Fond du Lac Soccer Association Return to Play Protocols
Effective Date: April 1, 2021
Approved Date: 4/23/2021
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Title: Soccer on Fields Located East of Campus Drive leased from University of Wisconsin Oshkosh

The Fond du Lac Soccer Association (FDLSA) is dedicated to protecting the health and safety of our soccer community. We want nothing more than to be out playing on the fields, but this must be done with strict focus on the safety of players, coaches, referees and families, while following state, regional and local recommendations and guidelines. University of Wisconsin Oshkosh guidelines must be followed when on fields located on land east of campus drive. This area of approx. 23 acres has no structures or indoor areas and is 100% open air area.

Using resources like U.S. Soccer's “Play On” protocol, along with COVID-19 information published by the Fond du Lac County Health Department, U.S. Centers for Disease Control (CDC) and the Wisconsin Youth Soccer Association (WYSA), Fond du Lac Soccer has developed a return to play plan and incident/exposure protocols that are intended to both keep us safe and allow us to continue playing soccer.

We will continue to monitor local and regional data and will take necessary steps with guidance from these partner organizations and resources. The information listed below is not intended to be a substitute for professional medical advice, diagnosis or treatment; we are not medical professionals. Should you not wish to comply with these protocols, we ask that you do not participate in Fond du Lac Soccer activities.

1. Training Criteria
   a) Social distancing should be maintained before and after practice and will be enforced when allowable during training.
   b) Any player or coach presenting with symptoms of COVID-19 or having been exposed to a COVID-19 positive individual is not allowed to participate in club activities (practices/games). Please see the club’s COVID-19 Exposure Protocol for more detailed information about this requirement. See Symptoms Checklist at the end of this document.
   c) Teams will maintain an attendance log for every session.
   d) Players at the Select level will fill out a Health Check on the TeamSnap website/application prior to attending practices, games, or other Club activities.
   e) Players (with parents) at the Recreational and Academy level must check in with their coach upon arrival to confirm that they have not been experiencing symptoms of COVID-19, nor have been exposed to it. The Symptoms Checklist must be completed by parents and players upon arrival and given to the coach. The coach will keep these documents for
ten days in case of a need for Contact Tracing. They can be disposed of after ten days.

f) Coaches and Players should have their own supply of hand sanitizer. FDLSA will have access to Hand Sanitizer located at the concession stand and be advised to bring a bottle with them to each practice.

g) Players will use their own equipment only whenever possible. The sharing of water bottles is not allowed, so please be sure your player brings enough water for practice.

h) Only coaches and players will be allowed on the field during practices. Parents are asked to stay away from the fields and practice social distancing.

i) We require coaches to wear a mask whenever they are within 6 feet of a player, parent or another coach, and should maintain an appropriate social distance from all participants whenever possible.

2. Game Criteria

   a) Social distancing should be maintained before, during and after games, whenever possible, for all players, coaches and families.

   b) Teams will maintain an attendance log for every session.

   c) Players at the Select and Academy levels will fill out a Health Check on the TeamSnap website/application prior to attending practices, games, or other Club activities.

   d) Players (with parents) at the Recreational level must check in with their coach upon arrival to confirm that they have not been experiencing symptoms of COVID-19, nor have been exposed to it. The Symptoms Checklist must be completed by parents and players upon arrival and given to the coach. The coach will keep these documents for ten days in case of a need for Contact Tracing. They can be disposed of after ten days.

   e) It will be required that players and coaches wear masks when they are not playing.

   f) Players who are on the field or players waiting to be subbed in do not need to be masked. Masks can be removed to drink but should be put on following that time until the player returns to the game.

   g) Parents are asked to wear masks on the sidelines.

   h) No player, coach, or spectator should violate social distancing guidelines with a referee at any time.

   i) There will be no pre- or post-game handshakes; instead, teams can and should engage in a round of applause following the conclusion of the match.

   j) Both players and spectators should leave the field immediately following the conclusion of the
match and proper cool-down.

k) Coaches and Players should have their own supply of hand sanitizer for practices and games. The FDLSA will have access to Hand Sanitizer located at the concession stand.

3. **Coach Responsibilities**

a) Promote the health and safety of all participants. Set an example by practicing proper distancing, masking, and hygiene.

b) Remind players and parents of face covering and social distancing requirements, as well as state and local health protocols and guidelines during club activities (practices/games)

c) Send home players that you believe are acting or look ill

d) Have fun and promote a positive playing environment - both parents and players are looking to Fond du Lac coaches for leadership.

e) If you, or a member of your team tests positive for Covid-19 it is required to report it that same day to the club president and immediately refrain from attending training, games, or activities.

4. **Player Responsibilities**

a) Stay home if you are not feeling well or if you have been asked to quarantine for being a close contact of a COVID-positive individual. See Symptoms Checklist at the end of this document.

b) Take your temperature and do a self-check for symptoms prior to leaving home.

c) Let your parent/coach know if you are not feeling well.

d) Wear your mask when you're on the sidelines at games, and at other times when you cannot be six feet away from others. While they are not required during games and while actively practicing, please use your judgement.

e) Do not touch or share anyone else’s equipment, water, food or bags.

f) Practice social distancing; Place bags and equipment at least 6 feet apart.

g) Bring a supply of hand sanitizer to each training or event. Wash and sanitize all equipment before and after every training.

h) Please do not practice group celebrations (like high 5s, hugs, handshakes, fist bumps, etc.).

5. **Parent Responsibilities**

a) Perform a health check prior and talk through symptoms with your player and take his/her temperature before leaving home.
b) Limit exposure to other individuals where possible, including limiting carpooling, sending only players to the field, and adhering to social distancing recommendations when at or near the soccer fields.

c) Follow the state mandates for face coverings; additionally, we are requesting parents wear masks on the sidelines at games as well.

d) Bring a supply of hand sanitizer to each training or event. Wash/Sanitize player's equipment (including pinnies) after each training/game.

e) If you, or your child tests positive for Covid-19 it is required to report it that same day to the club president and immediately refrain from attending training, games, or activities.

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SYMPTOMS CHECKLIST:

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

Please indicate any symptoms you may be experiencing:

- Fever or chills ______
- Cough ______
- Shortness of breath or difficulty breathing ______
- Fatigue ______
- Muscle or body aches ______
- Headache ______
- New loss of taste or smell ______
- Sore throat ______
- Congestion or runny nose ______
- Nausea or vomiting ______
- Diarrhea ______

If feeling in good health, please indicate here: ______

Athlete’s Name: __________________________________________

Parent/Guardian Signature: ________________________________________________

Date: ______________________

Source: cdc.gov/coronavirus, 2/22/2021