I. Overview
In order to return to practice during the Spring Semester of 2021, Women’s Club Volleyball will follow these SOP guidelines to prevent the spread of COVID-19. This SOP does not include competition or travel. Practices will take place at Kolf.

The Women’s Volleyball Club will follow the University requirements, our governing body's requirements (National Collegiate Volleyball Federation), and CDC guidelines.

II. Applicability:
These guidelines will be followed by all club members. These members will be the only individuals that are allowed at practice.

III. Procedure: Protections in Place
a. Face Covering Requirements:
   i. Face Coverings will be worn in accordance with the University SOP on the use of Face Coverings.

b. Physical Distancing Parameters:
   i. Personal equipment and water breaks will be spaced at least six feet apart.
   ii. Any unnecessary physical contact such as high fives, handshakes, fist bumps, and hugs will be discouraged.

c. Procedure/Process:
   i. Self-Assessment: All players will complete the self-assessment on the UWO Mobile App before practice.
   ii. Testing:
      1. All players will be required to be tested for COVID-19 weekly using the University testing facility at Albee Hall.
      2. The executive board will be responsible for tracking practice attendance. Documentation of this tracking will be available upon request.
3. A University staff member will be responsible for tracking the club’s testing. Proof of testing will not be provided to a student to track compliance. Documentation of this tracking will be available upon request.

4. Students who test positive or are deemed close contacts must follow the procedures of the University for the isolation or quarantine period.
   a. The club executive board includes: Jacey Morgan (President), Olivia Schulz (Vice), Elizabeth Iribarren (Treasurer), Mackenzie Shade (Secretary), Cora Strand (Safety Officer), Taylor Whipple (Secretary), Meghan Colley (Safety Officer)
   
   b. The club advisor and/or University staff member is: Dr. Laurence Carlin

iii. Temperatures Checks: Temperature Checks will be conducted and tracked by the executive board before each practice. Players with a temperature of over 100.4 degrees Fahrenheit will not be allowed to practice and encouraged to get tested.

iv. Practice: In this video, the Junior Volleyball Association outlines drills and precautions that they have taken in order to get their athletes back in the gym. This type of drill could be implemented into the practice plan: https://www.youtube.com/watch?v=O40pF9aUmJI. The club will practice in small groups when possible, following the athletics general safety SOP and the lead of the Women’s Volleyball team (linked below).

d. Hygiene:
   i. Athletes will be asked to sanitize before entering the gym.
   
   ii. Athletes will be reminded to frequently wash hands, specifically before and after using shared equipment, receiving medical treatment, and after practice.
   
   iii. Athletes should avoid touching eyes, nose, and mouth with unwashed hands. Athletes should cover cough and sneeze inside of elbow or tissue, and discard tissues after use. Kolf locker rooms are not available for use.

   iv. There will be no sharing of personal equipment. This includes items such as water bottles, knee pads, gear, and more.

  e. Disinfection:
   i. The club will minimize sharing of equipment and objects. Certain equipment will be limited to one group of players. Between individual and group use, this equipment will be sanitized.

   ii. In order to maintain a sanitary environment, equipment will be sanitized after each practice. The Executive Board will be responsible for providing the disinfection supplies and ensuring that disinfection takes place. The club will get disinfecting supplies from the University using their campus account.

IV. Guidance Documents/Policy Links:
NCVF: https://ncvf.org/dashboard,
https://static1.squarespace.com/static/58f0f43b725e25edc2db6f7d/t/5f578c3797a94b5ab66f34b0/1599573047625/NCVF+Fall+2020+Update.pdf
UW Oshkosh COVID-19 Guidelines: https://uwosh.edu/titans-return/
V. Revision History:
Created: 12/28/2020

Revised/Reviewed: