When all gating criteria and core responsibilities have been satisfied in accordance to federal, state and local guidelines, UW Oshkosh Sports Medicine Clinic will operate under Phase One guidelines during the months of at least August and September. Phase One allows 10 people maximum in both the Kolf and Stadium athletic training rooms.
while maintaining social distancing as much as possible and requiring use of face mask. The 10-person maximum is any combination of student-athletes along with staff. Scheduling of student-athletes will be required through ATS, the electronic medical records system for sports medicine. Student-athlete appointments will be staggered and will last one hour. The first 5 minutes will be utilized to screen the student-athlete and complete a temperature check. Forty-five minutes will be dedicated to student-athlete care. The final 10 minutes of the one-hour appointment will be utilized for cleaning all contaminated areas. Four core stations will be set up, one for each patient, and each station will be approximately 8 feet away from each other. The core station will consist of the following:

1. Treatment table
2. Treatment table pillow
3. Combination Stim/ Ultrasound Machine
4. Sanitizing wipes
5. Gloves
6. Hand sanitizer
7. Massage cream

During Phase One, UW Oshkosh Sports Medicine will also utilize Telehealth conferences for student-athletes with less severe injuries and don’t require much regarding capital equipment to complete a rehabilitation program.

UW Oshkosh Sports Medicine consists of 6 staff members. Following is an example for scheduling patients with a full staff:

<table>
<thead>
<tr>
<th>Appointment Time (1 hr block)</th>
<th>LAT 1</th>
<th>LAT 2</th>
<th>LAT 3</th>
<th>LAT 4</th>
<th>LAT 5</th>
<th>LAT 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am</td>
<td>Patient 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Telehealth</td>
</tr>
<tr>
<td>9:05 am</td>
<td>Patient 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:10 am</td>
<td>Patient 3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:15 am</td>
<td>Patient 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:20 am</td>
<td>Patient 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00 am</td>
<td>Telehealth</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Patient 6</td>
</tr>
<tr>
<td>10:05 am</td>
<td>Patient 7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:10 am</td>
<td>Patient 8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:15 am</td>
<td>Patient 9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:20 am</td>
<td>Patient 10</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00 am</td>
<td>Patient 11</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:05 am</td>
<td>Patient 12</td>
<td>Telehealth</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:10 am</td>
<td>Patient 13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:15 am</td>
<td>Patient 14</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:20 am</td>
<td>Patient 15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Patient 16</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
Also, during Phase One, no whirlpools or hot packs will be used. Those needing electrical modalities will be supplied with their own set of electrodes that will be placed in the student-athletes medical folder for future use.

When appropriate and UW Oshkosh sports have progressed phases where fall sports are in Phase Three and Winter/Spring sports are in Phase Two and minimal COVID-19 cases have been reported, UW Oshkosh Sports Medicine will enter Phase Two. This phase will allow more student-athlete access to the Kolf and Stadium athletic training rooms (number to be determined), while social distancing and the use of facial masks still being requirements. All student-athletes must schedule appointments during this phase in ATS. Whereas the appointments in Phase One are more one-on-one student-athlete and athletic trainer, Phase Two will allow an increase of student-athletes to perform individual rehabilitation programs under the supervision of a Staff Licensed Athletic Trainer. Up to two student-athletes may schedule for a specific appointment time. Whirlpool and hot pack use will be limited to rehabilitation programs only. Those needing electrical modalities again will be supplied with their own set of electrodes that will be placed in the student-athletes medical folder for future use.

UW Oshkosh Sports Medicine will continue to utilize Telehealth conferences for student-athletes with less severe injuries.

Following is an example for scheduling patients with a full staff in Phase Two:

<table>
<thead>
<tr>
<th>Appointment Time (1 hr block)</th>
<th>LAT 1</th>
<th>LAT 2</th>
<th>LAT 3</th>
<th>LAT 4</th>
<th>LAT 5</th>
<th>LAT 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am</td>
<td>Patient 1/2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Telehealth</td>
</tr>
<tr>
<td>9:05 am</td>
<td></td>
<td>Patient 3/4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:10 am</td>
<td></td>
<td>Patient 5/6</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:15 am</td>
<td></td>
<td></td>
<td>Patient 7/8</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:20 am</td>
<td></td>
<td></td>
<td></td>
<td>Patient 9/10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00 am</td>
<td>Telehealth</td>
<td></td>
<td></td>
<td></td>
<td>Patient 11/12</td>
<td></td>
</tr>
<tr>
<td>10:05 am</td>
<td></td>
<td>Patient 13/14</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:10 am</td>
<td></td>
<td>Patient 15/16</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:15 am</td>
<td></td>
<td></td>
<td>Patient 17/18</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:20 am</td>
<td></td>
<td>Patient 19/20</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>11:00 am</td>
<td></td>
<td></td>
<td></td>
<td>Patient 21/22</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:05 am</td>
<td>Patient 23/24</td>
<td>Telehealth</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:10 am</td>
<td></td>
<td></td>
<td>Patient 25/26</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>11:15 am</td>
<td></td>
<td></td>
<td></td>
<td>Patient 27/28</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:20 am</td>
<td></td>
<td></td>
<td>Patient 29/30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:00 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Patient 31/32</td>
<td></td>
</tr>
</tbody>
</table>

UW Oshkosh Sports Medicine will progress to Phase Three when all sports have been operating under Phase Three guidelines for a minimum of 2 weeks and the positive COVID-19 cases continue to be minimum in athletics. Facial masks
and social distancing will still be requirements. All student-athletes must continue to schedule appointments for evaluation and treatment of athletic injuries on ATS. A maximum of 3 student-athletes may schedule with one Staff Licensed Athletic Trainer for a specific time. Whirlpools and hot pack use may increase for both rehabilitation and prophylactic use. Those needing electrical modalities again will be supplied with their own set of electrodes that will be placed in the student-athletes medical folder for future use. Telehealth medicine will continue but will minimize.

Taping

Unless the student-athlete is being treated for an injury with an appointment already scheduled, team tapings will NOT take place in the Kolf athletic training room. A portable treatment table will be placed in the team’s designated practice site in Kolf, maintaining social distance from athletes in the sport. Masking will be required of the student-athlete and Licensed Athletic Trainer. Only one student-athlete at a time will be taped and the table cleaned thoroughly before the next taping. At the Stadium athletic training room, UW Oshkosh student-athletes will be allowed taping in the athletic training room. Staff will designate times for taping of athletes while social distance guidelines and masking will be required. Tables will be cleaned thoroughly before the next taping.

Team Orthopedic/ Chiropractor/ Medical Director Visits

When visiting UW Oshkosh Sports Medicine to evaluate and treat athletic injuries the Physician Exam room located in Kolf Athletic Training room will be used. All treatment tables and high touch exposure areas such as countertops and computers will be cleaned prior to Orthopedist or Chiropractor arrival. All patients will be scheduled and only one patient will be allowed per appointment time, with appointments being 20 minutes apart to allow sufficient evaluation time and cleaning to take place before the next scheduled appointment. Only student-athletes will be allowed to schedule appointments. Patient waiting area will be set up in the hallway just outside the athletic training room. Patients will be screened, and temperatures taken prior to entrance. Patients with temperatures >100.4 F or with symptoms will be denied appointments and referred to the Student Health Center for further evaluation. All medical staff and patients will be required to wear a facial mask. Custodial services will perform a thorough cleaning of the Physician Exam room after use.

Visiting Teams

No visiting teams will be allowed entrance into either the Kolf or Stadium athletic training rooms. Portable treatment tables will be placed outside visiting team locker rooms. UW Oshkosh athletic training will set up a designated time to tape visiting student-athletes outside the locker room. Masking of the student-athlete and Licensed Athletic Trainer will be required along with social distancing. Table will be cleaned thoroughly after each student-athlete. Visiting teams will be provided cups, water and ice only for events. UW Oshkosh will provide emergency and injury evaluation services only during the event.

Team Travel

When a UW Oshkosh team will be traveling, UW Oshkosh Sports Medicine will require a travel list from the team’s coach at least 48 hours in advance. The Licensed Athletic Trainer for that particular team will assign a designated time and location for travel checks of the athlete. Masking and social distance will be required. This designated time will be arranged within 24 hours of departure. Symptom check and temperature screening will be performed at travel check.
Athletes with symptoms or who have a temperature >100.4 F will not be allowed to travel and will be referred to the Student Health Center for further evaluation. After travel checks are performed, the Licensed Athletic Trainer will verify all student-athletes on the travel list have passed all temperature screenings and symptoms safely and will be traveling. A copy of the signed travel list will be given to the coach and one will also be forwarded to the opposing teams Licensed Athletic Trainer.

Cleaning of Facility/ Equipment

Prior to the opening of the Kolf or Stadium athletic training rooms, all essential cleaning supplies and PPE will be checked on a daily basis to ensure adequate amount are available for the day. All treatment tables and rehabilitation equipment will be cleaned thoroughly after each student-athlete appointment with Cavicide wipes or comparable product supplied by Facilities Management that is EPA approved for the coronavirus. At the end of the day, all tables, countertops and rehabilitation equipment will be cleaned by athletic training staff. Custodial services will perform a final thorough cleaning of the facility after all staff have departed.

Towels/ Laundry

Each student-athlete will be provided a clean towel for use during scheduled evaluation and treatment appointments in Kolf or Stadium athletic training rooms. Towels will be placed in laundry bin after use and will be washed on a daily basis. Towels for sports will be allowed if an athlete requests and will be used only by that specific athlete. When athlete has finished use of towel it will be placed in laundry bin to be cleaned.